

# Middlefield Mirror

Spring 2021

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## In this issue:

HAUDAGAIN  
WORKS UPDATE

ABERDEEN NORTH  
PARISH CHURCH

INSPIRATIONAL WOMEN

[www.shmu.org.uk/press](http://www.shmu.org.uk/press)



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## Editorial

### Welcome to the Spring edition of the Middlefield Mirror.

In this issue we have articles from Middlefield Community Project, submissions from local people and an update on the new Aberdeen North Parish Church.

If you would like to get involved and join the editorial team or if you have ideas for this community publication you can easily get in touch with us. The staff at SHMU are able to support and train anyone living in the area if they are interested in developing their ideas, or their skills in writing, proof reading and photography.

So, please don't be shy, this is your magazine, written, edited and designed by folk from Middlefield and Heathryfold.

If you live in the Middlefield or Heathryfold area and would like to come along to the editorial meetings or submit an article then get in touch with **Laura** at SHMU on **0752586312** or email **[laura.young@shmu.org.uk](mailto:laura.young@shmu.org.uk)**

The magazine is now on Facebook as well so you can search for Middlefield Mirror and like the page for regular updates.

You can also view this magazine, alongside previous editions on the SHMU website **[www.shmu.org.uk](http://www.shmu.org.uk)** then click the 'PRESS' option.

Middlefield Mirror is a community publication and the views expressed are not necessarily those of the editorial team or of shmu.

Covid-19 has made many changes to our routines and life as we know it. Many of these changes have left us feeling negatively about the situation but there have been some positives from the lockdown Covid brought about. Whether it's getting to see more of your local area, reconnecting with family and old friends or having a slower pace we would love to hear from you about your positive experiences during the Covid-19 outbreak.



Supported by







# Haudagain Update

## A92/A96 Progress

**Our main focus currently remains the continued construction of the junctions which will join the new dual carriageway to the A92 and the A96 roads, under the phased traffic management on these existing trunk roads for the safety of road users and the workforce.**

As you may be aware, we are also continuing to construct the realignment of Manor Avenue.

Given the nature of the improvement works, it has been necessary in progressing the various phases of construction of the project to implement temporary management of the road traffic and pedestrian routes. Some of this temporary management of traffic includes the temporary closure of some pedestrian crossing points on the A92/A96 trunk roads. In these circumstances to minimise the inconvenience diversion

signs are always in place to direct you to the next nearest alternative crossing point, and we would like to ask for your continued cooperation in ensuring that these are utilised for your safety and the safety of all.

To keep you informed, regular updates on the traffic management planned for both the A92 and A96 as well as the local roads within Middlefield can be found on [www.transport.gov.scot/projects/a92a96-haudagain-improvement/](http://www.transport.gov.scot/projects/a92a96-haudagain-improvement/)

We also produce a regular newsletter which is available online. The newsletter provides more information on construction activities as well as community benefits that are being delivered as part of the project. Our Spring newsletter is now available at the [www.transport.gov.scot/media/website](http://www.transport.gov.scot/media/website).

Project notice boards also provide information, and these can be found at the following locations:

### **The Hub, Manor Avenue**

### **Outside Manor Park School, 2 Danestone Circle**

### **Mastrick Access Point, Spey Road**

We would also like to assure you that, since resuming work following a temporary shutdown of site last year due to Covid-19, we are undertaking our operations with strict adherence to both the Scottish Government guidelines and our own safe operating procedures.

We have a dedicated community liaison officer dedicated to this project for your benefit, Angela Newlands.

If you have any matters you wish to raise, please contact Angela at [haudagain@farrans.com](mailto:haudagain@farrans.com) or telephone: **0800 783 0024**.





# Middlefield Community Project

If we needed a reminder of the frailty of the human condition, this year has been monumental. We are in a situation that has and will continue to teach us many valuable lessons. And of course, the most vulnerable members of our communities have fared worst. Many don't have the sort of jobs or facilities to work from home, so have been furloughed or paid off. There are members of our community feeling totally isolated, anxious and depressed, that stops them functioning on a daily basis.

Folk are finding it difficult to maintain a normal routine, doing simple things like preparing lunch and snacks is a major chore. The lack of up to date digital devices have long been an issue and although folk are pretty nifty on their phones, often it becomes apparent that that phones are just not enough. The older members have been shielding, isolating and generally cut off from the rest of the world and their families. People are feeling ever more anxious about car sharing and public transport. Mental health and wellbeing have deteriorated as a result of the lockdowns. Gas and electric bills have soared as people have spent far more time at home.

In response to these and many other issues we have been responding by applying for financial, material and digital device support. The future of our young people has been further blighted by not being able to attend school. Some do not have the phone or device that is able to download the home school app.

