

cumming north

Summer 2018



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FAMILY LEARNING
POLICING TEAM UPDATE
SCHOOL NEWS
GLORY FOR NORTHFIELD

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Summer Edition 2018

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Phoyo: Dawn Mitchell

Welcome to another exciting edition of the Cumming North magazine. Thanks again to all the contributors - we are very grateful to everyone who submits articles and photos for the magazine. Our editorial team is always on the lookout for local people to help gather articles and information that may be used in future editions, or indeed, help in other ways as part of the editorial team. This would involve a couple of short meetings prior to publication of the magazine.

Do you have a story to tell about Cummings Park or Northfield? Whether it's a historical piece about the area, a story about your time in the community, a group you're involved in we'd love to hear it! We're always looking for more people to get involved in the magazine. Please get in touch with **Laura** at **shmu** on **01224 515013** or email **laura.young@shmu.org.uk**.

You can also get in touch with us via our new Facebook page - look up 'Cumming North' and hit that like button!

Cummings Park Community Flat are holding an agency day on Wednesday the 15th of August between 10am and 12 noon and 1 to 3pm. There will be a wide variety of service providers there so if you want to find out more then come along and say hi!

Supported by





PARTICIPATORY BUDGETING IN NORTHFIELD

A great day was
had by all at the
UDecide voting day at
Northfield Academy
on 17th March 2018.

The success of the day and, the local process, was in no small part due to the dedicated volunteer steering group, supported by the Locality 2 communities' staff, which has been instrumental in shaping the participatory budgeting process in Northfield.

Out of 16 fabulous project ideas put forward by local people, 7 projects were fully funded and 2 were partially funded. This year's Participatory Budgeting fund for Northfield and the local people who came out to vote mean that the following projects will become a reality for the people of Mastrick, Northfield, Cummings Park, Heathryfold and Middlefield. The range of new activities which will be available to local people will positively impact the whole community, from the very young to the very old.

Community Café - Mastrick Parish Church will receive £3000 to develop a new community café in the heart of Mastrick - a space for people to meet and enjoy a cuppa and a chat, particularly looking to encourage carers and young families to come and socialise.

Awesome Tech in Northfield Academy - The group will receive £1880 to run a 5-week

course with the Northfield Science Club for up to 20 pupils aged 11-17. We will take the participants through a project-based programme, building, maintaining, controlling and programming autonomous vehicles in a fun and challenging course.

Veterans Aberdeen - The North East Scotland Disabled Veterans Association will receive £2,600 to allow them to offer an extra weekly session, which provides friendship, support, hot meal/snacks, and companionship to ensure veterans living on their own do not suffer long periods without care and contact.

Simple Glory - A local group of young people receive £800 to allow them to take their own float to Grampian Pride in May, to highlight LGBT issues and how important groups like theirs are for young people who are at risk of social isolation

Lunchtime Drama Club - A local lad working with Shazam Theatre will receive £2,360 to provide two schools in Northfield the opportunity to run free weekly lunchtime drama groups, which will be informal and fun and would focus on basic drama skills and games.

Extreme Summer - Transition Extreme will receive £3000

to support young people and their families to access positive community engagement opportunities and providing an alternative for young people at risk of taking part in risk-taking and anti-social behaviour, through running free skate park coaching sessions through the summer

Boogie at the Bar - AFCCT will receive £1500 to host a free dementia friendly disco once a month in the Sunnybank Social Club, which will include music, dancing and a light lunch. Those who attend will be able to dance, have a drink and a wee blether in a safe and friendly environment.

MUSC: Meet You in St Clements - St Clements Scottish Episcopal Church will receive £638.50 as part funding to improve their kitchen facilities, to allow them to increase and improve their free school holiday meals provision to local children

Streetsport - The Denis Law Legacy Trust will receive £638.50 as part funding to allow their free weekly Streetsport session at the Bill Burr astro in Northfield to continue. This attracts over 100 young people every week and provides a safe, fun and positive environment for young people.



