

mastrick Matters

Winter 2017

In this issue:

THE VERY BEST
OF NORTHFIELD
MASTRICK LIBRARY
DISSC

www.shmu.org.uk/press

contents

Saving for Christmas	3
Green Light Project	4
Mastrick Parish Church	5
Very Best of Northfield	6
Mastrick Library	8
Police Update	10
Write to Reply	11
St Clements	12
Playscheme	13
shmu	14
Walking Group	15

editorial

Welcome to your winter edition of the Mastrick Matters community magazine!

If you would like to get involved and join the editorial team or if you have ideas for the community publication, you can easily get in touch with us. The staff at shmu are able to support and train anyone living in the area who are interested in developing their ideas and skills in either writing, photography or proof reading. So please don't be shy, this is your magazine written, edited and designed by the good folk of Mastrick. If you live in the Mastrick area and would like to come along to the editorial meetings or submit an article then get in touch with Laura at shmu on **01224 515013** or you can email her on **laura.young@shmu.org.uk**.

You can also get in touch with us via our new Facebook page - look up 'Mastrick Matters' and hit that 'like' button, and you can view this magazine alongside previous editions on the shmu website: **www.shmu.org.uk** then click the 'PRESS' option

The Mastrick Matters editorial team would like to remind our readers that we are a fully funded magazine and would advise that no donations are needed.

Mastrick Dates:

First meeting: 23rd January

Second meeting: 6th February

Content deadline: 20th February

**All meetings take place at 10:30am at
Mastrick Community Centre.**

happy reading.



Supported by





Grampian Credit Union

Saving for Christmas

Autumn already, and Christmas is just three months away.

Would you like your Christmas to be a special one without having to worry about the cost, or where will you find the cash?

Do you want to have money to cover the cost of Christmas spending, without having to pay it off on an expensive loan in the New Year?

Opening a credit union savings account can help you spread the cost across the months, helping you budget for the festive period ahead.

Christmas savings accounts are also available to Credit Union

members, who can save regularly and access their money in November and December each year.

- Save from as little as £3 a week or £12 each month or more.
- Easy to join at any time of year, and take your Christmas savings out in November and December.

Set your money saving goals to start saving now and continue in future. You will be pleased how quickly your savings mount up without effort.

Building up a savings pot will take some of the strain of meeting the cost of emergencies, treats or big expenses like summer holidays

and Christmas, and can avoid you having to go to payday lenders.

Call us on 01224 576990, or go to www.grampiancreditunion.co.uk to find out how easy it is to open a savings account with Grampian Credit Union.

Regular saving with Grampian Credit Union could help you get a loan in future. Loans are subject to status and affordability.

Grampian Credit Union is authorised by the Prudential Regulation Authority and Regulated by the Financial Conduct Authority and the Prudential Regulation Authority.

Sustainable Food City Partnership Aberdeen Launch Event

The Sustainable Food City Partnership Aberdeen (SFCPA) launched on Friday 1st September at an event which gathered various people across Aberdeen to discuss how to progress this approach going forward.

The partnership is chaired by Cllr Lesley Dunbar, who spoke at the event on both the successes of the partnership thus far, and the critical need for such a partnership in Aberdeen.

During the launch, partners were invited to sign their names to a Sustainable Food Charter, indicating actions that individuals and organisations could take to show their commitment to driving forward the Sustainable Food agenda in Aberdeen. This Food Charter will be available online, and the SFCPA plan to gain city-wide support via this pledge.

The group's first campaign is Sugar Smart Aberdeen. The campaign will recruit a wide variety of businesses and organisations, including local schools to make sugar smart pledges and support Aberdonians to lead healthier lives.

For more information on SFCPA or Sugar Smart contact Laura Penny on sfcpa@cfine.org or 01224 596156



Alcohol and Drugs Action - The Green Light Project

The Green Light Project is a service run by Alcohol and Drugs Action and is funded by Comic Relief. The service is for anyone up to the age of 25 who is deemed to be at risk of child sexual exploitation in the real world or online. Child sexual exploitation occurs when there is an imbalance of power within a relationship and the young person receives something in exchange for the abuse such as money or gifts. In turn, the offender will receive more than just sexual gratification from the abuse – they may also gain a heightened sense of status, power or monetary gain.

