

mastrick *matters*



Around The World
For DISSC

Mastrick Parish Church
60 Years of Worship

Policing Team
Be a Good Neighbour

Northfield Academy
Youth Room

contents

Kingsford Primary School	3
Prince's Trust Celebrate Success Awards	4
Around the World for DISSC	5
Northfield Academy	6
John's Creative Section	7
Veterans	8 & 9
Mastrick Parish Church	10
John's Creative Page	11
Mastrick Walking Groups	12
St Clement's Episcopal Church	13
SHMU	14
Summerhill Housing	15

Front cover image: Graeme Youngson



Page 4



Page 13



Page 10

editorial

Welcome to your Summer edition of the Mastrick Matters community magazine!

If you would like to get involved and join the editorial team or if you have ideas for the community publication, you can easily get in touch with us. The staff at shmu are able to support and train anyone living in the area who are interested in developing their ideas and skills in either writing, photography or proof reading. So please don't be shy, this is your magazine written, edited and designed by the good folk of Mastrick.

If you live in the Mastrick area and would like to come along to the editorial meetings or submit an article then get in touch with Laura at shmu on **01224 515013** or you can email her on laura.young@shmu.org.uk.

You can also get in touch with us via our new Facebook page - look up 'Mastrick Matters' and hit that 'like' button, and you can view this magazine alongside previous editions on the shmu website: www.shmu.org.uk then click the 'PRESS' option.

happy reading.

Supported By



Kingsford Primary School

This has been a very busy term for everyone at Kingsford School. All our classes have invited their parents in to school to share in the work of the class. It was wonderful to see parents actively sharing in their child's learning experience. Every pupil has now shared in our lunchtime science playground activity led by two of our pupil support assistants. Lunchtime science has proved such a success that we are going to carry on this initiative next session with mixed age groups of children over lunchtime. Earlier in May our P6 pupils enjoyed a residential week at Cromdale Outdoor Centre and in a couple of weeks our P7s will be heading off for an activity week at Compass Christian Centre near Glenshee. We are indebted to our staff and parents who, by supporting these residential trips give our children a wonderful outdoor experience.

Our after school activities continue to go from strength to strength with children enjoying Scottish Country Dancing, rugby, drama, netball, football, basketball and cross country - not forgetting our lunchtime reading club, sewing club and Cre-8. Well done to our P6 and P7 pupils who have run a dance club and cheer leading club for younger pupils.

Special mention must be given to our football team and their coaches for winning the league



cup - the cup will take pride of place in the trophy cabinet.

Two of our pupils, Roseanna and Megha passed their Grade 1 violin exam with distinction and merit respectively. Our teams did really well in the Rotary Quiz this term with one of the teams gaining second place. Keep a look out for Kirstie's (P5) winning art design on one of the new planters on the road leading up to Hazlehead Park.

Room 9 have taken an active part in the Aberdeen Youth Games at Aberdeen Sports Village and our P6s enjoyed a sports event with all the schools in the Hazlehead group. Our P7s are involved in a range of transition events to ensure a smooth transition to secondary school and are also busy preparing for their "Neon 80s" end of P7 celebration.

This week we welcomed the Absafe team in to school to lead a special assembly related to safe parking in the vicinity of the school and the children will now do some activities at home with their families to reinforce this important safety message.

Our Nursery children thoroughly enjoyed their Highland Games Sports Day last week and are looking forward to their day trips to Loch Inch Park. Our afternoon class have their train trip to Inverurie to look forward to later this month too.

Hopefully this has given you a flavour of what goes on at Kingsford School and we look forward to catching up with you again in the next issue of Mastrick Matters. Have a lovely summer everyone!

Audrey I Walker (Head Teacher)

Funday

Mastrick Community Centre and Mastrick Parish Church are holding a joint Summer Fayre on 29th August, 10am-1pm. Across the two venues there will be:

Bouncy Castle
BBQ

Cutter Keeper
Tombola stalls

Face painting
Children's games

Various Stalls including Angelic Aromas, The Soap Shack, Bella's Clips & Bows and Handcut by Helen.