Northfield Community Policing Team Update

It is acknowledged by the Northfield Community Policing Team (CCPT) that there are ongoing issues in relation to anti-social behaviour and road traffic offences across the community. Local police are continually tackling these issues on a daily basis but now feel that it would be beneficial to concentrate on specific areas within the community that need particular focus.

More often than not, the local police are finding a crossover in these offences where there has been a number of scrambler bikes driving in a dangerous manner posing a risk to members of the public. These incidents predominantly occur on Granitehill Road, Cummings Park Crescent and Quarry Road.

This is only one example when there are various other road traffic offences which happen in this area, such as driving whilst disqualified, driving with no insurance, driving without a valid M.O.T to name a few.

With this in mind, officers within Northfield CPT are aware of the on-going issues and strive to remain visible when and where possible to ensure the crimes are dealt with accordingly.

During February 2018, Police carried out an initiative in Northfield, targeting road safety and road crime, which was identified by the community as a local issue. The operation was carried out between Thursday 15 February and Friday 16 February and checked vehicles for road-worthiness and associated safety issues.

The operation was assisted by Road Policing Officers and in total, 154 motorists were stopped, warned, educated or reported for the offences identified. This was in accordance with operation CEDAR (Challenge, Educate, Detect and Reduce).

In the near future, it is the intention of the Northfield CPT to conduct road traffic operations targeting road users speeding during school hours and a

campaign against drivers driving under the influence of drink or drugs. We hope that the results will be as successful as February in that those who are stopped are well educated.

With this being said, it is a fantastic opportunity for residents to come forward with any information that they think will be helpful to Police in their enquiries to tackle these offences. The sort of information we would be looking for is identities of drivers, make and models of vehicles and when they are most likely to be on the road. Any information provided can remain completely confidential.

Everyone who is willing to provide us any information will be playing a major part in keeping the community and surrounding roads safer. We will remain visible and accessible within Northfield and will address any issues raised. #NorthfieldCPT #KeepingPeopleSafe

IMAGINE.....



Read on for the first of a regular feature of Daft Wee Jimmy's visit to Orchard Brae School

How do you draw a picture of a place where children with multiple and complex needs receive the kind of help they need to develop their full potential?

The simple answer is that I can't do it. For those of us whose schooling is a distant memory, and to whom the words, "special school", conjures up visions of a grim and possibly Victorian building where the "bad kids and dummies" were sent, it is unlikely that we can envisage the kind of advances that Orchard Brae represents. The challenges that today's headteacher of such a place has to face are not for everyone. When that head teacher is responsible for 125 children with complex needs, the mind begins to boggle. I needed help to understand how such a place functions, and I got this help from Caroline Stirton, head teacher at Orchard Brae School. Did she look careworn, ready to reach for the Valium at a moment's notice? Surprisingly, no. As she began to tell me about the place she spends her working hours, I began to wonder how I would cope, and came to the fairly obvious conclusion that I wouldn't. But then, I don't have 20 years' experience and dedication. I'm also ashamed to admit that when I come across people with certain disabilities, I have a habit of looking the other

way; I reckon I missed out on the Good Samaritan gene. It doesn't make me feel any better to realise that I'm not the only one who feels this way.

Caroline explained why looking after the children under her care is a complex operation. Children are children for 24 hours a day; disabilities are also present 24 hours a day. Some of the problems the children have are obvious and visible, but quite a lot of them are a lot less so. I'm not sure of my ability to describe the children whose disabilities were visible. Those with invisible disabilities would probably escape my attention. Perhaps I'm less observant than I should be, I'm definitely a lot less sympathetic than I ought to be. I don't think I would fit in at Orchard Brae.

I am conscious that I can't possibly hope to say in a few sentences everything I learned on my visit. A broad brush approach would be to say that all the facilities are state-of-the-art, everything is designed to purpose and function, the teacher to child ratio is a good deal higher than you would find in mainstream schools; in addition there were members of the social work, medical and therapeutic teams to be taken into consideration. In fact, that would be a one sentence summing up of the

situation, but it would be far from a complete picture. That's why I am not going to leave it at that.

Orchard Brae isn't merely an updated version of "a special school" of the kind referred to earlier. Most of us have wakened up to the fact that people with disabilities are still people.