The project provides 1:1 support, group work and awareness training events across city and shire and has been running for over 8 months now. The GLP worker, Hannah Bennett, is new to Aberdeen and so has spent the past few months getting to know Aberdeen as a city, and getting to know the other agencies she will be working closely with (for example, the local Police and Barnardo's) to enable her to proactively provide this service to schools, community centres and

agencies working closely with young people.

The main work Hannah completes with the Green Light Project focuses on the risks of social media and how to stay safe online. She recently completed a 2 day market stall at Ellon Academy, raising awareness of the risks of apps like Snapchat and Instagram amongst Ellon Academy pupils and parents. She was also recently involved in a Facebook Live Chat Event with the North East Police service, talking to members of the public about how to keep children safe online.

Hannah works with a number of young people 1 to 1, and provides support and advice on issues surrounding sexual exploitation such as 'sexting', sexual health, romantic relationships and consent.

If you should wish to get in touch with Hannah to provide an awareness talk to your team, or wish for her to provide support to a young person you are concerned about, please email her on: hbennett@alcoholanddrugsaction.org.uk



Mastrick

Parish Church

Let me introduce myself. My name is Susan Sutherland and I am the new minister of Mastrick Parish Church of Scotland in Greenfern Road.

I came in June and am getting to know the area and the people. Folk have stopped me at the shops and asked "Are you the new minister?" I have found everyone to be warm and friendly.

Before the summer holidays I was welcomed at Kingsford Primary, Northfield Academy and the community centre at Mastrick. I have met folk at our 'pop up café'

for parents/carers and pre-school children and at our Messy Church which runs during the holidays. You can find out more about Mastrick Church on our website or follow us on Facebook.

I look forward to meeting and working with other organisations and groups in our community along with Teresa, our parish assistant. Please remember that the church is there for you and I am available to conduct weddings and funerals.

If you see me around the parish, please stop me and say 'hello'.

Jazzercise at Mastrick Parish Church

There is a jazzercise class in Mastrick Parish Church on a Thursday evening. The class runs from 6:15pm and is suitable for people of all fitness abilities as there are always low impact options.

You can contact Judy, who takes the class on 0775721668, email jazzercisejudy@gmail.com or Facebook Jazzercise Aberdeen City.

Quote: "Fun class with good music. Great all over body workout and a good way to unwind/switch off from your day. Really enjoy Judy's classes - miss it when I can't go."





THE VERY BEST OF NORTHFIELD

Several people from the greater Northfield area were celebrated at an event in June this year.

The Very Best of Northfield Awards were held in the Aberdeen Asset Management Suite at Pittodrie on Sunday the 25th of June to honour 24 inspiring people from the Northfield community. Over 100 people attended to help celebrate their achievements.

The event came about as a culmination of two community programmes delivered by Northfield Total Place – Northfield Champions and Northfield Local Heroes. Northfield Total Place was established to raise educational attainment, promote positive attachment and parenting, improve aspiration and achievement and improve health and wellbeing in the greater Northfield area. Northfield Total Place covers Northfield, Middlefield, Cummings Park, Mastrick and Heathryfold.

The Northfield Champion scheme was set up to showcase some of the success stories from the area, this involved Aberdeen City Council staff looking for folk who

had been educated in Northfield who had moved on to higher education, employment or training. They then had their picture taken and their images were put together as part of an aspirational poster campaign and distributed the neighbourhood.

Feedback from this scheme was mostly positive but a lot of local people thought it was also important to celebrate the people who were living in the community and working or volunteering to provide opportunities for people in the area. Thus, Local Heroes was born. Local people had to nominate those who either lived, worked or volunteered in the community and made a significant difference to the area by doing so. The nominees were then contacted and had their pictures taken and their stories shared on social media.

There were 17 Local Heroes recognised for the 2016/17 run and now the Northfield Communities Team are looking for more nominations.

Do you want to nominate someone who you think goes above and beyond for their community? It's really easy! You'll be able to find a form by visiting the Northfield Total Place Facebook page or by contacting Fran or Caroline on 01224 812073.

2016/2017 Northfield Local Heroes

Eilidh Mitchell

Miss Mitchell works in Bramble Brae School and always goes that extra mile for the kids there. She

stays back every night I always wonder if she has a social life. She is never far if a parent has a concern and the best thing is she always has a smile on her face.

Pam Farmery

For serving her community both in her place of work and for all her fundraising efforts and for all she does for Heathryburn school!

