Middlefield Mirror

Spring Edition 2015



Councillor' Comments Manor Park School News **Aberdeen International** Youth Festival

Northfield Academy

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Editorial

Welcome to your Spring edition of the Middlefield Mirror.

In this issue we have articles from Manor Park Primary School, including a goodbye to Mr Rooke and an introduction to the new Acting Head and Acting Deputy Head of the school. We also have news on the new play park development at Heathryfold, updates from Middlefield Community Project and comments from your local MSP, Mark McDonald.

If you would like to get involved and join the editorial team or if you have ideas for this community publication you can easily get in touch with us. The staff at SHMU are able to support and train anyone living in the area if they are interested in developing their ideas, or their skills in writing, proof reading and photography. So, please don't be shy, this is your magazine, written, edited and designed by folk from Middlefield.

If you live in the Middlefield area and would like to come along to the editorial meetings or submit an article then get in touch with Laura at SHMU on 01224 515013 or email laura.young@shmu.org.uk. The magazine is now on Facebook as well so you can search for Middlefield Mirror and like the page for regular updates.

You can also view this magazine, alongside previous editions on the SHMU website www.shmu.org.uk then click the 'PRESS' option.

FUNDED BY







Councillors' Comments

Councillor Gordon Graham, ggraham@aberdeencity.gov.uk

The Council have secured funding to build a new facility for the community. It will incorporate Middlefield Community Project and the Henry Rae Community Centre. I have been working with everyone to ensure the building is fit for purpose and that we have proper management arrangements. This is going to be one of the best things that has happened in the area for a long time and should ensure that you have facilities that are second to none.

As well as this, we are looking at improving the Heathryfold Play Park and taking in some of the work undertaken on the allotments at Manor Walk. The Council have undertaken some minor improvements and we have already secured £20k for a new shut from the Fairer Aberdeen Fund. We have also obtained wood to make some 'street furniture' e.g. toadstools, mushrooms, stepping stones, balance beams. We will also provide kids' play equipment in the allotments. We are hopeful of securing funding for a multi sports park next to the new facility.

It has been a pleasure working with the project and others and a lot of hard work by everyone involved to turn proposals for the new building and the park into a reality. There is a lot of hard work still to be done, but I am sure it will be worth it in the end.

My surgery takes place at 6pm on the second Tuesday of the month at Middlefield Community Project.

Jackie Dunbar, jdunbar@aberdeencity.gov.uk

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My surgery takes place on the 3rd Monday of the month at 7pm at Middlefield Community Project.

Councillor Scott Carle, ScCarle@aberdeencity.gov.uk

It has been agreed that there will be new council housing on the old Smithfield school site and at the site at Manor Walk. The plans, which are being worked on at the moment, are good news and will provide some much needed housing to help ease some of the pressure in the area.

The transfers of those affected by Haudagain upgrade from Middlefield which have been on-going have been going well and many of those who have had to be relocated have been supported in their move. The work here seems to be going well however if anyone does have any issues which they would like to discuss, please do not hesitate to get in touch.

At the time of writing we are still waiting on the final plan for the road from Transport Scotland and appropriate plans for others who may be affected as well as other community facilities will be drawn up once we have this information. There are also exciting plans going ahead at the moment with regards to community facilities in the area as well as plans for improving play facilities. I will report on these as they develop and are taken forward.

My surgery takes place on the 4th Tuesday of each month at Manor Park Primary School at 6pm.

Keeping Middlefield Safe - now and into the future

There has been much discussion over the Haudagain Improvement Scheme and what it will look like. While the completed work is some way off, we are starting to get a picture of what will evolve. In the meantime we still have to live and work in the area, adapting our routines and lives to suit.

You have recently raised two main concerns when speaking with us - vehicle parking and the safety of the buildings. The first of these is a common problem and one encountered across much of the Northfield CPT area. Unfortunately, our roads were not designed for the number of vehicles now being used by local residents. Additionally, due to the planned development we will not see any increased parking facilities being provided ahead of the completion of the final road layout. This means that we need to work together to maximise the safety of everyone using the area.