KERRY DOES IT AGAIN!

We have an update of what Kerry Cheyne has done since last November for "The Prince's Trust Celebrate Success Awards" where she won the "Young Achiever of the Year Award."

In March this year Kerry was nominated for an award at the National Prince's Trust Celebrate Success Awards where she was honoured to meet His Royal Highness Prince Charles and various other celebrities like Ant & Dec, Kevin Spacey, Ella Henderson, Rod Stewart, Penny Lancaster, Fearn Cotton and James Bay at the prestigious red carpet event in the Odeon in Leicester Square, London.

Kerry was named runner-up in this event and is really happy at what she has achieved in her life and at both events. The Mastrick lass would also like to thank Susan Martin of the Prince's Trust and Jayne Wood of Cornerstone for the nomination which has led to the 2 awards that she has achieved in winning in Glasgow and being runner-up in London.



In London, Kerry had her award presented by Thierry Henry, the former Arsenal player.

Photos by Holly Wren.

Around the World for DISSC

Staff at integrated communications agency Citrus:Mix is supporting Disability Inspiring Sports and Social Club (DISSC) this year with a global adventure.

Members of the team are currently using their own steam to clock up miles through walking, running, cycling and swimming, and aim to travel 25,000 miles, the equivalent distance of going around the world measured through the poles.

All money raised from the intrepid year-long endeavour will be donated to DISSC.



Paul Smith, managing director of Citrus:Mix, said:

"We are pleased to be able to do something to help a dedicated community group like DISSC, and in the process improve our own fitness levels. The challenge has been going well so far and the office has been a buzz of activity as everyone swaps tips on how they are meeting their targets."

Group secretary Bryan McKenzie said: "It means a lot to us that Citrus:Mix is supporting us during their Around the World adventure. We are a small group that gives our members the opportunity to interact in a safe environment and we provide an important service to people with disabilities in Aberdeen."

"Money raised from the effort will be vital in enabling us to continue providing this service to our members, and allow us to invest in more equipment."



Loch Eil 2015

As in previous years the majority of our S1 pupils took part in the Outward Bound experience at the Loch Eil centre near Fort William. This trip was split in two and the first course ran from 2nd March until 4th March with Wallace house pupils along with some second year mentors. The pupils from Macbeth and Stewart houses, along with some S2 mentors, attended the second half of the course from 4th March until 6th March.

The focus of the courses for S1/2 pupils was challenge and developing a 'can do' attitude. Some of the activities pushed the youngsters to their limits and there were very happy faces when they achieved what they thought impossible. Some of the teamwork and support that was evidenced during the courses had to be seen to be believed.

A highlight for most of the youngsters was the 'jog and dip' into a rather cold Loch Eil, including the staff who had not previously had that experience. The height element of the Trapeze and Jacob's Ladder was a challenge for many and getting a real soaking when rafting or canoeing on the loch was a lot of fun. The team leaders at Loch Eil are all very experienced and tailored the focus of the activities for the young people they were working with.

Pupils completed an evaluation at the centre which was very positive. The comments will be put in a report format with photos and sent to our bursary sponsors, NEXEN. This is the fifth year that they have helped us to make this experience possible for the pupils of Northfield Academy. The young people will get the opportunity to revisit some of the learning they

experienced during their time at Loch Eil and be encouraged to apply it to their day-to-day engagement in school.

This year we also had a week long course involving some of our S3 pupils who were following a programme developing leadership skills. During this course the pupils also went on an overnight expedition and camped at the side of a hillside loch.

One pupil commented:

"The best bit about the course was that we all had fun as a squad! We would recommend the experience to anyone given the opportunity."

This was another successful week thanks to the positive attitude of the young people and the staff who accompanied the 3 courses.

We are already making plans for next year.

Northfield Academy Youth Room

Between September and December 2014, Northfield Academy and partners invested in developing the Youth Room in the school for use as a safe and structured environment for pupils to use at lunchtimes and as an informal learning space. Activities that are available are darts, pool, table football and air hockey.