That's important.

If as a society we see the disability and not the person, we run the risk of condemning the person with the disability. On the other hand, if we recognise the fact that people with disabilities have potential to make at least as much of a contribution to society as anyone else, then it's possible that we will be willing to show them a bit of respect, and thus earn our own self-respect.

I don't know if there is another potential Stephen Hawking at Orchard Brae, but I wouldn't bet against it. This is just a taster article, to try and whet the appetite. I intend to tell a lot more of this story over the next couple of issues, but this wouldn't be possible without the able assistance of those who work exceptionally hard in such a demanding environment. My unqualified gratitude goes to everyone who gave me a privileged glimpse of what Orchard Brae is like and what it does.

Westpark Primary School

Our whole community has been saddened by the loss of our Head Teacher Mr Fraser Cowie, who died following an illness during the Easter holidays. Mr Cowie worked at Westpark School for 28 years as a class teacher, depute head and finally as Head Teacher. The school has been overwhelmed by the kind wishes and support sent from across our community, as well as an incredible collection of donations for the Cyrenians' food bank that will be made in Fraser's name.



Looking forwards to this term, representatives from our pupil council are planning to record for SHMU radio's Cumming North, speaking about a selection of what's happening at Westpark School.

Our playground re-development project has met a bit of a hurdle trying to find a contractor to carry out the landscaping and installation work. We are currently speaking with a few local contractors and still hope to have the work done this summer holidays. If anyone knows of a local contractor who can carry out large scale landscaping work to meet the necessary safety standard for playgrounds, please contact the school.

This term the pre-school children take part in a number of activities to get them ready for starting Primary 1 after the summer holidays, including visits to the classrooms and playground. Their parents and carers will also get the opportunity to attend a series of workshops on literacy and numeracy in the early years.

In May Firehorse productions will perform 'The B Word', a play about bullying behaviour, to the whole school as we complete our development work on a new anti-bullying policy.

In June the whole school will take part in a week of activities to celebrate and promote health and wellbeing. A range of sport and physical activities will be on offer for the children to get a taste of something new that they may wish to develop as part of their healthy lifestyle. We also hope to have a number of workshops on social and emotional wellbeing too. If you or anyone you know are able to support our health week in any way, please contact the school.

School

Bramble Brae Primary School

One Seed Forward

Bramble Brae Primary School is participating in the One Seed Forward programme, and a garden has been created for planting and growing vegetables in school.

Miss Lechie a P5-6 teacher and her class from Bramble Brae School be involved in a one-year training programme which will look at teaching how healthy foods can be grown.

One Seed Forward are offering schools around the city the chance to join this programme if they would like to find out more about running their own school garden.

If anyone in the community would like to help volunteer to look after the Bramble School garden during the holiday period, please contact the school office and have a chat with them. This will also enable anyone involved to have some of the produce grown in the garden.

For more information about One Seed Forward you can visit their website: oneseedforward.co.uk.



Photos courtesy of Aberdeen City Council



Kelsey Milne 10

"It feels like a game and not like maths. It makes me more confident with hard questions. I like using Sumdog at home because it improves my maths."

Heathryburn pupils show they have heads for sums with impressive maths contest win

A P5 class at Heathryburn School have emerged as top dogs in a hugely popular, citywide mathematics competition.

Primary 5C won the 2018 Sumdog maths competition for Aberdeen, beating off competition from a further 174 classes who also took part. The online competition came up with some impressive figures with 2659 pupils taking part and answering 795,906 maths questions correctly.

The budding Heathryburn mathematicians came up with 769 correct answers during the

competition which ran from 9 to 15 March. This was 28 more than their nearest rivals and 30 more than last year's winners.

Sumdog is an Edinburgh-based company with an online maths game that is now used in more than 70% of Scottish schools. Sumdog's mission is to help to close the poverty-related attainment gap.

Steven Ogston 9

"Sumdog is fun and cool and you only need to use a mouse to control and you don't have to use paper and pencil. Paper and pencil slows down my thinking"

Aimee Mills 9

"Sumdog helps me get a brighter future in life and it's fun. Playing Sumdog at home means I can play it with friends and it feels like a game."