If you are a driver and are parking, please do so responsibly - you need to think about pedestrians, especially children using the pavements, at crossing points and play areas. Those with push chairs need to get past safety and it is unacceptable for them to have to use the road to pass parked vehicles. We have been working with the City Wardens to identify vehicles causing an obstruction and will make use of specialist support, including our Road Policing colleagues, to encourage responsible parking and when required, make use of available legislation.

Concern has been expressed over the security of the buildings and safety of local residents as tenants are relocated and properties emptied in preparation for the Improvement Scheme. I am aware that Aberdeen City Council already has plans in place to address this and ensure a presence in some of these buildings. I can assure you that we will be working closely with them and the City Wardens to keep the area safe, through patrols and security checks and am aware that housing and maintenance teams will be supporting this work.

As a resident, we need your support here as well. You are most likely to notice people trying to access any empty or secured property, thefts or damage. It is vital that this is reported quickly and, where possible, good descriptions of those involved are provided. This will assist us to prevent such activity and importantly identify anyone who is ultimately reducing the safety of our community.

Remember, you can always contact us on the 101 non-emergency number, online at NorthfieldCPT@ scotland.pnn.police.uk, pop in past the Police Office at the Manor Park Primary School or alternatively stop us in the street! For updates you can follow us on twitter at @AberdeenPolice and #NorthfieldCPT.

Kevin Wallace

Inspector, Northfield Community Policing Team

Mark McDonald MSP for Donside

The main issue impacting on Middlefield continues to be the ongoing work to prepare for the Haudagain Improvement Works. I attended a recent MARAG meeting where the roads engineers and Transport Scotland presented to community representatives and answered a number of questions. The roads orders will soon be published which should give some certainty around the properties which will be directly affected, although many of these are already known.

One issue which continues to be unresolved is the future of the Middlefield Healthy Hoose. The Community Project is to be housed alongside the Henry Rae Centre, as part of a development of the site. I have asked Aberdeen City Council and NHS Grampian to look at working together on the future of the Healthy Hoose as the service that is provided there is vital to the community and needs to be sustained.

I recently highlighted the positive work of the Community Project in parliament, during a debate on educational attainment, and was also able to speak highly of the fantastic facilities at Manor Park School.

I will do my best to keep residents advised of any developments affecting the community, and people should feel free to contact me at any time if they require my assistance.

Mark McDonald holds surgeries fortnightly at his office at 825-7 Great Northern Road on the second and fourth Monday of every month between 10am and 12 noon. Tel: 01224 789457



PLAY PARK

You may be aware of the Heathryfold Play Park Group who are working to secure funding to upgrade the park. They held a play session with 30 local school children which was great fun and helped them think about what is needed in that area. £20,000 has been secured to begin this work and this will be ongoing during the coming months.

Also, over the next few weeks you will also begin to see site investigation works being carried out on the Manor Walk site, where there are plans for new houses. Further information on the proposals for this site will be available shortly.

Projects of this size could not happen without significant input from the local community and as the plans progress you will be given the opportunity to be involved and comment. This will be done by holding open days, displaying plans, articles in your community magazines and, of course, by discussion with your local management committees. All of these opportunities will be widely advertised and all contributions will be welcome. I am sure that you will be delighted to hear of the interest and investment in the area.

Shmu's Youth Media Team is involved in documenting the development of Heathryfold Play Park. Within the team there are people from area so it's great for folk to be involved in a project in the heart of their own community.





It will bring opportunities for intergenerational work as people will be interviewing folk from all ages from primary school age to retirement. The group will be capturing memories as well as the future developments happening in the park to document a piece of film history which can be seen by future generations for years to come.