Jody Kinnaird

She is Chairperson of the Manor Park Parent Council, Middlefield Community Project committee member and started her own parent & toddler group. Jody is an extremely well known young women!

Leanne Watt

My sister is one of my heroes; she helps me a few hours every day taking care of my 2-year-old son while I go to work and asks for nothing in return. If it wasn't for her I would still be working at a job in the evenings that I didn't enjoy.

Fiona and Ali Rait

Fiona and her hubby Ali own and run our local baker and support many of the community projects in the area by sharing the bag tax with a different group every month. Fiona and her hubby also get involved where they can and I think it is now time they got recognised.

Ally Reid

Ally volunteered at Northfield Outdoor Centre for many years. He always went over and beyond his duties by improving the appearance of the centre -making his own flower tubs etc. - As well as being the life and soul of the centre greeting everyone as they arrive.

Archie Weir

Archie was chairperson within the community flat and started the men's group for over 3 years. Archie is on a rota for Middlefield church and helps where he can.

Hayley MacMillan

Hayley is a massively energetic young woman who regularly commits herself to supporting and developing others. Through her volunteering at Northfield Academy as Head Girl and as a Prefect Hayley impacts on the lives and experiences of a huge number of young people in the Northfield community.

Donna Sim

Primary 7s from Bramble Brae Primary nominated Donna Sim for helping them with the Silver City Surfers project and for being so helpful and kind to the community. She deserves to win this award and Bramble Brae School is so happy to have her as a part of the school project.

Jody Reid

Jody is a warm, caring person who always has a minute to spare or a listening ear. Jody also looks after her granddaughter Chloe who, due to cerebral palsy, is in a wheelchair full time. She attends various appointments with her, as well as holding down a full-time job as a support worker for St Machar parent group.

Jacqui Innes

Jacqui was nominated for all her hard work in Northfield Community Centre, delivering projects for children and adults. She does everything from answering the phones to holding lunches for the over 55s group to organising playscheme. She also presents a

weekly show on shmuFM to keep the community informed on what's happening in Cummings Park and Northfield.

Chris Dunhill

The Primary 7 class from Bramble Brae also nominated Chris for all the hard work she did for the school and the local community. We would like to thank her for getting us involved with the Silver City Surfers project; we love working with Chris and the elderly people we have met through the project. Chris works really hard to help the elderly people in our community and to make sure they have fun opportunities in their lives.

The pupils said they were lucky to have someone like Chris helping them and making their year so memorable.

Julie Gray

Julie was nominated on behalf of the staff, pupils and parents at Bramble Brae School. She is the face of Bramble Brae and was described as the most genuinely lovely, caring and warm person who always has time for everyone. She has no idea what a fantastic person she is and thinks that she does the same as any administrator in the city but we know that this is not the case. Bramble Brae wouldn't be the school that it is without Mrs Gray in the office.

Pat Lawrence

Pat is an inspirational woman. This lady is in her late 70s yet carries on as if she were so much younger. Pat has volunteered in many capacities to help raise the areas profile. She has been part of community walkabouts that help to raise local environmental issues. Pat has attended events that

benefit the community, meetings that talk about ways to improve the area and training that helps her to develop her skills in order that she may use these skills to benefit other people. Pat is one of the Cummings North's editorial member and also has a regular information slot within as Mrs Meadows. Pat does so much under the radar for her community and in my opinion, is the true meaning of a 'Community Champion' - selfless, thoughtful, innovative, friendly, humble and generous of her time. She does what she does for the benefit of the community.

Naveed Sarwar

Over the last 4 years Nisa has supported Bramble Brae and Northfield Academy as their charity partners which means that a percentage of profits taken from certain items in the shop are collected and then donated to the schools. We received £500 this year from them which allowed local projects to be pursued by our pupils.

Helen Graham

Helen has been working at Middlefield Community Project in her role as Project Coordinator for 17 years.

During this time she has developed all of the services that are available within the Middlefield Community Project. She works closely with the families and staff teams within the project to ensure they are supported well. Middlefield Community Project would not be what it is today if it was not for Helen and the hard work, dedication, support, passion and commitment she has shown.





Mastrick Library 60th Birthday Celebrations

Mastrick Library opened on 18 October 1957 and to celebrate this anniversary a range of activities will be taking place at the library.

