

cumming north[↑]

Summer 2017

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CUMMINGS PARK
COMMUNITY FLAT
GROWING UP
IN NORTHFIELD
ABERDEEN TREASURE HUB

www.shmu.org.uk/press



Summer Edition 2017

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Welcome to another exciting edition of the Cumming North magazine. Thanks again to all the contributors - we are very grateful to everyone who submits articles and photos for the magazine. Our editorial team is always on the lookout for local people to help gather articles and information that may be used in future editions, or indeed, help in other ways as part of the editorial team. This would involve a couple of short meetings prior to publication of the magazine.

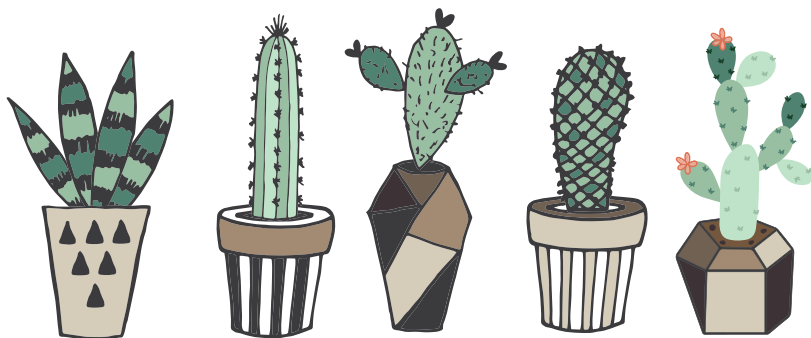
Do you have a story to tell about Cummings Park or Northfield? Whether it's a historical piece about the area, a story about your time in the community, a group you're involved in we'd love to hear it! We're always looking for more people to get involved in the magazine. Please get in touch with **Laura** at **shmu** on **01224 515013** or email **laura.young@shmu.org.uk**.

You can also get in touch with us via our new Facebook page - look up 'Cumming North' and hit that like button!

All meetings are held at 12:30pm on a Tuesday. We alternate between Cummings Park Community Flat and Northfield Community Centre.

Supported by





Mrs Meadows

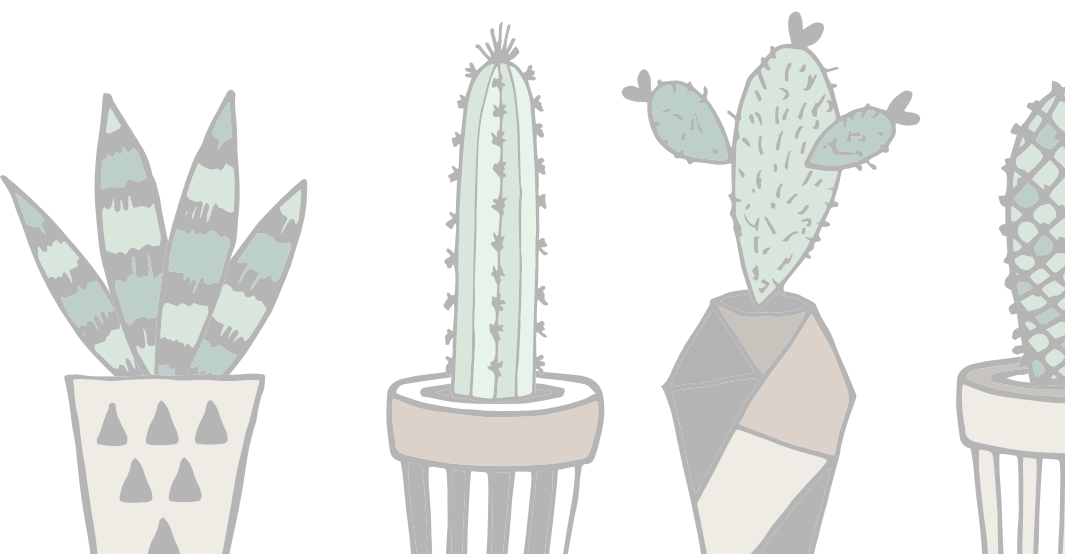
With all this mixed weather that we are having, it is hard to know when it is safe to plant out our seedlings. My tatties have been planted and the first shoots are beginning to show. The community flat is participating in the One Seed Forward programme – planting tatties. We provided free bags and tatties to members of the community. Twenty five people are taking part in this project. Some earlies and some main crop. The only thing that is asked in return was that two of each crop is returned to be kept as next years seed potatoes.

The greenhouse is overflowing with plants. If anyone wants strawberry plants or raspberry

canes the flat can provide these as well as lettuce, cauliflower plants. The carrots are through, peas and tatties also. It's great to see peoples gardens in full flower, all the lovely colours makes even a dull day beautiful. This is a good opportunity for the photo competition. Please forward your photos to Laura at shmu to show everyone of the beauty of our gardens. If you want any hints or advice about your garden, please contact the flat.

I will sign off for now but have a great summer!