Denise Reid, shmu's Youth Media Manager, said: "This is a great piece of work in one of our target areas for the team to be involved in. I think it will be a wonderful experience for them to be involved in a project showing such great development in their own area."

If you would like to be involved in any way, please do get in touch with **Madelene MacSween**, your local capacity building officer:

Email - mmacsween@aberdeencity.gov.uk

Tel - 01224812074 / 07917284489

www.facebook.com/ MadeleneCapacitybuildingofficer

Middlefield Community Project



Adult Learning at Middlefield Community Project

Parent and Toddler Stay and Play sessions: Monday afternoons 1.15 – 2.45pm in term time.

There is no charge and a healthy snack is included.

There are stories, songs, arts and crafts and soft play.

Confidence and Assertiveness Building:

Ever wanted to be more able to put your point across? If so then this group, which is free of charge, is for you!

Healthy Living Group:

This is an opportunity to explore various aspects of healthy living for you and your family.

Keep Fit Group:

Using the Project minibus to get to the Beacon Centre, group members have the chance to use a variety of equipment to burn off calories at low cost. Let us know if you would like to join us.

Women's Group:

Group members have been fundraising for a trip to Krakow in Poland. They had a very successful week at the Charity Shop in George Street, a social evening and a sponsored walk and are still planning other events.

Give us a call on 01224 697000 if you are interested in any of the above or if you would like to volunteer at the Project. We can also assist with any other adult learning queries.

Under 11s Work

The volunteers are already planning the trips for the Easter Playscheme and hopefully we will receive some funding from Northsound Cash for Kids towards the cost of playschemes. The woman's group have raised some money from the charity shop towards this and we hope to do a word search and maybe a fundraising night at the Sunnybank Club in May. The children will have the opportunity to go to Edinburgh Zoo for their bigger trip. The children once again will get the chance to go swimming at Northfield Pool and have a variety of activities at the Henry Rae Centre.

We are looking for volunteers to get involved. If we do not have volunteers then we cannot do Playscheme and it's good fun.

Primary 1-3s group meet at Henry Rae Centre from 3.15 to 4.45pm and have a variety of different activities to take part in. They also have access to the hall to run around in. They like cooking and helping with the snack.

Primary 4-6s group: This is a big group but they get on really well and enjoy coming to the club. At Christmas time, about ten of the children put on a small musical play for the parents and children and they were a great joy to watch. The group has another opportunity to do some outdoor activities with Adventure Aberdeen as they really enjoyed this last time.

Thanks to Siobhan who is our Under 12s worker, Lynn Wilson, Elisabeth Barry and Yvonne Mitchell for volunteering and making sure the children have great fun.

A big thank to the Fairer Aberdeen Fund for continuing to fund our two under 11s groups and family swim.

If you are interested in your child coming along or volunteering, please contact Helen Graham on 01224 697000

Introducing the new nursery manager at Middlefield Community Project

Middlefield Community project has recently welcomed a new nursery manager to their setting. I thought it would be nice to give you a little introduction and some information about myself. My name is Marie MacDonald and I am really excited about my new position. I have had the pleasure of meeting most of the children and several parents. I have enjoyed visiting the different childcare groups and plan to visit and spend time in the groups whenever I can. If I have not already had the chance to meet you and have a chat, then I certainly hope to soon. I am looking forward to getting to know everyone and apologise if it takes me a while to remember everybody's name!

I thought it would be nice to let you know a little bit about my background. I have 17 years' experience working in nursery settings, 13 of these whilst living in Aberdeen and 2 of which were most recently as a manager at Fersands Nursery, located in Woodside. I have an early years teaching degree and also more recently, graduated after achieving my BA in Childhood Practice, which is now essential for all nursery managers to have. My particular area of interest is outdoor learning so I love being outside and hopefully I can be involved in some of the nursery trips, as I also enjoy driving the minibus.