After a short speech from Mr Hendry, the room was officially opened on Monday 15th December 2014 by Mr Charlie Penman, Aberdeen City Council's Head of Education Services.

Mr Penman rose to the challenge of taking on Mr Hendry in the inaugural game of pool in the room and demonstrated his misspent youth with a hard fought victory. Although saddened by the defeat of their Head Teacher, the students that were watching applauded Mr Penman's win. Mr Penman was awarded a small trophy for grinding out his win.

The Youth Room is open five lunchtimes per week and is staffed by a team of Youth Work and school staff and ably supported by members of the Prefect Team. There are volunteering opportunities available to senior students from which they can gain skills in working with people and these contribute to their achievement of a Saltire Award for volunteering. If this sounds like an experience you would be interested in please talk to Colin Lemmon from the Youth Work Team.

John's Creative Section

(goingtheretobehereasifwearealready
theretobehere@geewhizmail.comallyefaitful
tobeingmorefullydevelopedindeveloping?)

**IN MY WORLD WHERE YOU CAN SAY ALMOST
ANYTHING YOU CAN IF YOU CAN ONLY SAY IT TO ME?**

The way you most surely might illicit a kind of you acceptable response over time as you've needed the time to take the time to respond as I've responded to God being within, and without me to be best appreciated as the poet I am in, and out of all of us who would be desperate to get out where we'd all be there as we would be appreciating being appreciated as we appreciate it as no other in step out of step every step of the way to explaining further than it can be explained beyond it's already having begun to explain itself at the end of its tether so it's no longer shackled by the unexplainable to explain more honestly what I don't know of what you explain in the best way you were taught to explain by someone else who hardly had a clue as to who you were if you're no longer recognisable as you the child bearing gifts of comfort, and joy once you've learned to understand it's only you who can understand you now that I understand me more than you understand you when you can't even understand a simple man like me being complicated by all your matters of anti-matter as much as you can understand what God isn't when you assume you are as I am where you do, and don't explain your feelings for, or against God being further away than closer to you when you hide behind words that are so easy, and yet hard to define exactly when you don't make any sense of them being nonsense to those who aren't really all that interested in having all the time in, or out of this world to live forever learning what interests them more than life itself being no more than death warmed over to be dead on target to have us all live again where we've learned more than remaining dead set on developing what develops against what we'd have developed as highly evocative species painted, or printed in on a backdrop of signposting black, and white lettering? To more noticeably let her in where she's not?

Why not help me out here with some support, or encouraging words where you can reach me as I reach out@ andnowhereameye@gmx.com
(I need your input, or output)



Get ready for the 2015 Library Summer Reading Challenge!

The Tesco Bank Summer Reading Challenge Scotland takes place again this year with the exciting new theme of Record Breakers.

The Challenge encourages children to read up to six books over the summer holidays.

The Challenge is aimed at children aged 4 to 12, however children under 4 can take part in Bookbug's Library Challenge.

Summer Reading Challenge Record Breakers Event

Mastrick Library

Friday, 31 July 2:30-3:15pm

Northfield Library

Wednesday, 29th July 2:30-3:15pm

Contact details

Mastrick Library - 01224 788558 or
MastrickLibrary@aberdeencity.gov.uk

Northfield Library - 01224 695104 or
NorthfieldLibrary@aberdeencity.gov.uk

Or visit Aberdeen City Libraries' website
www.aberdeencity.gov.uk/Library



The most beautiful sound I ever heard was
my doorway. "Any of you guys wanna come
my bed, absolutely shattered from the

A twinkle returns to Andrew Cheyne's eye as he tells us his story, transforming him from a 95 year old veteran to the innocent 19 and a half year old teenager who was called to join the war effort in 1939.

A shout from the rooftops signalled to Andrew and hundreds of others that life as he knew it was over.

"I was excited," he laughs, "I wanted to go, I didn't feel anything against it."

He becomes solemn as he adds: *"I never realised what was in front of me."*

Andrew explains to his crowd of attentive listeners how from that point it was all go. Their drills and training were completed and the boys were loaded on to a ship from Southampton to somewhere in France.