Bye for now,
Mrs Meadows



Making the Right Choices

At Choices Aberdeen we are all about empowering people to build positive relationships and make healthy decisions for themselves. If you go to Northfield Academy you may have seen some of our team about in school, where you can recognise us by our purple hoodies. We run events raising awareness of the importance of positive relationships, and put on workshops to get you all talking about resilience, peer pressure, exploitation and the role of social media in our relationships. We are not exclusively based in school, and always welcome the chance to get to know new groups in the local area and get talking.

Finding healing and closure by talking about difficult issues is very close to our hearts at Choices, and this is the motivation for our counselling service. While our youth team are busy in school, we run a crisis pregnancy counselling service for women and couples facing an unexpected pregnancy. We also offer counselling for anyone facing mixed emotions following a termination, or for those who are grieving following a miscarriage or baby loss. For those who would prefer to speak to someone from the comfort of their own home, we have an online counselling service, which is open to anyone with any issue, who could benefit from having someone to talk to.

To seek help, or for more information, call us on 01224 624900, or check out our website: www.choicesaberdeen.org.uk.

A WORD FROM CUMMINGS PARK COMMUNITY FLAT

We have had a busy few months here within your community flat. A new committee has been formed following the AGM. We are so grateful to the previous members as their commitment and dedication is what made the flat work as well as it does. We wish our previous Chairperson Mr Archie Weir and his family all the very best for the future.

A warm welcome to the new and the existing members that form the 2017 Management Committee.

The new activities on offer at the flat include a Mindfulness Course, an opportunity to drop-in for a cuppa and a chat, reminisce group, Happy Bus trips and some garden activities.

We were so lucky to have secured some funding from the Participatory Budget. Our men's group will enjoy some social outings, our ladies' group will benefit from some extra craft materials and tutors, our knit and natter group will have their resources replenished and people will enjoy the Happy Bus experience.

Thank you to the knit and natter group for the abundance of knitted items given to charity.

Gardens

Do you know a local person who

might benefit from a little help in their garden? Our 'befriend a garden' team may be able to help. Why don't you give us a call to discuss?

Tatties

One Seed Forward is a community growing initiative that gave out free seed potatoes to plant, grow and harvest with the idea being that two of the ones grown came back so that they could be planted the following year. Many people across the city have become involved in this. You may like to view the progression of this initiative by visiting oneseedforward.worldpress.com or search for One Seed Forward on Facebook for further information.

Emotional Issues

A reminder that we have a councillor from Penumbra at the flat two hours per week to listen to anyone going through emotional crisis. You don't need to make an appointment nor is there a demand for continuous sessions.

Our groups continue with the help and support of volunteers, these groups include the Silver City Surfers, knit and natter, ladies' group, men's group, garden group, credit union (NESC), Cumming North and the friendship

group. We continue to sell fruit and vegetables from CFINE and also take orders for fresh fish and butcher meat.

If you are interested in any of these Adult Learning classes;

Beginners Computing

ESOL (English for Speakers of Other Languages)

Confidence to Cook course

Reading, Writing and Numbers support

Guidance and signposting for further learning and future employment, please contact adminlifelong@aberdeencity.gov.uk or call 01224 346447. You may wish to come along to the flat and Donna will help you contact the team.

We are a friendly little flat and we hope to address feelings of isolation through encouraging participation and involvement. Sometimes, a chat is all that is needed to help you feel more positive.

If you wish to participate in the flat activities please phone 01224 681357 or email dosim@aberdeencity.gov.uk and express your interest.



CUMMINGS
PARK
COMMUNITY
FLAT
VOLUNTEERS



Pathways in Cummings Park and Northfield

Pathways has been assisting people across Aberdeen City for almost 20 years to find suitable employment, and helped 292 people to find work for the year ending in March 2017.

We are entering exciting times at Pathways for the remainder of 2017. We are currently engaged in delivering the Progress Through Positive Partnerships neighbourhood audit on behalf of Aberdeen City Council and have been busy in the Cummings Park area over the last few weeks door knocking and collecting information which will be analysed by the council to find where the gaps in provision are in local communities.

Pathways are also on the move. Having been based on Manor Avenue for 15 years we are moving to make way for the new link road going through Logie. From the end of June, Pathways will be based at Powis House from where we will continue to provide our employability and counselling service across the city, including Cummings Park and Northfield.

The Pathways Keyworker's based in your area is Theresa McKay who meets people at Cummings Park Community Flat on various days.

Claudia Karl provides a Job Club on Wednesday mornings from 10.00 – 11.00 am and also sees clients on Thursday afternoons from 13.00 – 15.00 in Northfield Community Centre.

Appointments are required for both.

Please phone 01224 643 697 to arrange an appointment or to find out more about how Pathways can help you!

Grampian Credit Union

We are all about helping local people have safe accessible savings and access to fair affordable loans. Good money management is the way to make sure you have enough for the good times, and funds to fall back on when things need sorting out.

Make a Budget

Making a budget is the first step towards good money management. You can work out exactly how much you have coming in, and how much you have going out every month.

It's very easy to remember the regular monthly bills like rent or electricity but think about how much you spend each month just buying a newspaper and coffee on the way to work? Add up the weekly cost, multiply by 52 and divide by 12. You might be surprised how much you spend on the little things.