The team and everybody at the project have been so welcoming and I have thoroughly enjoyed my first month here. I look forward to being involved in many future activities and seeing the project progress and build on the fantastic work it already does.

One of the interesting challenges for the near future is the planning of a new nursery setting for the project. As part of this development we have been visiting other purpose built nurseries to get ideas about what works well. It is always interesting visiting other settings as sometimes it is the simplest things which are the best and most practical ideas. We would like to thank all the settings (Little Acorns Nursery, Tree House Nursery, Manor Park and Flowerpots Nursery) we

visited for giving up their time to show us around and also in being very helpful about sharing tips and ideas of things they would possibly change. This has also been a helpful learning experience to make sure we are knowledgeable and have as much information as possible, to ensure we are prepared and make the best decisions and choices regarding our plans and most importantly consider all aspects which will have an impact on the new setting.

Clearly it is an exciting time to be part of Middlefield Project and I am sure we will be faced with many challenges, but as a team we will work together and achieve our dreams of planning our new fabulous setting. At the same time it could also be considered a sad time as many of our groups are losing children, due to families moving out of the area and many longstanding residents within the community are now being separated. We would like to wish them well and hope their move is a happy one and remind them that it would be lovely to see them come back and visit us, as they will all be greatly missed. We will keep you updated with any developments and as the time progresses we will be looking to involve children, parents and carers in the planning

process, to see what you would like in our new building.

· voaay?

Thursday

Manor Park School News

Manor Park Pr Goodbyean

Manor Park Pupils have said a fond farewell to Head Teacher Mr Rooke.

At the end of January, this year, Mr Rooke started a new post as head teacher at New Machar School in Aberdeenshire.

Mr Rooke started working in the Northfield ASG in April 2000 when he became a class teacher at Bramble Brae. He later became principal teacher and then Acting Head Teacher at Bramble Brae, whilst also completing the Scottish Qualification for Headship. In April 2011 he made the move to be Head Teacher at Manor Park School.

At Bramble Brae, Mr Rooke led an initiative supported by BSkyB and featured on the STV evening news. This initiative aimed to use sport to re-engage and motivate pupils in education – this took the form of weekly basketball inputs. This initiative led the team to play in a nationwide tournament where they reached the final at the Kelvin Hall in Glasgow, narrowly losing out in the final.

While acting head teacher at Bramble Brae, the school received the Baillie John Porter prize at the Aberdeen Children and Young Person Awards for most significant improvement in pupil achievement and attainment. This was an extremely proud moment for Mr Rooke as it acknowledged the excellent work of all pupils and all staff.

At both schools Mr Rooke took on a key role in girls' football with his teams winning events across the North-East. Again in both schools, he introduced the residential trip for P7 pupils at Dalguise in Perthshire. He was also regularly found DJing at all school parties and discos and never missed an opportunity to play some tunes.

⁴⁴My lasting memories will always be around the amazing pupils and excellent staff that I have been honoured and privileged to have worked with throughout the 15 years.⁹⁹

All the pupils, parents and staff at Manor Park wish Mr Rooke good luck in his new position.

Lego League

Manor Park Lego Team had a great day at the First Lego League Tournament. They worked as a team to battle head to head with their robot, presented their research project, and answered questions in front of a professional panel.

Their final score was a combination of all parts of the tournament day and...

...THEY WON 2nd PLACE!

The team has worked incredibly hard the whole school year and should be proud of this fantastic accomplishment!





d Good Luck to Mr Rooke!

Welcome to Mrs Reid

Manor Park welcomes Mrs Dawn Reid who has taken up the position of Acting Head Teacher at Manor Park School. Mrs Reid joined us in January from Woodside School and has worked in the St Machar ASG for a number of years. She started her teaching career as a class teacher at Donbank School before moving to Woodside School as a Depute Head Teacher and has been Depute there for 9 years including a short time as Acting Head there too. We are very much looking forward to working with Mrs Reid and to continue to be a fantastic school.