Drop into the library between Monday 2 October and Tuesday 31 October to view displays on local history and the 1950s and enter the 1950s quiz.

On Wednesday 18 October at 2pm there will be an illustrated talk "Memories of Mastrick". The event will be an opportunity to take a trip

into the past and reminisce about Mastrick, the library service and life in 1950s Aberdeen.

A Creative Writing workshop with Michael Malone will take place on Saturday 21 October at 2.15pm. Michael is a poet, novelist and creative writing tutor, a founder member of Makar Press Poets and a previous winner of the Dorothy Dunbar Poetry Competition and the Pitlochry Prize for crime fiction. His latest book "House of Spines" will be published in September.

Join Sarah Geoghegan from Alzheimer's Scotland on Tuesday 24 October at 10.30am for "Dementia Awareness" an event to explore what dementia is, how people might be affected and some of the ways we can all make a difference in helping people.

All of the events are free but booking is essential. Contact Mastrick Library at Mastricklibrary@aberdeencity.gov.uk or call 01224 788558 to reserve a place.





Fact File

- The first section of Mastrick Library opened in 1957 and the second section opened in 1961
- Aberdeen's Library Committee built both Northfield and Mastrick Libraries as part of a plan to extend the provision of libraries into new housing areas
- Before Northfield had a library unit the area was served by a mobile library. People often queued to use the service and over 9000 books were borrowed so it was decided to build a library within the community. It was due to the success of the library in Northfield that they decided to build one in Mastrick!
- From humble beginnings Mastrick Library has grown and now boasts the 125 Treasures Collection. This is an interactive exhibition available on the touchscreens in Mastrick Library and was put together to celebrate the 125th anniversary of Aberdeen City Libraries.
- The library service has moved with the times and you can do a lot more there than borrow books – there's also free WiFi and PC access, a health information point and a toy library for the little ones!

Mark McDonald MSP NEWS

As many of you will now be aware, I relocated my constituency office earlier this year and am now based at Mastrick Shopping Centre. I am certainly enjoying being fully immersed within the Mastrick community and want to make my office as welcoming and open as possible to all my constituents.

Therefore, I recently signed up for my office to become breastfeeding friendly and I am pleased to announce that it is now officially registered for the NHS Grampian Breastfeeding Welcome Scheme. The pilot project is being rolled out across the city, with the aim of raising the profile of breastfeeding and the Breastfeeding etc. (Scotland) Act and I am proud to add to the growing list of breastfeeding friendly premises.

Unfortunately, new mothers may sometimes feel stigmatised when breastfeeding in public, even though there is absolutely no need for them to feel that way. The Breastfeeding Act protects a mothers' right to breastfeed their child in public, and I would hope that registering for the scheme strengthens that message.

I am delighted that my constituency office has now signed up to the scheme, and hope this will help in our bid to tackle stigma and raise awareness of the Breastfeeding Act and its impact.

For more information on the NHS Breastfeeding Welcome scheme visit: www.nhsgrampian.org/bfws

**Mark McDonald MSP,
Aberdeen Donside
Constituency**



Mastrick Policing Team Update

During the summer months Aberdeen tends to experience a high level of annoyance from those who use motorbikes illegally. Not only is this antisocial behaviour dangerous for the rider, it also poses a risk to the local community.

To tackle this problem a small team of Aberdeen Community Policing Team staff, supported by Aberdeen Community Safety Partnership, undertook Operation Trinity from May until August 2017.

During the summer months, the team removed 49 vehicles from circulation which would have been used to drive illegally throughout the city. In tackling the offenders linked to these vehicles, 33 people were charged with offences.

The team worked closely this year with Police Scotland Youth Volunteers who enthusiastically carried out leaflet drops in affected residential areas, seeking information regarding who was responsible in the local community for such antisocial

activity.

The team also worked with Aberdeen Motorbike Project (AMPED) and sought to refer young riders to this diversionary project where they would learn responsible biking.

As a result of the operation there has been a year on reduction in motorbike antisocial behaviour calls to the Police across the city by 66%.

To those involved in Operation Trinity this year I wish to pass on my sincere thanks and to the local communities affected I trust they will see that we are continuing to tackle this issue and reduce its impact across the city.