Monitor Your Bank Account

Make sure you check your bank account regularly. You should check there is enough there to cover your household bills. If you can, have a separate account for household bills and transfer enough into it each month.

Make Some Changes

You don't need to make big changes to your lifestyle to save money. It is the little and often expenses like cans of juice or takeaways that you can cut back on and save. If you spend £2 every weekday on a coffee you spend £250 per year.

Budget for Special Events

Using cash can help control your spending. If you are having a day out, take the amount of cash you can afford to spend, so you are not tempted to overspend on your debit or credit card.

Open a Savings Account

You can start saving easily with Grampian Credit Union. All Credit Union members save as much as they can afford, starting from as little as £3.00 per week, or £12.00 per month.

Use some of the money you save by setting money saving goals to save now and in future.

Call us on 01224 576990, or go to www.grampiancreditunion.co.uk to learn more about opening a savings account with Grampian Credit Union.

Northfield Library Summer Reading Challenge

As per usual we will once again run the Summer Reading Challenge at our branch libraries and Children's Department. Summer Reading Challenge runs from Friday 30 June until Saturday 26 August. The theme this year is Animal Agents.

Our events to coincide with the challenge are as follows:

Mastrick Library Saturday 8th July - 2.30 - 3.30pm.

Animal Jumping Jacks (making puppets) booking is essential. Phone 01224 788558 or call by Mastrick Library

Northfield Library Monday 24th July, 2.00 - 2.45pm

Animal Antics (making masks) booking is essential. Phone 01224 695104 or call by Northfield Library



Northfield Community Centre are running their playscheme again this summer. The annual summer playscheme aims to meet your child's needs. We hope that the programme of activities will encourage children to value themselves and others, help develop their self-confidence and foster a sense of care and responsibility. Most importantly we hope that our Summer Playscheme is fun and will provide an enjoyable experience for everyone involved.

Some of the trips include Stonehaven Outdoor Splash Pool, Blair Drummond Safari Park, Montrose Splash and Play Area, Craigton Country Park, Arbroath Fufair, 5 Sisters Zoo Livingston, Carnoustie Splash and Play and Landmark Adventure Park. For some of the trips kids may need to take a packed lunch along with them. The playscheme will run from the 19th of July to the 11th of August

If you would like more information, contact the centre on 01224 695416.

Aberdeen Football Club Community Trust are working in partnership with Northfield Community Centre to deliver indoor activities for the over 50s.

The activities will include walking football and other indoor activities which will run from 11am to 12pm and then light refreshments will be available at 12pm.

For any questions contact Dean McBain on 01224 650416 or email mcbain@afccommunitytrust.org.

There is also a new clubbercise class at Northfield Community Centre which started in April. It runs on a Thursday evening between 7 and 8pm and costs £f per session. Clubbercise is a dance based workout to dance anthems from the 90s onwards. It's done in the dark with disco lights and glow sticks. For more information about these sessions email clubberciseemmaaberdeen@gmail.com.



northfield parish church news



Dear friends,

I suppose that, like me, you are looking forward to the summer. If you are at school, you'll be really happy that you have an extra weeks holiday; but if you are a parent, then perhaps it's not so much to look forward to!

But whether you're going away or staying here in Aberdeen, I hope you have a very enjoyable and relaxing holiday.

At the Church, some of our organisations will be taking a well-deserved break, while others will continue to meet during the summer. The Saturday dance classes will continue and there will be a special show for parents and friends in July. They also held a very successful May Fair in order to raise funds for a disabled toilet.

The Thursday slimming classes, which are proving to be very successful, will also continue to meet each week of the holidays.

Our annual Strawberry Fair will be held on Saturday 5 August in the church hall.

On a Sunday morning at 10:30am, we meet for worship in the church and at the same

time on the first Sunday of each month, we meet in the church hall for Church 4 U, which is a more informal time together, with teas, coffees, biscuits and cakes etc.

You are warmly invited to join us at any of our services during the summer.

Sadly, we have lost some of our elderly members through death over the last few months; but we have been encouraged to see a few new faces coming to join us and be a part of all that's going on.

This is your church and you will always be made welcome here. We are a very friendly group of people and, no matter if you have never been to church before, we are sure you will feel at home here.

Once again, on behalf of everyone at Northfield Parish Church, we hope that you have a great summer holiday and look forward to seeing you soon.

All the best,

Scott Guy

Minister:

Northfield Parish Church

Hamewith Lodge Events

Hamewith Lodge are holding a Summer Fair on Saturday the 5th of August from 2:30 to 4:30pm. The entry fee is £2.50 for adults and £1.50 for children which includes tea/coffee/juice and a cake/biscuit. Throughout the day there will be stalls including raffle, tombola, bric-a-brac and books and donations would be greatly appreciated.

They have started their fundraising coffee mornings again on the last Friday of every month between 2 to 3:30pm. The group tend to play some bingo and have a quiz. There is a minimal donation fee of £3 which includes refreshments.

All monies raised from the above goes into the residents' comfort fund. The fund helps pay for trips, special dinners and tickets for shows.