The Pupil Council have interviewed Mrs Reid to find out a little more about her.

How long have you been teaching?

Twenty two years.

What is your favourite sport?

I really like going swimming.

Are you planning to create any more clubs at Manor Park?

There are so many activities already happening at Manor Park already but I am open to new ideas.

Do you know any different languages?

No but I am really keen to learn. I hear primary 6 and 7 are very good at speaking French.

What was your favourite subject when you were at school?

I loved taking part in art.

Interview by Connor and Kayleigh

Hello to Miss McCartney

We also welcome Miss McCartney from Broomhill Primary School who will be Acting Depute Head at Manor Park this session. The Pupil Council also interviewed Miss McCartney.

What is your favourite colour?

Pink.

Have you been to any other schools?

Yes, I have worked in 5 other schools but I was last at Broomhill Primary.

Have you ever run any clubs in any other schools?

Yes, I lead a Fair Trade club and an art club.

Do you know anything about the moon?

I know a little bit, maybe you could teach me some more.

Do you like Manor Park School?

Yes, I love it!

Interview by Connor and Kayleigh

Primary 7 Investigates World War 2

Primary 7 at Manor Park have been very busy this week working with Alan Fraser, a World War 2 expert. They have been dressing up in World War 2 outfits, taking part in a WW2 classroom environment, investigating Anderson shelters, gas masks and they have been investigating lots of exciting artefacts also.



Storytelling Science Workshops

Various Primary classes at Manor Park School have been learning about Science through stories. Doreen Leith and Ian Leith have been wowing classes with their unique science workshops.



Northfield Academy

#Christmas2015

Northfield Academy got festive this winter season and decided to do something out of the ordinary to raise money for charity.

Although our head teacher Mr. Hendry is normally an advocate for proper school uniform, for the last Friday before the Christmas holiday he let loose and got in the Christmas spirit. With the help of the Charities Committee advertising this idea, the pupils of Northfield Academy got to ditch the uniform and wear some Christmas jumpers for the day. It was great fun and added a joyous feel to our last day before the Christmas holiday. Everyone had a wonderful day and it was very different to our usual fund raising activities. After a hard working term, we ended on a high note whilst also raising money for our Charities Committee. We managed to raise an outstanding figure of over £300 kindly donated from the pupils and staff of the school. Overall, the day was a huge success.

Former Thin Lizzy star Ricky Warwick, now a Black Star Rider, brought himself 'back in town' and gave an outstanding performance at Northfield Academy. He came to our school and got everyone up dancing and singing at lunch time, when he performed live on our stage. Even the teachers cut loose and were all there enjoying the music. He even played a bit of Britney Spears for the younger pupils. It was a nice addition to our lunch time, and Thin Lizzy fans in the audience were over the moon.

After lunch time was over, Mr Hendry was kind enough to let us get photos and autographs from Ricky, and some people even got their guitars signed. It was a fun day and Ricky said he will definitely be visiting Northfield again, due to the welcome he got from the school.

Cartoon by Mr. Watt

Northfield Academy got a lovely surprise on the Friday before the Christmas holidays. Senior pupils Neale Taylor and Matthew Farquhar organised the school's own version of Band Aid. During the previous week they gathered teachers as well as prefects to create a lip singing video of the original Band Aid song Do They Know It's Christmas Time? The video also featured Ricky Warwick of Black Star Riders. It took the whole school by surprise, yet



everyone enjoyed the show. The hard work put in by the two pupils was portrayed through the quality and production of the video. It got over 4,000 views on Vimeo and it got shared on Facebook by everyone in the community. It was great way to get the teachers involved in something fun and lift up everyone's spirits. The video was shown on the day everyone wore Christmas jumpers, which just contributed even further to the holiday cheer.