My final word goes to the Police Scotland Youth Volunteers who displayed that with a little enthusiasm, motivation and some guidance young people can achieve great things to assist their local communities. Find out more about Police Scotland Youth Volunteers: www.scotland.police.uk/recruitment/police-scotland-youth-volunteers

Write to reply

Substantially as more of a substanciator

Inducing as I've been induced to further realise the realisation of both you and me as would be drugwisely up to our I bawls now and again narcotically narking as any good nark might remark ably suggesting beyond the individual deciding who decides most decidedly what's actually normal nominally in and out of a world that's rife with rifling through us who'd be ripe for the picking on each other as mostly individualistic individuals who choose to define our normality through such abnormal practises as abnormalities anomaly defining ourselves as themselves most definitively deafening us with lack of sound advice before during and after we've maybe decided with such an obsession with death we'd be better off dead with the living proof hardly

having been proved as approved by all and sundry drug abused through using and being used as a substance we use to treat and prevent where and when preventable whether or not diagnosed terminally or forever as a strictly not used to the best of our abilities diseased planet avoiding planning ahead any further than we've gone on with our diseases seen as any true impairment could be catching on as we struggle to understand the meaning to confirm what's normal about psychotic writing with a real difference to differentiate between the two aspects of what I write and you'd read into what I'm actually saying under the most indefinable influences of being influenced by and of God I might add?

**Status having gone
furthermore would we
think of everything or
just nothing doing as
goes and won't much
farther through life's
Brian complex not
having been as such
the life and soul of a
Jesus Christ Superstar**



DISSC Wins over Dundee

DISSC attended the annual Dundee Discovery Games in the first weekend of September. We had a squad of 10 bowlers and they were Bryan McKenzie, Catherine Morrison, Kerry Cheyne, Holly Urquhart, Bob Rosie, Grace McKenzie, Ian Cheyne, Arlene Deans, George Ingram, Caroline Ingram and 1 boccia player Sheila Hendry. On the Sunday we had a squad of six table tennis players attending the games, they are Alex Rae, Kara Rae, Lisa Hendry, Evie Johnston, John Clark and Andy Drummond. Kara Rae and John Clark came home with gold medals and Alex Rae, Andy Drummond and Evie Johnston came home with silver medals.

The bowlers who came home with medals were Grace McKenzie - silver medal and Bryan McKenzie - gold medal.

Well done to everyone who took part!

Looking Forward... It Involves You

Well, here we are, autumn has arrived, and it is a year since I moved to Mastrick to commence ministry at St Clement's Scottish Episcopal Church in Mastrick Drive.

My first few months were spent getting to know the congregation and the neighbourhood in Mastrick I am living in, and trying to find my way around Aberdeen city. The New Year heralded an opportunity to look forward as a congregation, to understand better what God's mission is for the congregation of St Clement's.

We decided to run a summer lunch club, and make use of the facilities our church has, for the benefit of our local community. I have also helped run a Bible Club at Muirfield Primary School, which has been great fun. Chatting to P1 – P3 children who voluntarily attend the club is so rewarding, their questions are very direct and I do my best to answer each one as best I can.

We continue to offer a short service of morning and evening Prayer each weekday, a good way to 'bookend' the day, and on a Sunday we continue with our 10:30 Holy Communion service, and a short 6.30pm service – details of all our services are on our Facebook page

(St Clements Episcopal Church, Aberdeen).

So, looking forward, what next? I am firm believer that mission is less about what our congregation may offer to the community and more about what the community identifies as needing done and then helping individuals in that community see what strengths and gifts they have to offer to help change things themselves. To this end, I am interested in finding out answers to the following three questions.

1. What is genuinely good about Mastrick, what works well here?
2. What do you think would make Mastrick even better?
3. What could you offer that would help make Mastrick better?

I shall be organising a community event, inviting people to join us for a conversation over tea and bacon rolls (veggie options will be available), to explore these three questions and to see what the community can itself do to improve the lives of all in our community. And it doesn't have to be big things. As an example, here is a story of an activity that started small. At a previous church three ladies of more mature years, who

were not very mobile, agreed to meet fortnightly, to knit clothes for premature babies, warm hats for seamen and also to knit shawls for people who were unwell (mainly people undergoing chemotherapy). The social interaction was valued by these three, and they also felt a strong sense of purpose in using a skill they had that could benefit someone else in their community. The knitting group grew, with several young mums joining who were feeling isolated at home caring for young children. Out of small beginnings a vibrant group developed that met the needs of those individuals but also gave something of value to others in their community.