Northfield and Mastrick Medical Practices Update

At the start of May Denburn Medical Practice started to provide general medical services to patients at Northfield and Mastrick Medical Practice.

Last year a large number of resignations left patients without full health cover which led to Denburn Medical Practice winning a contract to take over the services.

School News

BRAMBLE BRAE

Community Cafe

Last term we launched our monthly Community Café at Bramble Brae School. The idea for the café came from the Fairtrade Pupil Participation group and is supported by the newly established Parent Voice Group.

The café is open to parents, carers, families and members of the local community on the last Friday of every month. It provides an opportunity for people to get together informally in a relaxed environment over a cup of tea or coffee and a biscuit.

There is no charge at the café but we do ask for a small donation which goes towards keeping the goods replenished.

Representatives from our Fairtrade group will also be there selling 1kg bags of rice as part of the Kilombero Rice Challenge. Come along and find out more about it from our children.

Fun at Dalguise

On Wednesday the 19th of April Primary 7 of Bramble Brae School got a coach to Perth and then to our camp at Dalguise. It took about 2 hours and 50 minutes. We dropped our bags and met Chris, who was running the trip. The first game we played was called predators and prey. It was brilliant. Then we had lunch and learned some fun songs. We went to our cabins which were really comfortable. We sang songs and there were scary stories round a campfire.

The next day we got to go on a zip wire. It went across the whole camp. I am scared of heights but it was so much fun.

After that we did an obstacle course. It was very tricky. We were blindfolded and had to follow a rope. Some people cheated.

We also played Ambush, went on a giant swing, tried archery and abseiling, we did a problem-solving exercise where we had to move tires and best of all built rafts.

It was the best trip ever.

Burn-o-Vat

On Wednesday 19th April Miss Davidson and 10 Primary 7 pupils from Bramble Brae School went with Adventure Aberdeen to Burn-o-Vat forest. First, we went to the visitor centre. We saw snakes skins, bird's wings, a frog, red deer, skulls and worm skins. Then we went in to the forest. We saw a big circular cave that was made by the ice age. Graeme asked who liked climbing but we all said no. He said that there was a waterfall at the top of the rocks. Five people went in and we took photos. We finally had to climb up a big hill. We all reached the top and tied a large shelter to four trees. We then lit a fire with flint and steel and put it in the bottom of a Kelly kettle, which has a bit in the bottom for fire.

We made hot chocolate and mixed our hot chocolate with a sharp knife. When we finished we got to roast marshmallows. On the way out of the forest we passed a loch.

On our way home we went to the River Dee to see the broken bridge caused by a flood. Burn-o-Vat forest was really exciting.



Bramble Brae Bakes ... Cheese Scones and Carbonara with our Community

It's been a busy term for Bramble Brae Primary School Community with parents and pupils joining together to cook up some tasty dishes to share. With the help of culinary expert Danny from the local Hallmark Hotel in Dyce, we've made spaghetti carbonara and with Chefs Bob and Susan we've created vegetable soup and cheese scones. We're having great fun cooking together and hope you enjoy having a go yourselves with this recipe for cheese scones. If you've any recipes to share with us or would like to join in our next community tasting session when we'll be sharing food: get

in touch by texting Chris 07871 475 666 or give your contact details in to the school office. Funding from Health Improvement Fund.



WESTPARK

Dalguise

Last term the Primary 7 children enjoyed a trip to Dalguise Adventure Holiday Camp, where they had the opportunity to challenge themselves with a variety of interesting and exciting activities. The most popular ones included the 'burn walk', archery, ambush (a night game) and the knee-trembling climbing, jumping and balancing activities. The children made us all proud with their cooperative and encouraging attitudes as well as their exceptionally good behaviour, and they were amply rewarded with a long weekend of beautiful sunshine.

Science Week

All classes from the nursery to Primary 7 enjoyed a week of science and technology activities that tested and enhanced their knowledge and skills. Generation science brought an exciting building workshop for the younger children and the Aberdeen Urban Studies Centre led a soil-lab for all of the older children. Other activities included a kitchen chemistry session in the nursery and a range of engineering challenges across the school. The classes presented their week of activities at nursery and three classes were awarded Class Champion Science Awards.

Playground Redevelopment

We needed to remove some old and unsafe play materials, and some parents suggested that we regenerated our playground to make it more interesting for play and outdoor learning. We submitted a funding application to UDecide at the start of the year, which was successful thanks to the campaigning and commitment of our playground committee. We were awarded £10 000 towards the total cost of the project. Since then we have been supported by Mr Stephen Bly of Aberdeen City Council to conduct a consultation with children and parents. The children have requested a huge range of resources, including a running track, climbing equipment and places to sit with friends. This consultation information will inform exactly what goes into our final plan. We would like to create an interesting and interactive landscape with large natural resources such as logs, trees and rocks. The area will encourage problem solving skills, cooperation and health and wellbeing. It will also be a place to play for all children from the area, outwith school times. It is hoped that this project will have a positive impact on the community and its children for generations to come.