"You didn't get told these things as an ordinary soldier."

He goes on to tell us about the group's first introduction to war was after we had arrived in France. The boys slept in the Harbour buildings, up in the loft. They were told to just lie down and sleep where they were, on the cold, stone floor.

His job started as communications and *"nae fighting."*

Laughter escapes from Andrew's lips, harking back to the time of a much younger man.

"I was once in a school, talking to a young laddie about the war and he says, 'How many people did you kill?' When I told him I didn't shoot anybody he yelled 'but I thought you were in the army?!'"

"I had to explain to a bunch of youngsters about Morse code, and you try explaining that when they don't know anything about it!"

Andrew taps his nimble fingers on the desk in front of him, as if sending out a message.

"You know, my wife and I used to tap messages to

each other on the dinner table."

A smile lingers on his lips.

"Anyway, back to the war... We had no trouble for quite some time but then the Germans started trying us out."

The eyes in the room widen as Andrew continues to tell his tales from the Second World War.

"There was one time I saw all these funny hats and lots of people moving about, I've nae got my helmet on and I didn't realise they were Germans."

"I ran back to the boss who said, 'Stay where you are, laddie, our fellows are going out' and I could hear them, the fire... machine and rifle fire and during it, I got out and what do I do? I forgot the blooming password."

Andrew laughs at this and you can see the memories dancing in his eyes.

"I forgot the blooming password. I just thought what am I going to do, just lie here in the shoot? I mean this could be fatal. It's funny once the panic gets a hold of you, and I just thought 'monkey' and I yelled 'monkey, monkey, monkey' and I got through."

The group are amazed by this story and the way Andrew recalls it, taking such a dangerous memory and laughing and joking as he recalls it.

The troops moved from the Maginot Line through France to Belgium and that's where Andrew realised what they were up against.

"We fought them back, constantly for a week. We were fighting troops who were older than us and better equipped. We had a rifle each with five rounds in it and they had Sten guns and forced themselves through the machine fire."

"We were no longer signalling. From here on in we were pure fighting soldiers."

as an American voice travelling through
e home?" he asked cheerfully as I lay on
exertion of the last six years of my life.

Silence descends as the group contemplate the magnitude of the story Andrew has just told us.

"A captain grabbed me and some of the other boys and said, 'follow me.' We eventually came to a tower where a sniper was picking off our boys one after another.

"The next thing I heard was 'awheeee!' and there was shrapnel in my ankle."

He explains to the group that he didn't really hear the explosion or the crack of the gun, it just happened.

"We ended up down on the beach, about 600 of us. I lay there for quite a while and just listened.

I thought the next one is going to be me.

The next thing I knew something hit me in the back. I thought oh no, that was it but it was a bike that hit me. It had been blown up and landed on me."

There were several desperate attempts to escape the enemy fire, which eventually left Andrew with dislocated hips and bullet wounds passed out underneath the cliff face.

"I didn't know how long I lay there but there was quietness when I woke up. I saw two figures in khaki and four in grey approach me.

"That's when I knew I was a prisoner of war."

Lowering his eyes at this point, Andrew describes the sadness he felt, feeling like it was all over.

"The first man who spoke was from Dundee, of all places. He asked how long I'd been there and I replied 'I've nae idea, I canna tell you.'"

They eventually worked out Andrew had lain there from Tuesday night until Sunday.

"The second thing he asked me was if I'd had anything to eat. You say some queer things in war."

During his time as a prisoner of war Andrew told us about the jobs he had, from the slaughterhouse which he hated, to driving an engine in a stone quarry.

"My parents found out I was a prisoner of war through a very kind German lad. He sent a letter to them for me. My dad told me later that in the August of 1940, when they finally heard from me he ran up the street with that piece of paper.

"That German boy though, he never came back. He must have been shot down."

To be continued in the next issue...



Messy Church

Messy Church is a chance for children and families to have fun in playing, worshipping and sharing a meal together. Messy Church then is on holiday in July, re-starting on Thursday 27 August. The group meets on the last Thursday of every month between 5 and 7pm at Mastrick Parish Church. Please come along, and do encourage others to join you!