Northfield Playscheme

Folks it's that time of year again...
what time? Playscheme time!

At Northfield this year we have added a new venue and brought back an old venue – Aden Country Park and a visit to see the new Polar Bear cub.

Northfield Playscheme has been running now for over 40 years and has been enjoyed by many. A lot of those returning or even coming along for the first time let us know that their mums, dads and even grandparents came to our playscheme when they were younger. Even some of the people who now volunteer to help the scheme run used to attend as children.

There is lots of fun on offer for everyone! Some of the places we will be visiting this year include Aden Country Park, Highland Wildlife Park, Carnoustie Splash and Play, Landmark and more. Programmes and posters will be going into schools and local libraries by the end of May.

The dates for this year are the 18th, 20th, 25th and 27th of July and the 1st, 3rd, 8th and 10th of August.

For more information about playscheme call Jacqui at Northfield Community Centre on 01224 695416 or look up the Northfield Community Centre Group on Facebook.



Baking, building healthy relationships and facing fears

Choices Aberdeen use a grant from the Youth Activities Small Grants Fund for an after school group in the area.

At Choices we have worked in Northfield Academy for several years, and recently a group of girls we work with approached one of our youth workers about setting up an after-school club. Using a grant from the Youth Activities Small Grants Fund, the group planned a project to do team building activities, learn new skills and build relationships and self-esteem.

We did sessions with the group on self-esteem, consent, and body image, as well as doing a lot of crafts and collaborative painting. We were super grateful for use of the James Tyrell Centre in Mastrick for these sessions. The group were keen to learn some baking and

chocolate making skills, so we did cupcake decorating at Bev's Bistro and got to make our own truffles at Cocoa Ooze.

We also completed the crate stack challenge at Transition Extreme. They all managed to complete the activities, and felt a great sense of achievement at having done so, especially as it meant several confronting a fear of heights. They worked well together as a team, which has strengthened the friendships within the group.

As well as having a lot of fun, the group have learnt more about themselves, grown in confidence and self-esteem and been empowered to build stronger relationships. We are really thankful to our funder and to all the other organisations involved for helping this happen.



Glory for Northfield

The Youth Work in Schools Team at Northfield Academy and staff from the Capacity Building Team have been supporting a group of young people from Northfield Academy in developing skills and confidence around playing musical instruments, performing, team working and responsibility. The young people have formed a band called Simple Glory, the line-up has been flexible making them more of a musical collective with vocals, electric and acoustic guitars, bass guitar, ukulele and drums. They have learned a number of songs by their favourite bands and artists such as Panic at the Disco and 5 Seconds of Summer.

They have taken every opportunity to perform live and in front of an audience including a charity fundraiser and a Burns' Day Lunch at Cummings Park Learning Centre, the Duke of Edinburgh Awards Prize Giving at the Beach Ballroom and most recently at the UDecide event at Northfield Academy on the 17th of March where they had been supported by local Capacity Builders to make an application

for funding to hire a float and perform at the Grampian Pride Parade in May 2018. Two of the group confidently gave a quick presentation about the experiences they have had and how they had grown in confidence. It was no shock when they were successful in their bid for £800. Congratulations to Alicia, Kelsey, Ella, Ike, Heather, Kim, Emily, Morgan, Ellis and Elliott for working hard to achieve their goal.

In addition to the hard work on a musical theme, members of the group are also engaged at Cummings Park Learning Centre in a project to decorate the Music Room.

There are a range of people to whom thanks must go to; Kev, Fran and Sara from the Capacity Building Team and to members of the St Nicholas Rotary who were instrumental in the establishment of this activity for young people. Of course I couldn't forget our Youth Worker Dave Holroyd and the enabling role he plays with the group.

Plans for the future include taking time to reflect on their

experiences and write them up in a Dynamic Youth Award (SCQF Level 3), to develop opportunities for skills development around instrument maintenance including re-stringing, setting up and making repairs to electronics (anyone who has put a guitar into an luthier to be set up will know that this a cost they would rather avoid). Group members that have art skills are being engaged in designing a piece of work for the float for the parade.