HEATHRYBURN DATES FOR YOUR DIARY

3rd June summer fayre 10-1pm

14th June parent council meeting 3.15pm

15th June school disco



On the back

braes o' Brimmond

by Mike Middleton

Sitting above the hill farm of Tulloch (Gaelic, hill) there is an odd topographical landscape feature that stands out from the slope of the hill on the North-Western side. This is a rig and furrow feature and is the remains of an ancient medieval land system of agriculture, this system was worked using a style of ploughing where teams of oxen (ousen) ranging from two (twa) to (twa'l) twelve. These were used to plough out the rigs. All the plough (ploo) furrows were in one direction which required lots of turning of the beasts at the end of each furrow. Eventually the centre of the rig was higher in the middle, this allowed run off into a trough between each ridge (rig) thus enabling crops to be sown into a raised drained seed bed. This is where early forms of barley were grown. At the time they were called bier and along with bier oats were also grown as a main staple crop.

The ploughs were very basic consisting of a stilt, (handle) a mould board, (plough share) culter (cutting blade) and a beam to hitch the oxen to a yoke. The yoke was a beam round the shoulders of the ox for pulling. In Doric, to get yoked or yokket is to start work – this comes from the early English term to yoke oxen.

The beasts are let loose from the yoke the are loused just as in the Doric the end of the working day is lousin time.

If you are a horse racing fan you will recognise the word furlong, the distance a team of oxen can plough a furrow, (a furrow long) before they need a rest

At the beginning of each spring the ploughing began up on the shoulder of the hill, there was both ceremony, and superstition.

The Guidwife prepares a special meal for the day and consists of oat cakes, sweetened porridge,

thin enough to drink, beer, and cheese. This is given to the Guidman and the herd (herd boy).

Never plough on Good Friday or start ploughing on a Friday. To break turf with the iron of the culter is unlucky on this day, as it was on this day that the iron nails used in the Crucifixion were forged and driven into the flesh of the Saviour.

Today the rigs are preserved due to grazing over hundreds of years since the system was abandoned. Now on the quiet slopes, the song of the Sky Lark is broken by the bleat of sheep and the drone of incoming aircraft, and of course the voices of the occasional visitor.





Growing up in Northfield

Everyone has a funny story to tell about their childhood and nothing brings people together more than reminiscing about their community.

This couldn't have proved truer when Growing up in Northfield came to being.

Mike Sheran is a Northfield Loon who wanted to document his childhood stories so his grandchildren would have something to look back on.

Mike said: "I've got an awful memory so I went on Facebook and started a group for my childhood friends and asked them to help me remember the stories so it basically just started from there."

He continued: "The book is about us and all the guys growing up in the area."

The book is a joint effort between Mike and his pals from the area as they've helped him to fill in the blanks of the bits he didn't remember.

Mike said: "It's been a great laugh to reminisce over social media with folk again and we've organised a reunion from this as well. There's been loads of pictures uploaded to the Facebook group as well which has been great to see."

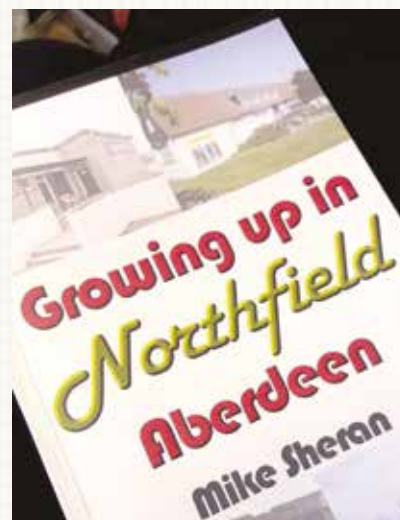
It's not all laughs though as Mike has used this opportunity to remember some of the Northfielders who are no longer with us.

If you grew up in the Northfield area and would like to contribute a story look up for Growing up in Northfield Story Book on Facebook.

All the funds which are raised from the book is going towards Northfield Community Centre's summer playscheme and will help pay for the summer trips which the local kids can take part in. The book is available to purchase on Amazon by searching for Growing up in Northfield by Mike Sheran.

Jacqui - "You can see yourself there in Northfield, when you're reading the book. It's absolutely brilliant"

Mike: "There's been talk of turning the book into a movie but only if Danny DeVito or Brad Pitt play me!"





PARTICIPATORY BUDGETING IN NORTHFIELD



THE WINNERS

Earlier this year there was £82,500 worth of funding available to people living in the Greater Northfield area. Local people were invited to submit ideas for how the money should be spent in the area and then the community voted. Winners were announced in March this year and the Middlefield Mirror team are delighted to be able to share some information regarding the winners.

Westpark School Community Playground - £10,000

The school wanted to remove some old and unsafe play materials, then upgrade the area, making it suitable for outdoor play and learning. The final plan will be decided by the community through the Parent Council but will include lots of natural resources, eg rocks, logs and trees, placed in an interesting and interactive landscape to encourage problem solving skills, cooperation and health and wellbeing. The playground will be available to children of the area outwith school hours as well.

Get Fit For Free - £10,000

Byron Boxing Club will be running free fitness sessions for people of all ages from the Greater Northfield area on a Friday

evening. These sessions will help promote health and wellbeing in the area.