**MARKING
60 YEARS
OF WORSHIP
& SERVICE IN
MASTRICK**

Sunday 24th May was a very special Sunday in Mastrick Parish Church, with double birthday celebrations – to mark the birth of the universal Church and Pentecost Sunday, as well as the 60th anniversary of worship in Mastrick Parish Church and service in the local community.

We were joined in worship and afterwards for a buffet lunch, by many members of the congregation present and past, as well as by representatives of organisations which are associated with the church including the James Tyrrell Centre, Home Start, Instant Neighbour, Northfield Academy and Kingsford School, Brownies, Guides and the Rosehill Centre

Elizabeth welcomed everyone to worship and spoke of the significance of Pentecost Sunday, of how God's gift of the Holy

Spirit was brought to earth, and its unifying influence saw the start of the church's mission to the world. She linked that to the work and service of all the people whose time and talents have contributed to Mastrick Parish Church over the past 6 decades.

During the service Bill Russell was presented with a long-service certificate recognising his 30 years as an elder and all that he has given in those years.

The Kirk Session had decided to make donations to two local organisations from the funds raised to mark our 60th anniversary and cheques were presented to Moira Watson, team leader at Rosehill Day Centre to support their work with adults with learning disabilities, and to Audrey Lawrence, Chair of the James Tyrrell Management Committee as a

contribution to their fund raising for a new mini bus.

The church was decorated with birthday balloons and banners and a display of photographs and memorabilia from the past 60 years was a great attraction as people spotted familiar faces, and checked to see if they were featured in them!

And of course there was birthday cake with candles which were lit as the congregation sang "Happy Birthday" - Oliver was delighted to be asked to blow out the candles!

Many of those present said how much they had enjoyed the service, and sharing fellowship over lunch, and it was great to welcome so many people to share in the celebrations!

Photos by Graeme Youngson





"Above Balmoral Walk" by Raymond

Mastrick Walking Groups

This time around I thought I would ask the walkers to write about their favourite walks for the Mastrick Matters magazine.

Irene: The Wanderers had a lovely day, starting along past the golf course at Aboyne, then round the loch for a bit. We went up the hill where we had our lunch at the ruins of Bonnysidy Farm – there were great views all around. We headed down the hill then made our way to Belwade Rescue Centre for horses. There we had a welcome seat and a coffee. We were lucky to see the Kelpies Maquettes which are a scaled down version of the horse sculptures in Falkirk. Then there was a walk through the woods and back to the bus. It was a great day!

Christine: My favourite walk is around Loch Kinord. We start at Dinnet and walk through the woods to a small loch which has a small platform which extends into the loch. The swans and ducks usually come over to us.

We usually do this walk in June when the water lilies are at their best.

We go round Loch Kinord which had crannogs built on the small islands a long time ago.

A visit to the Burn O' Vat to see the gorge which is over 10,000 years old was next. Then back the other side of the loch to the bus. A perfect, peaceful walk.

Sarah: The walk from Gourdon to Johnshaven is my favourite. We walk along the old railway line with fields and hills on one side and the sea on the other. There is a lot of wild life with deer on the hills, and buzzards and kestrels soaring above us. When the sun sparkles on the sea the colour of the sea keeps changing. We pass some lovely old fishing cottages. Lunch is on seats at the sea front at Johnshaven. We return back the same way. The group usually buys fish from the fish house in Gourdon.

Helen: Above Balmoral is my favourite. This walk starts at Crathies Kirk. We saw John Brown's gravestone, then walked over a suspension bridge with beautiful views of the River Dee. We then went past the Royal Lochnagar Distillery, before going up a track looking over the hills which were covered in heather. At the top of the hill we looked over the back of Lochnagar. The views all around were beautiful. In one direction was the Cairngorm Mountains, and down in the valley we could see Balmoral Castle. We then went into Glen Girnock, to the old farm where we had our picnic. The sun was shining which was a change from the last time when we had snow.