With the support of Aberdeen City Council, Connecting Scotland, shmu and SCVO we have secured quite a

few Chromebooks and iPads for older and vulnerable members of our community. We have two Digital Champions leading the roll out of the issue of the devices. We hope to continue with this work, when restriction have eased. This has enabled folk to have high quality contact with family, friends, shopping, medical appointments and social media.

ACVO and shmu awarded funding so we could issue lunch vouchers and free snacks to those most in need. This has led to other funds being awarded from Fairer Aberdeen to continue with this scheme.

Fairer Aberdeen has issued further funding to the project to enhance our community digital support, continue with food vouchers and food bag supplements (also big thanks to CFINE, Tesco and Asda), start a bike loan scheme, mental health recovery arts project and gas and electricity help.

Throughout all this some members of our youth-work staff have been supporting a small group of young people at the project and providing once a week zoom sessions.

It's been a testing year and we have learned an awful lot, but there are many more learning opportunities to come. We are in a position to take advantage of the recovery and help our community members to achieve a better future.

## **Middlefield Community Project Café**

Over the lockdown, we have continued to support families by providing vouchers and free meals. In late January we decided that we would put on free meals twice a week for local people. They had to phone in to book this and the options ranged from soup and sandwiches to stovies to mince and tatties.

This was really appreciated and the feedback we had was extremely positive and a lifeline for many families. Overall, we have provided 372 meals to families.

Alongside this we decided to contact Granitehill Sheltered Accommodation and spoke to a senior carer and asked if they thought some of the residents would like a hot meal once per week. They agreed this would be a great idea and would ask and get back with how many residents would like this. We started with 19 residents and this number has increased each week and some have called to say how much they have enjoyed a home cooked meal.

We reduced this scheme in March and are now serving takeaway meals again as the we have more nurseries open and the children all need to get a meal. It was agreed that we would keep on free meals to Granitehill and a few families.

The café have been getting CFINE food in twice a week and they have been bagging this up and putting this out to people that need this. From the 19th November until 9th March we have put out 902 bags over this time.

We hope that in the near future we will be open fully and get back to some sort of normality but at this time we are offering takeaways between 9:30am and 1:30pm.

## **Middlefield Youth Hub**

Middlefield Youth Hub has been able to provide sessions during the lock down following guidelines from the Scottish Government around the delivery of youth work activities.

Over this period, we have been able to support young people who live in the area. Activities have taken place outside, so we went canoeing in the Rubislaw quarry where the young people learnt some history about the quarry and the potential future of the quarry.

We have been meeting a lot of young people whilst out on outreach. We have been able to support them with printing of online homework-some of the young people were not coping with the online learning but benefited from the printed version. Also, we have been able to print CVs for some of the older teens, provide materials for arts and crafts, gardening, baking and cooking. Staff have been able to provide emotional support on a daily basis which has greatly benefitted the young people in our community.

We also want to say hello to Amy our new student. Amy has joined us on an 80-day placement and is currently studying social work. We hope Amy enjoys her time with us.



### **Under 11s Club**

The children returned to the club in October, but due to the Covid restrictions we had to limit the number of children in the setting. The children all got an induction on the new Covid procedures and they were all telling us about what procedures they do at school. The children all settled back in really well and there was much excitement about seeing everyone again.

With the help of the staff the children all got to planning what they would like to do at club every week up until Christmas. We built a fort and a castle from cardboard and called them fort stripes castle cardboard, we made smores for bonfire night, had Christmas hot chocolate and made lots of creative arts and crafts.

They children all received Christmas presents from Santa, with the money donated from Kyber Pass.

### **Playscheme**

For the October playscheme we had a limited number of children because of Covid restrictions. We took the children that had been attending the clubs out to places like Wynford farm, Stonehaven beach, Alford Park, Hazelhead Park, JumPln the activity trampoline centre, as well as days in the Hub playing games and making arts and crafts.

### **Middlefield Community Project Community Nurseries**

#### **Supporting Children and their families**

With another national lockdown after Christmas only those children who had parents working as keyworkers, Me2 and vulnerable children were able to return to nursery in January. All other nursery children had to stay at home but during this time we stayed in contact with parents. We also supported parents with children due to start primary one in August by sending out all the relevant information about how to apply to school and how to support their child with the transition to primary school. Staff will also be making up transition booklets for each child containing information and pictures about the school that they will be going to.

Activity ideas and leaflets on a variety of themes were sent out to all parents to help support them to be able to keep their children occupied at home with a variety of different learning activities. These leaflets included creative ideas, supporting children with their emotional wellbeing, yoga for children, numeracy ideas, literacy ideas and outdoor learning.

It has been great to have everyone back once restrictions were eased and all the children were then able to return in February. It was lovely to see how much all the children had grown. They have all settled back in really well enjoying being back at nursery, seeing their friends and teachers.