Byron Parents and Toddlers Expansion - £6,000

This group currently meet in Cummings Park Centre several mornings a week and allows children and parents to socialise and interact through play. The funding will be used to replace equipment and fund new resources/activities.

Byron Sports Club - £3,000

Byron Sports Club will use the money to continue the work they do with youth football in the area.

Mastrick Community Minibus - £5,000

The community centre will use the bus to help groups get out and about to different places and improve transport for local people.

Aberdeen Boxing Club Non-Contact Boxing & GB Boxing Awards programme - £9,967

Aberdeen Boxing Club want to create learning opportunities for young people in the area through the expansion of their service. There will be additional boxing sessions at Northfield Academy twice a week for young people aged between 7 and 17. These

sessions are non-contact and focus on the fundamental boxing techniques and fitness. As part of the sessions there will be a focus on healthy lifestyles which includes nutrition as well as fitness.

Streetsport - £3,600

This organisation will be running sessions for young people in the area completely free of charge using the Bill Burr astro pitch. These sessions would run from 8-10pm every Friday evening to try and reduce youth-related anti-social behavior. These multi-sport and creative activity sessions will cover a wide range of activity throughout the year.

The Club - £5,400

Mastrick Community Centre will deliver a 20-week pilot youth work project for young people aged between 8 and 14. They plan to source tutors from other agencies to cover themes such as sport, music, technology and fitness with the young people. The end goal of the pilot is for the young people to direct and produce a video showing the skills they have learned over the course of the programme.

Fight for Recovery - £4,800

Coaches at Byron Boxing Club will be working with Alcohol and

Drugs Action to provide two 12 week programmes of boxercise for individuals who are in recovery from alcohol and/or drug use. Each weekly session would include physical exercise as well as information on nutrition.

Manor Park Minions - £3,000

Manor Park Minions is a parent and toddler group which was set up by residents of Middlefield to provide local parents with activities to take part in with their children. The group want to expand to cover another community and help to cover the cost of outings for day trips so attendees would not have to pay. The toys the group currently use belong to the Childcare Services Creche so they would like to be able to purchase their own.

Over 50s Fun - £3,210

Northfield Community Centre want to be able to develop a programme of activities for people over the age of 50 in the area. There will be activities in the centre on a Monday with a social get together in the café afterwards. On a Thursday, the centre are also going to host

a local history group which will feature local walks and talks on a topic of the groups choice.

Meeting Local Demand for Activity and Opportunity - £9,996

Middlefield Community Project has recently moved to Middlefield Community Hub and will use the money to develop activities to meet the needs of a much bigger community. They will use the money to provide laptops and IT tutors to enable digital learning with adults and young people, fund keep fit tutors who will run classes for a variety of ages and fitness levels, a baby massage tutor and additional staffing for the Youth Space to help deal with the increased catchment area of the Project.

Cummings Park Community Flat Programme Bid - £4,750

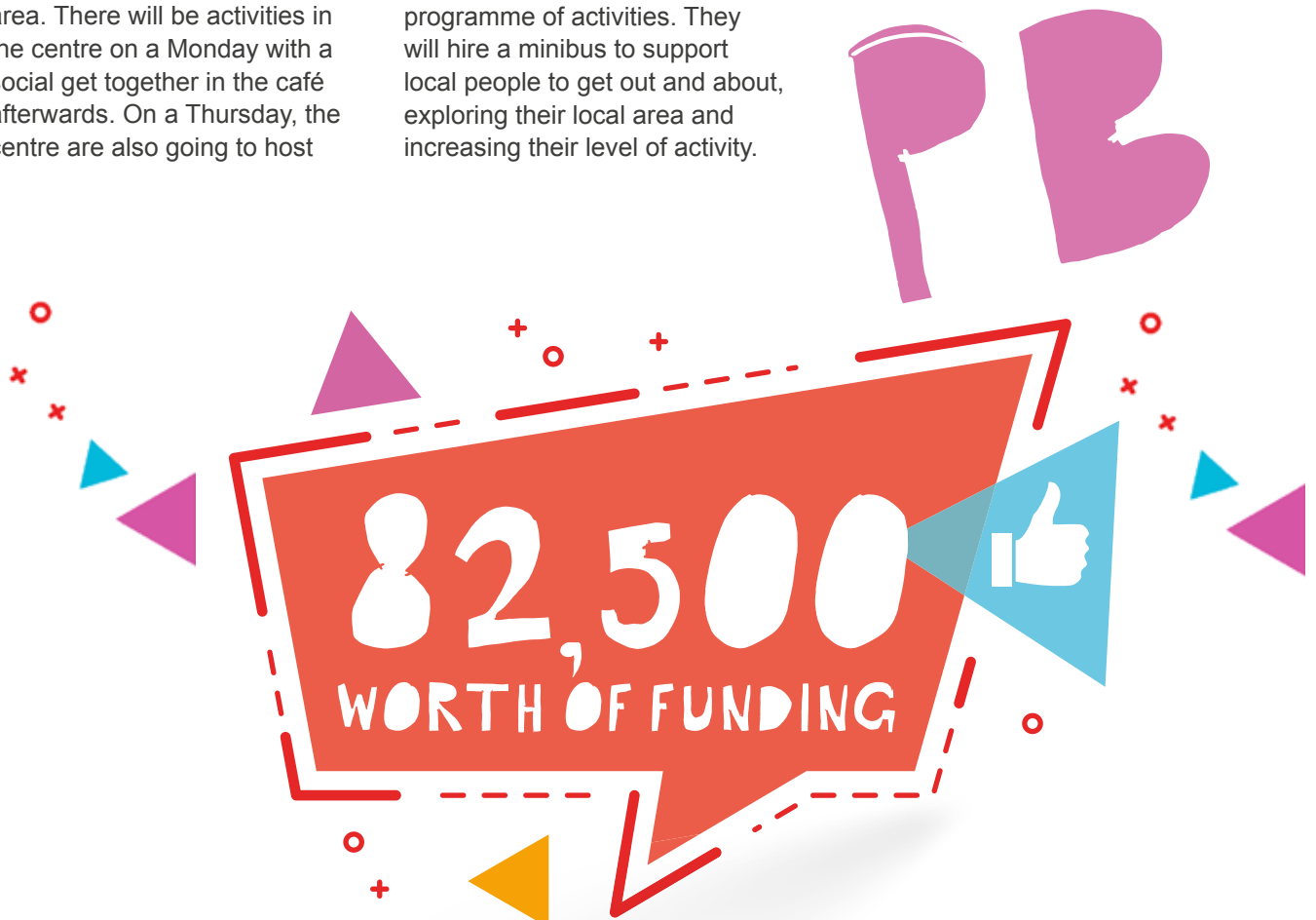
The Community Flat in Cummings Park will use their funding to develop their programme of activities. They will hire a minibus to support local people to get out and about, exploring their local area and increasing their level of activity.