Raymond: I enjoy all the walks that we do whether it's forest, beach, hills or glens. If you want to see these places, why not join a group? Get in touch with **Raymond** on 01224 783627 or email helenandraymond@hotmail.co.uk



Do You Want to **STOP** Smoking?

Support to help you **STOP** smoking is available at Mastrick Clinic Every Friday 12pm–1pm

Your local **STOP** smoking advisor Stuart Robbie will be there to support you. Sessions are free and confidential. We offer group, one to one or telephone support. You are 4 times more likely to quit with the right product and support.

For more information contact the Smoking Advice Service on **freephone 0500 600 332** or contact

Stuart Robbie, NHS Grampian, Smoking Cessation Advisor - stuart.robbie@nhs.net Mob: 07826 859 022

We can help! However you won't know until you give it a try – Go on, you can do it!



St Clement's - friends together

The church on Mastrick Drive is a familiar landmark in the area with its large metal cross, illuminated at night, on the east wall facing the community at large. It represents the good news of welcome and love for all people that Jesus expressed in his sacrificial death on a cross of wood used by the Romans for criminal executions. As a Scottish Episcopal Church, St Clement's stands firm for that good news and by it declares God's all-forgiving love which can set us free from the things that too often mess up our lives. Our message is for all who care to listen in today's sceptical world.

People are sceptical of the churches for a variety of reasons, many entirely justified and for which we need to be deeply sorry. These reasons may be historical (much in the churches' past is thoroughly shameful) as well as contemporary. One common criticism is that the churches are divided among themselves and can't seem to get on well with each other, despite all professing the same Christian Faith. This too is shameful and I feel the shame of our disunity constantly. Faults are on all sides and have largely to do with sheer human pride and institutional abuse of power.

Here in Mastrick, we are trying to demonstrate that there is a desire for churches to love and respect each other more, and even to co-operate.

At St Clement's, as with some other local churches, we have been pleased to host a number of the city's many immigrant workers - including a significant group from South India. They all contribute essential services to our community, and we value them as people who have come to make their home here for the time being.

Twice every month, St Clement's Episcopal Church becomes the place of worship for a large congregation of Christians who are almost entirely from Kerala in South India. They are lovely people, genuine and loving in spirit, joyful in their faith, and highly colourful in their typical Indian dress, especially the women and young girls in beautiful saris.

They belong to the Syrian Orthodox Church. It has a long history going back to the early centuries of the Christian era.

Orthodox Christian Faith is not well known in the Protestant West, but is the largest branch of Christianity in many parts of the East. It is perhaps best known in its Greek and Russian forms, but exists also in Oriental form, the Syrian Orthodox Church being one such.

The Feast of St George, who is the patron saint of our local Syrian Orthodox congregation, was observed recently and our Indian friends formed a procession of witness to the life and memory of the saints and martyrs. The golden cross carried at the head of the procession represents the Kingship of Jesus. Altogether it provided a grand spectacle to local residents who greatly enjoyed the sound of bells, drums, and other musical instruments as well as the pageantry of the highly coloured and exotic costumes and robes of priests and people. I was honoured to be invited to join the procession as it followed its route along Mastrick Drive on a beautiful sunny Sunday afternoon.

Last year St Clement's Episcopal Church invited the Syrian Orthodox folk to share a Harvest Lunch in our Church Hall. In May this year, the compliment was returned and, following their St George's Day worship and procession, we all enjoyed an Indian meal together, prepared and presented by our Orthodox friends.

Fr. Dr. Biji Chirathilattu regularly leads the local Syrian Orthodox worship as their Priest, and has become a familiar and loved figure here. We value his friendship and co-operation greatly.

Ken Gordon, Priest-in-Charge
Phone 07715 169548

Stay and Play

The Stay & Play sessions at Mastrick Community Centre moved from a Tuesday morning to a Friday morning after the Easter holidays and this has gone really well. Most people are still able to come and there have been some new families joining us too!

The children, and adults, attending the group have had great fun playing with bird seed, jelly, painting and printing to name just a few of the messy activities we have done. We are always eager to hear new ideas and suggestions of activities that we can do with our families!