In summary these young people are developing their competence in hard and soft skills which is creating new confidence for them; they are demonstrating this by taking on leadership and coordination roles as the band progresses and develops, discovering new abilities which are feeding into new aspirations such as volunteering opportunities and preparing to stay on at school for further study and to apply to be part of the incredible Prefect Team at Northfield.

#youthworkchangeslives
#becauseofcld
#aspiretobeoutstanding



Mrs Meadows

Missus Meadows here. Happy to say the weather has been quite seasonal lately which makes it time to get planting. The peas are well on, tatties are planted, this week hopefully carrots and parsnips, onions and turnips will be planted in since the earth is warmer. Tomatoes and cucumber plants will also need to go in the greenhouse, along with sweet peas and hanging baskets cleaned out and ready to be planted then hung out at the end of May.

The box gardens for Heathryburn School children are looking great with masses of flowers everywhere. They also have bags of tatties to go in this week, they are really looking forward to seeing this happen. They have really got the gardening bug. Hope you all enjoy your gardens as much as the kids are enjoying theirs!

*Bye for now,
Mrs Meadows*



Twinkle Toes Dance School

Twinkle Toes Dance School was established at Northfield Parish Church in September 2012 and has steadily gone from strength to strength.

We offer dance classes to children of all ages and abilities in a safe, stimulating environment.

At present we offer classes on a Saturday in a variety of genres including ballet, tap, modern jazz, disco, majorettes, highland and Scottish national.

Principal teacher Kerry-Marie Watt is a fully qualified member of the United Teachers of Dance who has danced for over 30 years and loves sharing her knowledge with

the pupils within the dance school. The UTD syllabi and standard are taught as a priority alongside a performance and award system that allows steady progression in the art of dance.

All pupils are given the opportunity to participate in our annual production and undertake professional examinations if they wish, however we also offer classes just for fun where children learn to build on essential life skills such as self-confidence and social skills.

For further information please contact Kerry-Marie Watt through Facebook.



Memorial To a Lovely Lady

Linda Pirie 12th Jan 1955 – 29th March 2016

Linda's family and the community of Northfield paid tribute to a lovely lady and an ardent support of the community on Sunday the 1st of April. Linda Pirie lived with her two daughter, Loraine and Mags. She worked in the area in the local shop and was a long-term volunteer at Northfield Community Centre. She worked with the play scheme and 5 to 11s group, then as her own children grew up she ran the girls group. She was also involved in many other centre activities.

Along with other members of the community she helped

bring back the local Community Council. She was the chair until her passing. Linda did so much for the area and along with her family, the community centre and the Community Council it was decided to put up a bench in the area as a tribute to her memory. This was unveiled by her grandchildren and great grandchildren on the 1st of April.

Loraine, her eldest daughter said: "She can now sit and keep an eye on her square."

The angel came from Heaven and
said you couldn't stay
They took you on their arms and
gently led you away
We held your hand and
held you tight
You looked so calm at peace
You breathed a sigh and then at
peace you lay

On Earth our Hearts are Broken
But also Blessed
To know you are in no more pain
And we know there was those
around to meet you
And take you in their care
I feel so blessed to have known you
And had you as my friend
Was so happy to have been with you
right to the end
God bless and love you



What do you think about plastic roads?

Daft Wee Jimmy

Some time ago, I became interested in plastic roads. As a result of this, my friends divided into two camps; those who wanted to explore the possibilities, and those who wanted to strangle me! It may be that I have become a touch obsessive about the possibilities opened up by the idea of recycling plastic in such a constructive and non-visible way, but I can't help feeling that as a nation we could be onto something.

Anyone who has watched Blue Planet 2, or has even a moderate amount of interest in environmental matters, cannot help being aware that the world is suffocating in plastic. We have all seen the effect of discarded plastic on wildlife. To some people, watching an urban fox trying to disentangle itself from a plastic bin bag can provoke ironic amusement. There can't be many of us in the Aberdeen who haven't seen seagulls diving down on unattended fish suppers, watched them struggle with the polystyrene trays and thought, "serve you right for thieving in the first place!"