Rock4rockwall

In order to raise money for our rock climbing wall, Northfield Academy, in partnership with Balfour Beatty, organised a fundraising night at the Beach Ball Room. Live on stage was Ricky Warwick of Black Star Riders and a silent auction was held after a formal dinner. Amongst the wonderful prizes on offer was a caricature (see above, top) created by our art teacher, Mr Watt, which was signed by Ricky and then auctioned off. The room was filled with business partners of the school as well as people who have connections with Northfield Academy, past and present, which made it even more special. The Beach Ball Room staff organized a wonderful night with the help of Senior Prefects from our school. It was a very successful event. Everyone enjoyed the concert, the auctions and the games they played throughout. The night was a huge success overall, and we are ever closer to raising enough money to build our rock climbing wall.

Written by Sabrina Bremner S6, Northfield Academy.



Based at 26b Manor Avenue, Pathways has a range of services available to help people get back to work and to improve their mental health. Support is delivered locally, so is always easily available. You can contact Pathways on 01224 682939.

Finding A Job

If you are looking for help to find a job Pathways has a team of Keyworkers who will help you with whatever support you need, from giving advice on suitable employment, through making a CV, to help with jobsearch and preparing for interviews. The Keyworker will also help with anything else that might stop you from being able to work, including identifying more specialist support you might need.

Anyone can receive support to get back to work – or even to change jobs if you don't like the job you have. Support is available for as long as it takes for you to find the job you want. Since last April, we have helped over 300 people into all kinds of work. So why not try us and see how we can help? You might find that you are like the lady who came to see her Keyworker after being out of work for 18 years while she raised her family. After being out of work for so long she was nervous about getting back to work and did not have a CV.

Counselling

Pathways also have 2 part-time counsellors, one based at the Healthy Hoose and one at St Machar Parent Support. Our counsellors are professionally qualified and have many years of experience, so whatever problems you have, they can help.

Counselling sessions are entirely confidential with support lasting as long as you need. There's not usually long to wait to see one of the counsellors either, so help is available when you need it.

Promoting Positive Mental Health

Pathways now has community based learning to help people feel better about themselves. The most recent course we have

introduced is called 'Tackling Life, Building Resilience'. Over 6 weeks, people taking part learn how to identify the things that are stressing them out, how to address those problems and how to plan ahead. People who have taken part so far say that the course has made them feel much better about themselves and much more confident.

Domestic Abuse

Women who are experiencing domestic abuse can also receive help through a new project where Pathways and Grampian Women's Aid work together.

Through the project Grampian Women's Aid will appoint a Support Worker to help women through the period after escaping their abuse. Pathways have a counsellor who is dedicated to working with women who have experienced domestic abuse who they can also receive help from before finally receiving help from a Keyworker to help them find work.

If you are, or know someone who is experiencing domestic abuse, call Grampian Women's Aid on 01224 593381.



Youth Arts Collective North East is made up of youth arts and community organisations from across Aberdeen city and shire. We are creating opportunities for young people aged 0-25 to shape and participate in the arts and to find, explore and develop their creative potential. We'll be offering opportunities for young people to explore the arts as a career path and to get involved as young directors, actors, dancers and artists. We'll be trying to find the next generation of the world's theatre technicians, filmmakers and young journalists interested in dance, theatre, music and art.

But to start with, we want to ask you what you'd like to see us working on. Young people are at the heart of what we do, and so it makes sense for us to ask what you need first. To join the dialogue, you can tweet us at @YACollectiveNE with the hashtag #LetsTalkArtNE and tell us what you want us to do for you.

If you feel an answer coming on that's a little wordier, email

gemma.connell@ aberdeenperformingarts.com

 Gemma can talk to you about options, opportunities, and even sign you up to our mailing list.

We hope to see you getting involved in youth arts very soon!

Open Call: Be part of the Aberdeen International Youth Festival 2015

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We have a fantastic community opera as part of the Aberdeen International Youth Festival and we want you to be a part of it. Noye's Fludde by Benjamin Britten will be one of the highlights of the festival with a mix of professional opera stars and community singers.