They will also use the money to expand their crafts groups and encourage more people to join. The men's group will benefit from the funding by being able to try more sporting activities throughout the year.

AFC Community Trust - £5,000

Aberdeen Football Club Community Trust (AFCCT) will be working with local people in the Northfield area to access AFCCT delivered physical activities and wellbeing initiatives. These activities will help tackle social isolation and help older people get active. The activities will be dementia friendly, give local people skills, provide volunteering opportunities and opportunities for intergenerational activities.

For more information about any of these projects contact Fiona by emailing FiGray@aberdeencity.gov.uk.





Million Pound Makeover for SHMU Becomes a Reality!

Having secured just over £1m from the Scottish Government's Regeneration Capital Grant scheme – the same fund that has contributed towards the new Middlefield Hub – shmu has spent the last 12 months consulting with the community members, partners and project users in order to design a plan for a purpose-built redeveloped building.

The new purpose-built accommodation will extend the existing Station House Media Unit building in Woodside, and will include new radio studio's, a recording studio, a IT training room, an edit suite and an increase in public space for volunteers, including a café.

The building work will take approximately 12 months and during this period shmu will

be moving to a new temporary home based at the City Council's Rosehill House on Ashgrove Road West. The programme for the commencement of the new build has yet to be finalised but it is anticipated that the project will commence late summer. We hope that it won't impact too much and that we can support volunteers to continue to take part during our year away from the building.

Although over £1m has been secured to support the project, the organisation is embarking on a fundraising campaign to meet the shortfall (approximately £120,000) and also to begin work to identify funding for Phase 2 of the plan, which is to transform the existing building into a small community venue.

North of the City Magazine Consultation

Due to the recent regeneration developments north of the city shmu are considering changing the catchment areas of the community magazines and we are looking for your input before we make a final decision.

Currently we have a Middlefield magazine called Middlefield Mirror which works in the same way for this community. Their meetings take place in Middlefield Community Hub.

Cummings Park and Northfield have a joint magazine called Cumming North. This magazine encourages content submissions from local people and services in both these communities and is delivered through every door in the community free of charge. The decisions for the magazine are made by the local people who volunteer to form the editorial team. Their meetings take place in Cummings Park Community Flat and Northfield Community Centre.

Recent changes mean that lots of services are now open to residents of Middlefield and Cummings Park but not Northfield. We are proposing to potentially change the boundaries so we develop two new magazines - a joint magazine between Middlefield and Cummings Park and a separate magazine for Northfield. Before we make these changes we would like to know their views.

We are currently collecting people's views via an online survey www.surveymonkey.co.uk/r/northofthecitymagazines. Staff from shmu will also be visiting groups in the area to get their views so look out for us.

If you have any questions or comments please email laura.young@shmu.org.uk or call 01224 515013.



Aberdeen Treasure Hub

What is Aberdeen Treasure Hub?

You will have noticed the new building on Granitehill Road and may have wondered "what is happening?" This new building is Aberdeen Treasure Hub Museum Centre and is set to become the permanent home of the Aberdeen's unique collections of art and history when they are not on display in the city centre venues. These collections include decorative art, painting, and sculpture, and objects relating to Aberdeen's archaeology, science and industry, maritime history. Aberdeen is also home to one of the most extensive costume collections in the UK!