However, the main problem still exists. If you are feeling positive, a problem is just a solution in disguise. We know that far too much single use plastic finds its way into either landfill sites or the North Sea and other oceans. We know that not all of it is recyclable, but a reasonable proportion of it is. Which brings me back to plastic roads.

I am quite proud of the fact that the only company in the world which recycles waste plastic for use in the manufacture of roads is a Scottish company. Not that they are merely Scottish, or even British; according to David Wykes, one of the development directors of MacRebur, although the company is only two years old, their modus operandi is attracting international attention. The Gulf states, Australia, New Zealand, Canada and the United States are all keen to explore the possibilities of utilising plastic to make the roads more durable, less liable to rutting (which is often caused by heavy lorries and buses) and a good deal less liable to developing potholes. I said in a previous article that plastic roads are a win-win situation; reusing plastic instead of waiting for it to break down in the environment or in a landfill site has the effect of lowering the very real risk to the environment while at the same time being put to a constructive use.

But of course, there is a catch.

Proper recycling of plastic requires education. We know that until recently a lot of our plastic was shipped off to China for disposal. China has decided that enough is enough, and who can blame them. They were incinerating plastic, often quite near their larger cities; guess what happened to the quality of air in those cities? I remember watching a documentary about Beijing a couple of years ago, where every pedestrian and cyclist wore face masks to try and ameliorate the effects of the smog. Some of it was down to the fact that the electricity generating plants of coal-fired, but burning plastic didn't help. Perhaps if they had seen the possibility of using the plastic for roads, they might have stolen a march on us.

Calling them plastic roads is a bit of a misnomer; recycled plastic only accounts for between 3 and 10 kg per tonne of tarmac, and it is mixed with the bitumen. The roads don't appear any different to the naked eye, and it is a long term project; it is fractionally cheaper to include plastic in the mix, which could mean that repairing potholes on the streets of Aberdeen might be a more viable proposition in the short term, and less of a problem in the long term. It might be worth a try.

councillor comments

Ciaran McRae and Jackie Dunbar

We are pleased to say that we have managed to confirm that the flats on Byron Square have been allocated funds to repair and paint the exteriors, this will hopefully tie in with some other minor upgrades on the square that we are both working towards over the next few months.

We recently took part in the second round of Marchburn and Oldtown residents engagement evening and we were joined by housing officers, Police Scotland, Scottish Fire and Rescue and Street Pastors. During this evening, food parcels were handed out and the Street Pastors allowed us the use of their truck, to allow a space for residents to come in and discuss issues that they had with the area. We will be back again to carry out another night on Tuesday 3rd July between 5pm and 9pm.

We were recently on a visit to Bramble Brae Primary School to discuss potential upgrades to the nursery garden to the rear of the building. We were joined by

Steven Shaw, who is the environmental manager for Aberdeen City Council. We are pleased to say that the council will be able to provide the materials that the schools need to enhance the area and when the time comes to start building and planting, we will both be rolling up our sleeves to muck in.

We are currently getting our ward surgeries set up for the year, but until this gets finalised, we will be available at the community council or getting in touch with us on the details below.

Ciaran Mcrae

Councillor for Northfield and Mastrick North
cimcrae@aberdeencity.gov.uk
07500999617

Jackie Dunbar

Councillor for Northfield and Mastrick North
jdunbar@aberdeencity.gov.uk
07733300570

Gordon Graham

IMPROVEMENTS TO PLAY PARKS

Some of the play parks that have been refurbished or replaced as part of the council's improvement plan include Bonnyview Road; Manor Avenue; Newton Road and work is currently being completed at Oldtown.

HEATHRYFOLD PARK

Following consultation on the name of the Park the steering group decided Heathryfold Park would be best. Officers have been tasked with going out to local schools Manor Park and Heathryburn to get the kids to design a logo.

FLOOD PREVENTION PROJECT

ACC now leases ground from Heathryfold Allotment Association, for a minimum term of 99 years. This is for the ground required to implement these Flood Prevention Works. The flood alleviation works was due for completion in March 18.