## Nursery Projects

Growing and planting a variety of plants to enhance the outdoor learning environment and help children learn about and understand what plants need to grow and how to look after and care for them. Children have also been developing their interest in feeding and watching birds with the addition of a new bird feeder, bath and house.

Caterpillars. The nurseries all have some baby caterpillars which they can observe. They are learning about how they grow and the life cycle of how they go to sleep in a cocoon and then later emerge as a butterfly. This is a wonderful process for the children to be able to see at every stage and then be involved in finally releasing the butterflies into the wild.



# Inspirational 'Aiberdeen Quines'

*Wilma Collie*

**The dictionary defines inspirational in many ways. A person can be inspirational in their attitude to events and how they respond and can inspire others to follow in their footsteps or change a mindset. A piece of writing or art can be inspirational and stay with the reader or viewer for a long time.**

The idea of this feature was to write about women from Aberdeen who have been leaders in their chosen field. There are many such women, pioneers in medicine, women in the music and arts and literary worlds who have made us feel inspired. I have chosen to write about more than one woman, I am going to focus on the women who live and work within our communities, whether working for the local authority or the many others who volunteer. Namely the women who staff community facilities across the city.

Although they work for the local authority they go above and beyond their job description. They are at the forefront of identifying the needs of our communities and provide not only a great source of information but more importantly they

are there to listen to people and help where they can. The rise in need for food banks in recent years and even more so in this past year has for the most part been overseen by these women and of course the many volunteers who staff food distribution hubs.

I must also acknowledge the role of men in these endeavours and the few I have come across in my community work have been inspirational too, but this article is about the role women play in our communities.

The invaluable work done by these women across the city means that anyone who is looking for support of any kind has a place to go to for help. As good as that might be I believe these women fulfil another function, one of helping people to help themselves and find a way ahead no matter what the crisis. In that way they empower people to find their own solutions to problems and although there is not an answer for all problems sometimes just talking to someone who is removed from a situation can be of enormous help. I got involved in community work many years ago mainly through the enthusiasm of

a man I met when he was handing out leaflets about a forthcoming information event at a local community school hub and as the saying goes, the rest is history. The people I have met since that first day have been inspirational to me. The one thing I will say about community workers is they have an outstanding ability to 'recruit'. I was recruited onto more committees than I ever thought possible but meeting Laura from shmu allowed me to develop my first love, that of writing. Make that my second love, my first is of course my husband and as he will be reading this before I send it I better mention him!

As I said at the start this article is about inspirational women in Aberdeen and it would not be right or fair to give a name to these individuals as they all do a fantastic job. Many years ago, I sat across the table with one exceptional lady at a council community awards function. Her sheer enthusiasm for life was contagious and from that first meeting I became even more involved in community life. I have met many women who work within our communities and they have one thing in common, they go above and beyond their job description.





I have been inspired by these people, who all have a quality which is inspirational to me and that is the ability to make people feel like friends and that's a rare quality.

They also inspire confidence and someone who is going through a tough time needs to know that when they speak to someone about their problems that the person will listen, not judge, and give help if that is what is required. There is one thing that women have always excelled at and it is talking. I think men are beginning to see the value in talking which can only be a good thing. Women can quite literally talk a problem out of existence. It's talking which helps more than any other form of help. Talking and

listening is a skill and it's this skill which women who work in community hubs have in abundance.

This past year has been like no other and if there was to be an awards ceremony for inspirational people, I would have to give the Oscar to a lady who I first met when my son went to live in a supported care facility. Dealing with adults with special needs has been extremely challenging for all those paid and unpaid carers involved and it's fair to say that for some people life will never be the same. This is not always a bad thing but when life changes, we tend to hold on to what keeps us grounded even more, and this particular lady has been an anchor in what has been a storm

of biblical proportions these past few months, not just for us but for all those out there who have a loved one in care. She leads a team of dedicated people some of whom have come and went during this time, but she still remains the stabilising force at the centre of things.

Her name is Sophia and I know she would not like to be singled out for praise which is why I am not revealing any more information about her but like the countless hundreds of care workers she inspires myself and many other families.

So my award for inspirational women goes to all the community workers, paid or voluntary. Ladies take a bow.

# Healthy Hoose

The Healthy Hoose are delighted to now be open two days a week, on a Monday and a Friday.

Due to Covid 19 we are unable to offer walk in appointments, all appointment requests will be by phone, we will offer video or face to face appointments where needed.

All necessary infection control measures will be in place, with well-marked entry and exit points and hand hygiene stations. Staff will be wearing appropriate PPE & all patients over 5 years old are requested to wear a face covering when attending. Opening hours will be 8.30am-1pm & 1:30-4.30pm. Please telephone 01224 558928 to speak to our receptionist, the receptionist will ask a reason for your call.