There is no experience necessary so whether you are a family or individual get in touch to register your interest at **info@aiyf.org** or keep a look out on our website **www.aiyf.org** or **Facebook** page for updates.



MARAG

The Middlefield Area Residents Action Group has been working well with Aberdeen City Council Officers, Transport Scotland and local councillors to make sure that people affected directly by the link road are offered housing suitable to their needs all over the city. They will be compensated for having to move and will have help with moving. They will get new carpets in their home along with getting all white goods installed and phones reconnected at no cost to them. They have also made sure that residents still living in the area can still get any necessary repairs done to their homes and that the area is kept tidy. It is very sad to see people who have lived in the area for a long time moving away. We need to be careful that the houses or flats are kept secure so children cannot get in to them.

Residents in the triangle section will have to wait a little longer to see what is going to happen to their homes. The Council is looking at different options as might not get any funding from the Scottish Office for these to be demolished as they are not directly affected by the road. The Council has limited housing stock available at this time so need to decide by taking account of environmental issues and deciding if it is worth keeping them and doing them up or look at what else they could do with the area.

There has been some contact with home owners so they can get a bit of support on what might happen if their home is in line to be demolished. There will be an official round to determine the value the house but this should include a wider area than just Middlefield as the prices in parts of the wider Northfield area are higher. Home owners are concerned they might not be able to afford the same type of house in a different part of Aberdeen.

There were residents who were wondering how the road layout would affect their access in to the area. The Transport Minister, Keith Brown and representatives from Jacobs came up to the meeting to explain some of this to the group.

I think although the situation is hard for residents, there needs to be a big thank you to the housing staff. Sandra and her team, especially Katherine, have been working hard with officers and resident to get everything in place so people can be moved to other houses.

The next **MARAG** meeting is on the Monday 27th April at 6pm at Middlefield Community Project, 8 Logie Place, Middlefield, Aberdeen.

Shmu

YOUTH JOURNALISM

The Youth Journalism Group has been working on music journalism techniques with 57North's John Anderson.

During their sessions they listened to tracks by artists – Best Girl Athlete and Little Kicks – while researching the bands before planning their questions.

The gang interviewed both artists and have written up an article for 57North with the answers from Best Girl Athlete. You can read the article here 57north.org/news/interview-best-girl-athleteshmu-youth-media-team. Watch this space for their article with the Little Kicks.

YOUTH MEDIA TEAM

There are new training opportunities available for people who want to get involved with the Youth Media Team. The training will take place on Tuesday evenings between 6pm - 8pm.

The radio training is aimed at 16 - 21 year olds living in Tillydrone, Woodside, Seaton, Northfield, Middlefield, Cummings Park and Torry or attending school in any of these communities.

If you would like to join the Youth Radio Project and broadcast live on shmuFM then email Adele@shmu.org.uk or call the main office on 01224 515013.



CALLING ALL MCS AND RAPPERS, ASPIRING BEAT-MAKERS AND MUSIC PRODUCERS!

shmuSOUND is looking for young people aged 14-25 to join our Hip Hop project. The project will run until August 2015. Consisting of weekly workshops on beat-making, production, lyricism and gig promotion, the sessions will be run by wellknown experienced artists from all over Scotland. Participants will also have the opportunity to record their music in our studio and work on material and performance skills at the project's regular open mic sessions.

If you are interested and would like to find out more about the project contact Simon Gall on 01224 515013 or email simon.gall@shmu.org.uk



FACEBOOK

The Middlefield Mirror is now on Facebook. You can now keep up to date with what the team is up to, meeting dates and times and get in touch with any ideas you might have. We're always looking for more people to get involved in the magazines so search for Middlefield Mirror and hit that 'like' button!