ENVIRONMENTAL IMPROVEMENTS PROJECT

Environmental improvement proposals have been developed in consultation with a community steering group formed to participate further in this project, and the other projects noted below.

ACTIVE TRAVEL PROJECT (NESTRANS)

Following road safety concerns from people using the new Community Hub Nestrans have offered £150,500 to:

- improve the crossings of Provost Rust Drive and Manor Avenue; and
- provide directional signs; these are due to be completed in March 18.

Following discussion with the community improvement steering group design works have been agreed. This project is due to be completed by March 2018.

AUCHMILL COMMUNITY WOODLAND

I love to relax and take my dog for a walk around the area especially the woodlands and footpaths that we are fortunate to have. During these walks people raise concerns at the footpaths. I am delighted to say that the Heathryfold Park Steering Group and Council officers are looking to work with Scottish Natural heritage to get funding of up to £300k to progress this and other projects in the area such as providing grasscrete to the land opposite the flats at Heathryfold Circle to allow parking without damaging the grass. The steering group had a walk around the woodland with the park ranger to identify suitable sites for equipment and areas to build an outside classroom (made of logs etc for the schools.)

Gordon Graham

Councillor for Northfield and Mastrick North.
Vice Convenor of Finance, Policy and Resources.
Tel: 07736 329751

The Big Move

Work is well underway at shmuHQ in Woodside. Our contractors, CHAP, have been hard at work since August last year and haven't been put off by the cold snap we recently experienced.

We have secured a significant amount of funding to pay for the fabric of the building, but we are currently working hard on a fundraising strategy to ensure we have enough money to pay for the equipment to turn it from a fantastic building to a state of the art community media centre.

Our aim is to enhance the facilities we already have so we will install two new radio studios and we will have a big communal social area, similar to what we had in the old building but we're also going to have an IT training room and a TV studio with a control room. We want to use the expansion of the building to expand our existing programmes to reach new people in our target areas.

A state-of-the-art building was identified as a need as part of our 2010-2017 strategic plan so we're really excited that this is becoming a reality for us this year.



Journalological - Take Five!

The Youth Media Team at shmu have been working really hard over the last few months to put together the latest edition of their magazine, Journalological. This group has been meeting for around a year and a half now and involves young people who attend school or live in the Torry, St Machar or Northfield areas. Initially they started off contributing articles to shmu's community magazines and covering the issues affecting young people in those areas. They soon caught the bug for journalism and asked if they could create their own magazine. They group worked incredibly hard to get the first edition out just before Christmas last year and it was well received by secondary schools and other youth organisations throughout Aberdeen. The group were so pleased with their magazine that shmu successfully applied for funding to produce three editions of Journalological a year. We set to work, creating a task list of all the ideas the young people wanted to cover and set a deadline of having the magazine back from the printers before the summer holidays started.

If you would like to read Journalological and see what the young people have produced, you can visit www.shmu.org.uk/PRESS and select the Journalological option. If you, or someone who know, are academy age and live or study in Torry, Northfield or St Machar and would like to get involved in shmu's Youth Media Team then please get in touch with Denise on 01224 515013 or email denise@shmu.org.uk.



FAMILY LEARNING HOME SUPPORT

Over the Easter holidays, Family Learning held an event at Hilton Woods for families from Manor Park, Bramble Brae, Riverbank and Tullos Schools. The parents and children took part in an Easter egg hunt, yarn wrapping stick craft and enjoyed searching for mini beasts with the Countryside Rangers Jen and Vicky.

Local Community Development Officer Stephen Bly and

Community Growing Officer Neil Woodward, also attended to share information with parents and children.

We would like to thank C-Fine for kindly donating refreshments and healthy snacks for the event and the Trinity Centre for donating Easter Eggs for the 15 children that attended.



Missing Link - By the man who's here but not all there

In the puzzle below there is a connecting word which links both the first and the last word in the sentence. What is it?

There is a word that connects the end of one and the start of another – what is it?