So the challenge to you is to consider the three questions above, and think how you might respond. No matter how small, what could you offer that would make Mastrick better? So, please keep an eye out for a date of a meeting to discuss these questions, and be part of the change you wish to see in your community.

Revd Nick Bowry



PLAYSCHEME

Mastrick Community Centre ran a highly successful summer playscheme for local primary school age children. Most of the trips ran three whole coaches full of excited kids to locations including Blair Drummond Safari Park, Landmark and Dundee Trampolining and Fun Park.

Thirty kind-hearted volunteers helped out with the trips and we are really grateful for everything they did – we couldn't run the playschemes without you! We also received funding to subsidise the prices which is appreciated by everyone who comes along.

**WE HAD A GREAT TIME -
ROLL ON NEXT YEAR!**



The BIG move

In our Spring edition, we announced the exciting news that the Station House Media Unit building in Woodside would undergo a million pound make-over following a successful application to the Scottish Government Regeneration Capital Fund. Work begins in late August on the new purpose-built accommodation, which will significantly extend our existing building. The new building will include new radio studios, a recording studio, TV studio, an IT suite, improved training facilities, an edit suite and some fantastic new social space. The building will also be the main office base for the organisation. During the estimated 12 month building period, staff and services will be based at Aberdeen City Council's Rosehill House Day Centre on Ashgrove Road West.

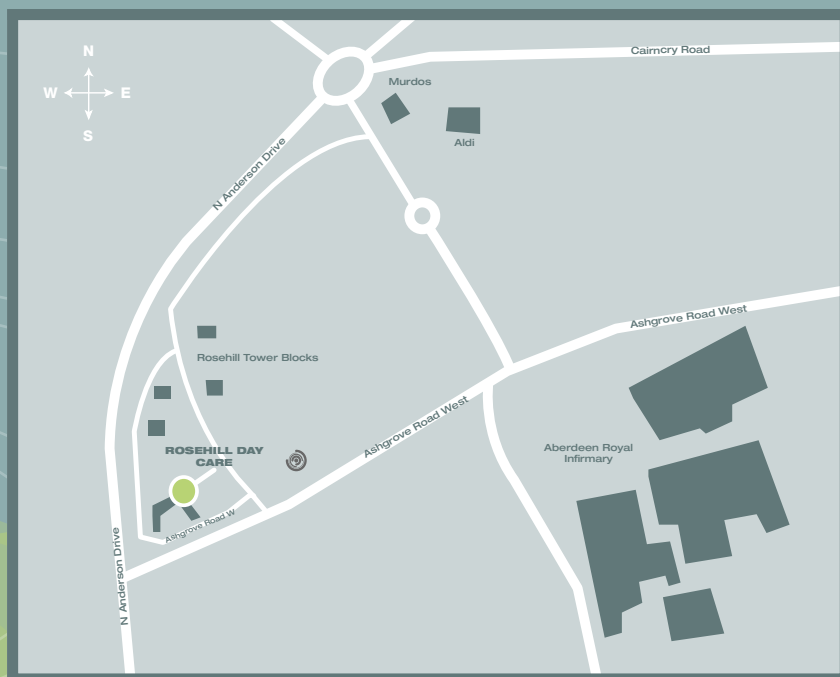
The relocation is due to take place during the week commencing 21st August with CHAP

Construction starting the building work on the 28th August. Although this is a time of upheaval, it is also a time of opportunity, with Rosehill House offering more space to develop our services and try out new work before returning to our new building. Staff will ensure that volunteers and service users are supported to continue their programmes in our temporary location, and look forward to sharing news of new and expanded projects and services in due course.

The organisation also continues to work on a fundraising plan to ensure the new building will meet all of our needs, and also for Phase 2 of the build, which will transform the existing building into a small community venue.

BUS INFO

Catch the number 3 bus from within Mastrick which will take you to Stockert Parade, just off North Anderson Drive. From there walk down NA Drive in the direction of ARI and at the traffic lights between NA Drive and Ashgrove Road West turn left and we're just there on the corner.





MASTRICK WALKING GROUPS

Loch Kinnord is an old favourite which is usually walked in June when the water lilies are at their best. If the sun is out the flowers open which is a lovely sight across the loch. There is a Pictish Cross and there was a crannog on an island that at one time was inhabited.

Lunch is at the Burn O' Vat Centre and we finish by walking round the other side of the loch.