What is there to do and see at Aberdeen Treasure Hub?

The collections are looked after by Aberdeen Art Gallery & Museums on behalf of the people of Aberdeen and they belong to every person in the city.

Our goal is to make the new museum centre an 'open store' providing access for school classes, community based groups and individuals to go on guided tours, volunteer or take

part in workshops and events. We open to the public for drop-in visits to the reception area every Wednesday and free places on behind the scenes public tours are available at 11am and 2pm. On Thursday we are open for groups and schools classes.

What have we been up to recently?

Back in April, staff at Aberdeen Treasure Hub supported Aberdeen Inspired's Nuart Festival through a series of schools visits to Aberdeen Treasure Hub. Primary school classes from across Aberdeen informed street artist Julien de Casabianca's The Outings Project through visits to the Treasure Hub to photograph key paintings from Aberdeen's amazing collection. The children saw artworks in the paper and painting stores and used ipads to photograph and study a range of paintings, drawing and prints. You can view 'The Outings Project' and many other fabulous street art works in Aberdeen city centre.

<http://www.nuartfestival.no/home/nuart-aberdeen>

What's coming up?

Family Fun at Aberdeen Treasure Hub

On Saturday 1st July from 10-3pm we invite you along for a family fun day. The event will be a chance to learn more about what the centre can offer and take part in a range activities. More information to come!

Get in touch

For a place on one of the Wednesday behind the scenes public tours, please book your tour in advance by phoning 03000 200 293 and select option 3 or email info@aagm.co.uk

To book a class or community group visit, please email Rachel in our Learning Team at RThibbotumunuwe@aberdeencity.gov.uk or on 01224 337715.

Follow us:

www.aagm.co.uk

SNAPCHAT: [abdnartmuseums](https://www.snapchat.com/add/abdnartmuseums)

inspiringartandmusic.tumblr.com

PERISCOPE: [@abdnartmuseums](https://www.periscope.tv/@abdnartmuseums)

Community Contacts

Alcohol

Alcoholics Anonymous 0800 9177 650

Drinkline 0300 123 1110

Crime

Crimestoppers 0800 555 111

Drugs

Drugs Action Helpline 01224 594700

Dentist

Emergency - G-Dens 111

Doctors

NHS 24 Emergency 111

Electricity

If you have a power-cut 105

Family Planning

Aberdeen Community Health and Care Village 0345 337 9900

Gas

Gas Emergency 0800 111 999

Gas emergency with a meter 0845 606 6766

Housing

Emergency Repairs 01224 219 282

Call Centre Emergency 0845 608 0929 or 116 123

Police

Non-emergency 101

Samaritans

Need to talk 01224 574 488 or 116 123

Social Work

Social Work Duty Team 0800 7315520

Emergency Out-Of-Hours 01224 693936

Young Carers

VSA 01224 212021

Water

Scottish Water Emergency 0800 0778 778

CFINE 01224 596156

Pathways 01224 682 939

Cash in your Pocket 0800 953 4330

Citizens Advice 01224 569750

Northfield Academy 01224 699715

Bramble Brae School 01224 692618

Heathryburn School 01224 788180

Westpark School 01224 692323

Community Information for Cumming North

Northfield Community Council

Meetings are held the second Tuesday of every month at Northfield Community Centre at 7pm.

Contact: communitycouncils@aberdeencity.gov.uk

Cummings Park Centre

08:30am - 10pm, 01224 694060 or cummingsparkcentre@aberdeencity.gov.uk

Cummings Park Community Flat 9am – 5pm

Contact: 01224 681357 or dosim@aberdeencity.gov.uk

Northfield Community Centre

Contact: 01224 695416 or jacqui@northfieldcommunitycentremc.org

Northfield Outdoor Sports Centre

Contact: 01224 696246

Northfield Library

10am - 1pm 2pm – 5pm 01224 695104

Northfield Medical Practice

8am – 6:30pm 01224 662911

Northfield Swimming Pool

Contact: 01224 680307

Monday

0745 0900 Public Session (2 Lanes)

1215 1315 Public Lane Session

1330 1530 Active Ageing Swimming Session

1915 1945 Aqua Aerobics

1945 2015 Aqua Aerobics

2015 2045 Aqua Aerobics

Tuesday

0730 0900 Public Session (3 lanes)

1215 1315 Public Lane Session

2030 2130 Public Session

Wednesday

0700 0900 Public Session (2 Lanes)

0930 1015 Aqua Aerobics

1030 1100 Floatfit

1215 1315 Public Lane Session

1345 1600 Active Ageing Swimming Session

1845 2000 Public Session

2015 2115 Adult Session

Thursday

0745 0900 Public Session (3 Lanes)

1215 1315 Public Lane Session (6 Lanes)

2000 2030 Floatfit

2030 2100 Floatfit

Friday

0715 0900 Public Session (3 Lanes)

1130 1300 Active Ageing Swimming Session

13:15 1445 Public Session

1500 1615 Public Session

1845 1945 Project Fit

2000 2100 Adult Public Session

Saturday

1430 1630 Public Session

Sunday

0900 1030 Public Session

1045 1215 Public Session