Long ----? ----Shape (1)

Ski ----? ---- Shaft (2)

Aberdeen ----? ---- Terminal (3)

Rowing ----? ---- Yard (4)

Motor ----? ---- Port (5)

Bob ----? ---- Bells (6)

Nodding ---- ? ---- Ride (7)

On Your ----? ---- Race (8)

Right and Left ----? ---- First (9)

Passenger ----? ---- Station (10)

The answer is?

$55 - 25 / 5 \times 8 + 12 - 1/3 \text{ of it} + 48 = ?$

Who am I? (the more clues you need, the less points you get)

Can you guess who we're talking about?

Born in London to a Scottish father – 5 points

Supporter of Celtic and Scotland – 4 points

Made an appearance at Pittodrie Stadium – 3 points

Played in a band in London with Long John Baldry – 2 points

A lady named Maggie May gave me the fame I was after – 1 point

The answers are not there because if I knew them I would not be asking the questions!

Community Contacts

Alcohol

Alcoholics Anonymous **0800 9177 650**

Drinkline **0300 123 1110**

Crime

Crimestoppers **0800 555 111**

Drugs

Drugs Action Helpline **01224 594700**

Dentist

Emergency - G-Dens **111**

Doctors

NHS 24 Emergency **111**

Electricity

If you have a power-cut **105**

Family Planning

Aberdeen Community Health and Care Village **0345 337 9900**

Gas

Gas Emergency **0800 111 999**

Gas emergency with a meter **0845 606 6766**

Housing

Emergency Repairs **01224 219 282**

Call Centre Emergency **0845 608 0929 or 116 123**

Police

Non-emergency **101**

Samaritans

Need to talk **01224 574 488 or 116 123**

Social Work

Social Work Duty Team **0800 7315520**

Emergency Out-Of-Hours **01224 693936**

Young Carers

VSA **01224 212021**

Water

Scottish Water Emergency **0800 0778 778**

CFINE **01224 596156**

Pathways **01224 682 939**

Cash in your Pocket **0800 953 4330**

Citizens Advice **01224 569750**

Northfield Academy **01224 699715**

Bramble Brae School **01224 692618**

Heathryburn School **01224 788180**

Westpark School **01224 692323**

Community Information for Cumming North

Northfield Community Council

Meetings are held the second Tuesday of every month at Northfield Community Centre at 7pm.

Contact: communitycouncils@aberdeencity.gov.uk

Cummings Park Centre

08:30am - 10pm, 01224 694060 or cummingsparkcentre@aberdeencity.gov.uk

Cummings Park Community Flat 9am – 5pm

Contact: 01224 681357 or dosim@aberdeencity.gov.uk

Northfield Community Centre

Contact: 01224 695416 or jacqui@northfieldcommunitycentremc.org

Northfield Outdoor Sports Centre

Contact: 01224 696246

Northfield Library

10am - 1pm 2pm – 5pm 01224 695104

Northfield Medical Practice

8am – 6:30pm 01224 662911

Northfield Swimming Pool

Contact: 01224 680307

Monday

0745 0900 Public Session (2 Lanes)

1215 1315 Public Lane Session

1330 1530 Active Ageing Swimming Session

1915 1945 Aqua Aerobics

1945 2015 Aqua Aerobics

2015 2045 Aqua Aerobics

Tuesday

0730 0900 Public Session (3 lanes)

1215 1315 Public Lane Session

2030 2130 Public Session

Wednesday

0700 0900 Public Session (2 Lanes)

0930 1015 Aqua Aerobics

1030 1100 Floatfit

1215 1315 Public Lane Session

1345 1600 Active Ageing Swimming Session

1845 2000 Public Session

2015 2115 Adult Session

Thursday

0745 0900 Public Session (3 Lanes)

1215 1315 Public Lane Session (6 Lanes)

2000 2030 Floatfit

2030 2100 Floatfit

Friday

0715 0900 Public Session (3 Lanes)

1130 1300 Active Ageing Swimming Session

13:15 1445 Public Session

1500 1615 Public Session

1845 1945 Project Fit

2000 2100 Adult Public Session

Saturday

1430 1630 Public Session

Sunday

0900 1030 Public Session

1045 1215 Public Session