Kinnaber is a walk just North of Montrose. It starts with a walk down a track with silver birch trees either side, then along past the Old WWII airfield where the fighters took off, along a path to the River North Esk which we follow to the beach. This looks over to St Cyrus Nature Reserve, another walk which we

do quite often. Lunch is nice sitting down on the beach (if it's fine), then back over the sand dunes then through a small wood. Back into the bus across the road to Charleton Fruit Farm for a coffee and a strawberry tart.

The walk at Glen Tanar starts by walking around the juniper trail first then down the Tanar Water to the Fairy Lochan which is a lovely place for lunch. We then have a wee bit of a climb to the view point to take in the views. Then it's back down the river passing the little Chapel of St Lesmo.

Gallow Hill Lochan is a new walk to the group. We start at Aboyne going into the Estate, passing a stone circle, up a track to the Coo Cathedral. This is a venue for

weddings and it is a lovely setting with the castle in the back ground. Then along a lovely driveway which takes us onto the Tarland Way, onto a forest track to reach the lochan. There are benches beside the lochan which are perfect for lunch. On the way back we join the Deeside Way. I think this will be a regular walk in the future.

You can follow us on Facebook "Mastrick Walking Group"

There is a group to suit your ability, easy to moderate walks.

**To join a group phone
01224 783627 or email
helenandraymond@hotmail.
co.uk**

Raymond

Community Contacts

Alcohol

Alcoholics Anonymous **0800 9177 650**

Drinkline **0300 123 1110**

Crime

Crimestoppers **0800 555 111**

Drugs

Drugs Action Helpline **01224 594700**

Dentist

Emergency - G-Dens **111**

Doctors

NHS 24 Emergency **111**

Electricity

If you have a power-cut **105**

Family Planning

Aberdeen Community Health **0345 337 9900**

and Care Village

Gas

Gas Emergency **0800 111 999**

Gas emergency with a meter **0845 606 6766**

Housing

Emergency Repairs **01224 219 282**

Call Centre Emergency **0845 608 0929 or 116 123**

Police

Non-emergency **101**

Samaritans

Need to talk **01224 574 488 or 116 123**

Social Work

Social Work Duty Team **0800 7315520**

Emergency Out-Of-Hours **01224 693936**

Young Carers **01224 212021**

Water

Scottish Water Emergency **0800 0778 778**

CFINE **01224 596156**

Home-Start **01224 693545**

Pathways **01224 682 939**

Cash in your Pocket **0800 953 4330**

Citizens Advice **01224 569750**

Northfield Academy **01224 699715**

Quarryhill School **01224 692390**

Kingsford School **01224 693554**

Muirfield School **01224 696671**

Mastrick Parish Church **01224 694121**

St Clement's Church **01224 662247**

Tyrell Centre **01224 692004**

Community Information for Mastrick

Mastrick Community Council

Meetings take place on the third Wednesday

of every month at 7pm in Mastrick Community Centre.

Contact: loumccaff@hotmail.com

Mastrick Community Centre

9am – 9pm

Contact: 01224 788288

Mastrick Doctors

10am – 4pm

Contact: 01224 662933

Mastrick Library

10am – 5pm

Contact: 01224 788558

On May 4th 2017 six councillors were elected to represent the wider Mastrick area. Remember, even if these individuals were not your first choice, they have been elected to represent you and support you with any issues in the area.

You can get in touch with them via the following ways:

Cllr Ciaran Macrae (Northfield and Mastrick North):

01224 346630

cimcrae@aberdeencity.gov.uk

07500 999617

Cllr Gordon Graham (Northfield and Mastrick North):

01224 523594

07736 329751

ggraham@aberdeencity.gov.uk

Cllr Jackie Dunbar (Northfield and Mastrick North):

01224 522522

jdunbar@aberdeencity.gov.uk

07733 300570

Cllr David Cameron (Kingswells/Sheddocksley/Summerhill)

01224 346612

dacameron@aberdeencity.gov.uk

07876 760760

Cllr John Wheeler (Kingswells/Sheddocksley/Summerhill)

01224 526631

jowheeler@aberdeencity.gov.uk

07500 999593

Cllr Steve Delaney (Kingswells/Sheddocksley/Summerhill)

01224 694469 – home

sdelaney@aberdeencity.gov.uk

01224 346614 - Town House