Station House Media Unit (shmu) is situated just off Great Northern Road in the old Station House Community Centre, Woodside. We offer free access to, and training in video and radio production, and magazine and online publications to residents of all ages living in Seaton, Woodside, Middlefield, Tillydrone, Torry, Northfield and Cummings Park.

NEWS

TNEW COMMUNITY HUB FOR MIDDLEFIELD

Henry Rae Management Committee, Middlefield Community Project Management Committee and Aberdeen City Council are all delighted to be working together in partnership to deliver a new Community Hub for Middlefield, Heathryfold and the wider community. £1.63 million of funding has been secured for this exciting development which will see the building that is currently Henry Rae Community Centre redeveloped and extended into a new community facility which will house a range of community services including childcare, youth facilities, adult learning and community recreational activities.

The focus for the new development will be about meeting your local community needs. As the project develops, the local community will be invited to input what you think the new development should provide and what it should be called!

Watch this space for more news about this innovative partnership development!

For more information about this development you can contact **Madelene McSween** by calling **01224 812074** or emailing **mmacsween@aberdeencity.gov.uk**

COMMUNITY FOODS INITIATIVE NORTH EAST

Community Foods Initiative North East or **CFINE** is looking to establish a Community Food Outlet, within the Lord Provost Henry E. Rae Centre on Manor Avenue.

The outlet will be open on a week day morning for a couple of hours selling fresh fruit and vegetables and healthy snacks, at affordable prices, to those people using the Centre. No previous experience is necessary as full training will be given.

If you are interested and would like to be involved in this worthwhile venture, then please call **Christine** or **Diane** on **01224 596156** or email **CMcLean@cfine.org** or **DDalgarno@cfine.org**

MIDDLEFIELD QUIZ

Middlefield is an area in Aberdeen but can you guess how many other Middlefields there are in the world? Who is the Project Co-ordinator at Middlefield Community Project? What is the name of the free magazine that is delivered to every resident in Middlefield? Name any of the local councillors for Middlefield? Where can you get a health check in Middlefield? Where can you get help looking for work?

Where can young people participate in a wide range of fun activities in Middlefield?

Answers on the back page

COMMUNITY CONTACTS

	Alcohol Alcoholics Anonymous	0845 769 7555	Housing Emergency Repairs	01224 480 281
	Drinkline	0800 917 8282	Call Centre Emergency	0845 608 0929
	Benefits	MARTIN ALL ALL	Police	
	Benefits Agency Advice Line	0800 587 9135	Non-Emergency	101
	Crime		Samaritans	S. S. T. Marine
	Crimestoppers	0800 555 111	Need to talk	01224 574 488
	Drugs	01001 501300	Social Work	01001 705 000
	Drugs Action Helpline	01224 594700	Social Work Duty Team Emergency Out-Of-Hours	01224 765 220 01224 693 936
	Dentist	01224 558 140	Young Carers	01224 090 900
	Emergency - G-Dens Doctors	01224 556 140	Support & Information Service	01224 625 009
	NHS 24 Emergency	111	Water	
	Electricity		Scottish Water Emergency	0845 600 8855
	If you have a Power-Cut	0800 300 999		01224 697000
	Family Planning		Middlefield Community Project	
	Aberdeen Community		Manor Park School	01224 812060
	Health Care Village	0845 337 9900	CFINE	01224 596156
	Gas		Healthy Hoose	01224 661500
	Gas Emergency	0800 111 999	Pathways	01224 682939
	Gas Emergency with a Meter	0845 606 6766	CIYP	01224 200221
				01224 200221

Include 01224 Dialling Code When Calling from a Landline.

From 1 October 2014, people in Aberdeen will need to include the area code whenever they dial a local number from a landline – in the same way people currently do when calling from mobile phones.

- 2334567
- 4 Connecticut, Massachusetts, New York, Ohio Helen Graham Middlefield Mirror Jackie Dunbar, Gordon Graham, Scott Carle The Healthy Hoose Pathways The Youth Flat

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