Hannah from Aberdeen Play Forum has joined us during the sessions this term but unfortunately we are not sure if she can come back as she is needed at the Play Forum. Thanks Hannah for all your help so far and we hope to see you again if you can manage, and thanks to Aberdeen Play Forum for sharing Hannah's and Mathew's time with us.

We have put information from the Play Forum's summer play activities on our face book page and have some paper copies too so just ask Susan if you would like more info on that.

Sessions at Mastrick will continue for the first four weeks of the summer holidays, and it would be great to see you there if you can come along. Sessions run from 9-45am to 11-15am and we are hoping to do some bubble painting, puppet making and pebble and shell decorating.



Contact **Susan** on **0778545548**, **susan.emery@earlyyearsscotland.org** or check out our face book page at **www.facebook.com/aberdeenstayandplay** for more information.



Food poverty on the rise - charities step up

It seems that more and more people are turning to food banks in Aberdeen. Staff and volunteers at Community Food Initiatives North East (CFINE) have identified a spike in the use of their food bank based at 2 Poynerook Road, and this seems to be part of a wider story of food poverty in the city.

CFINE leads The Food Bank Partnership Aberdeen, which aims to coordinate support by bringing together organisations across the city who are involved in food bank provision and tackling poverty. This involves distributing emergency food parcels to those in need, and perhaps more crucially, providing in-house money and employability advice to get folk out "the bit".

At the recent Feeding Aberdeen seminar, delegates heard from CFINE volunteer Raymond. As he described his situation; being made redundant and ultimately ending up homeless, those in the room were left in no doubt of the bleakness many in our community face on a daily basis. His story was both heart-breaking and uplifting. Raymond now feels like a valued member of the CFINE team as a data input assistant.

One of the really positive roles CFINE plays is running Community Food Outlets (CFOs) across the city, selling fruit and veg at low prices to promote health and wellbeing in the community. See below for details about when and where you can access a CFO in your area.

Community Food Outlets (CFOs)

Location	Day/Time
Sheddocksley Community Centre	Tuesday 9.30am-11am
Mastrick Community Centre	Wednesday 9.45am-12.30pm
Northfield Community Centre	Wednesday 10.30am-12pm

Our dedicated team of volunteers does a great job, and we are always on the lookout for folk who might be interested in helping out too.



If you would like more information the work that CFINE does, or to get involved with CFINE please contact **Diane** or **Christine** on **01224 596156**, or email **info@cfine.org**

shmuTRAIN

POSITIVE TRANSITIONS MORGAN KIDD

shmuTRAIN Positive Transitions programme target and engage young people (16 - 19) who exhibit an increased risk of not progressing on to further/higher education, training or employment after leaving school. The programme uses an innovative blend of community & digital media and direct employability support in order to support participants into employment, education or training.

Morgan, who stays in Mastrick, joined PT 21 in January 2015. She was referred by her teachers from Hazlehead Academy and had heard about the course from a friend who had completed the course and gained an apprenticeship at a nursery.

Morgan admitted herself that she lacked self-confidence and self-esteem and felt the course could help her with this.

Morgan was motivated to apply for college and apply for jobs; her attendance on the course was excellent despite having to get two buses in and two buses out every session as she travelled in from Mastrick.

Working alongside the 7 other young people on the course, Morgan developed new skills within

media through radio, film and music sessions by completing work such as scripting, producing and presenting a live show and researching, filming and editing a film. The short film was to be on the topic of bullying produced and film called Bullied2. When asked what she enjoyed most about making the film Morgan said *"everything... it was good."* She took the main part of playing a teacher and delivering a session.

Morgan received employability support to plan for what she wanted to do when she finished the course. She applied for and was successful in gaining her place on the photography course at college, which starts in August 2015, and is also actively looking for part time work. Her dream job and long term goal was to *"become a professional photographer"*.

Speaking about her time on the course and how she is now she said, *"I am a lot more focussed and confident, I am willing to try new things and I look to the future"*.

FACEBOOK

The Mastrick Matters magazine is now on Facebook. Keep up to date with what's happening by searching "Mastrick Matters" on Facebook.

We're always looking for more people to get involved in the magazine so hit that 'like' button!



Station House Media Unit (shmu) is situated just off Great Northern Road in the old Station House Community Centre, Woodside. We offer free access to, and training in video and radio production, and magazine and online publications to residents of all ages living in Seaton, Woodside, Middlefield, Tillydrone, Torry, Northfield and Cummings Park.

Mastrick Community Policing Team

Be a good neighbour

The summer is here and it's time to bask in whatever good weather we get. It's time for family gatherings, barbeques and fun times. With this comes some responsibility and I urge you and yours to be good neighbours.



Children having fun in the play park or street is one thing as you know where they are. However, please keep tabs on your young people so you know what they are up to. Not everybody has the patience for kids larking around and some residents can feel intimidated by large numbers. Some parental guidance before they go out should do the trick.

Noisy and outdoor parties can also be a problem as noise travels. Please be mindful of noise and music being too noisy in the late evening and if in doubt take it indoors, or invite your neighbours.

Please do not forget the security of your property; it is still important to secure your home and car, even if you are in your garden but out of sight.

Mastrick is a good place to live and there is a good community spirit. Look out for each other and if you see anything suspicious report it to us. That way we can check it out.

We are always on the look out to rid our streets of illegal drug use - so if you have any information at all, please 'ditch that dealer'.

Many thanks for your support.

To get in touch with the team you can phone 101 in a non-emergency or email HiltonStockethillCPT@scotland.pnn.police.uk In an emergency always call 999.

Jackie Craig
Inspector

Summerhill Housing

A total of 107 homes and 108 flats including affording housing were given the go-ahead by Aberdeen City Council's Planning Development Management Committee

Planning Development Management Committee convener Councillor Ramsay Milne welcomed the new developments which are a mixture of houses and flats spread across the city.

A total of 26 affordable flats for Dandara Ltd/Langstane Housing Association at 80 Summerhill Road in Aberdeen got the go-ahead.

Planners had recommended approval, subject to conditions including a legal agreement is secured to ensure the development is restricted to solely affordable housing, along with developer obligations for primary and secondary education, the Core Path Network and the Strategic Transport Fund.

The Langstane Housing Association site includes a warehouse which was previously used by Somebody Cares and covers an area of 1,225sq m, and has Aberdeen Indoor Bowling Club to the north of the site.

Councillor Milne said: *"There is a shortage of accommodation – particularly affordable accommodation – in the city so these developments will make a significant difference in this sector of the market."*

"The City Council has comprehensive plans in place to address these shortages, including in the rental sector, and I am delighted these developments will help fill the gaps."



Summerhill Academy site
Photo: Norman Adam, Aberdeen City Council

COMMUNITY CONTACTS

Alcohol

Alcoholics Anonymous **0845 769 7555**
Drinkline **0800 917 8282**

Benefits

Benefits Agency Advice Line **0800 587 9135**

Crime

Crimestoppers **0800 555 111**

Drugs

FRANK – National Helpline **0800 776 600**

Dentist

Emergency - G-Dens **01224 558 140**

Doctors

NHS 24 Emergency **08454 242 424**

Electricity

If you have a Power-Cut **0800 300 999**

Family Planning

Square 13, Support & Advice **01224 642 711**

Citizens Advice

01224 586255

Gas

Gas Emergency **0800 111 999**

Gas Emergency with a Meter **0845 606 6766**

Housing

Emergency Repairs **01224 480 281**

Call Centre Emergency **0845 608 0929**

Police

Non-Emergency **101**

Samaritans

Need to talk **01224 574 488**

0808 808 3000

Dementia Helpline

Social Work

Social Work Duty Team **01224 765 220**

Emergency Out-Of-Hours **01224 693 936**

Young Carers

Support & Information Service **01224 625 009**

Water

Scottish Water Emergency **0845 600 8855**

Include 01224 Dialling Code When Calling from a Landline.

From 1 October 2014, people in Aberdeen have needed to include the area code whenever they dial a local number from a landline – in the same way people do when calling from mobile phones.