Please do not attend if you have Covid 19 symptoms. For further information regarding Covid 19 please check the following website [www.nhsinform.scot](http://www.nhsinform.scot) or contact NHS24 on 111.

## A NEW CHURCH AND COMMUNITY FACILITY FOR THE WIDER NORTHFIELD AREA

**The creation of a new church and community facility to serve these areas has been made possible by the proactive vision of the congregations of Mastrick, Northfield and Summerhill Parish churches.**

They realised that their congregational numbers and their existing church buildings needed radical action to develop and nurture a new and innovative way of being a church. They have chosen to come together and become one church, so from Monday 1st February 2021 they are known as the 'Aberdeen North Parish Church of Scotland'.

People living in the Mastrick, Northfield, Middlefield and Summerhill communities may know of community facilities which are disappearing, but the Church of Scotland is planning this new church building in the area. This will firmly plant a pioneering community of faith in line with the local plans for of the Presbytery of Aberdeen and Shetland, and with the Church of Scotland's vision to "reimagine and renew" congregational life nationally for the 21st Century.

The ministry team, the Rev Susan Sutherland and the Rev Michael Shewan, has been actively working to bring the congregations of Mastrick and Summerhill together since 2017. They have held shared services and social events including holidays away which have allowed members of each church to get to know each other. They appreciated the need to come together to ensure the continuity of a church community in the area. More recently, the Northfield congregation has also been working with

the other two congregations to help bring all three together as one. The Northfield minister, the Rev Scott Guy, retired at the end of 2020.

Rev Susan Sutherland said: "Ministers can often feel isolated and become lone workers but working together in a team ministry means we can bring our different experiences and different gifts to our roles. We are better together."

Rev Michael Shewan agreed with this and stated: "We both have experience of being involved in a new build church. The mission of the church is to reach out to people with the message that God is there to care for them. A purpose-built building will give us the opportunity to make this new space a convenient and welcoming place for people from all sectors of the community."

All three churches currently offer facilities for different community groups and uniformed organisations with regular visitors from their communities. This is important and can be vital for the mental, emotional and spiritual well-being of individuals. It is intended that this new venture will enhance this provision with modern facilities and ample car parking space and it will be funded through the sale of the present buildings.

There is a feeling of excitement amongst church leaders and church members as they recognise that the Church of Scotland is investing in creating "well equipped spaces in the right places". And it is evident that this positive development for the years ahead is helping church communities to get through these pandemic times and to look forward to a brighter future.



# HOW LIFE CAN CHANGE

Wilma Collie

**The past year has been hard on everyone and there are times when we wonder if we will ever get back the life we had before. For some people lockdown hasn't had that much of an impact, sure it's stopped people going where they want when they want but for older folk staying at home has been more of a nuisance than anything else.**

For younger people it's been particularly difficult. They have had their youth interrupted and are probably feeling depressed and frustrated by restrictions.

My mum was 14 in September 1939, the year World War II broke out. She had reached the school leaving age and left school that summer and started work in a fish house in Torry. It was a hard, cold job, but the friendships made there would last a lifetime and my mum enjoyed it. She came from a large family and her father hardly ever kept a job for long so money was very tight. Days could go by without eating and most folk only had one source of heat, usually in the main sitting room. This would be a coal fire or range but even getting coal was a daily struggle, so a working member of a family was very welcome.

My mum had sisters and brothers who also worked so in that way it was a little bit easier for the family. My mum loved dancing and would go to the local dance hall whenever the chance came along. She also loved fashions and would spend a Saturday afternoon shopping up town with her friends. After tea they would all meet up and go along to the Locarno Dance Hall in George Street. Sometimes she would catch the eye of a young boy and after a couple of dances he would walk her home. Mum lived in Castlehill Barracks and although it was home to many families it had been where soldiers had lived and

trained. They had moved out to the new barracks at the Bridge of Don but there were always soldiers in town so the local girls could be sure of getting a boyfriend to take them to the local pictures through the week.

All this came to an end in September that year when the world went to war and my mum's world changed overnight. Very quickly there were shortages of certain foods in the shops, and everyone was very anxious and worried. There was no television, the Internet had not even been thought of so the only way to know what was happening in the world was on the radio or the newspapers and soon the young soldiers who had been going round town were gone. My mum's brothers went to war too as did any man and woman who the government signed up to fight.

My mum told me that at first her life didn't change that much; she missed her brothers, but the food shortages were getting better since the government brought in rationing. That meant people were allocated an amount of food for their needs each week. There were still shortages, but people adapted just as they have in this pandemic.

As the war progressed the news began to be very grim. Many people were injured and dying, and all the news was very upsetting. The streets were in total darkness and people were not allowed out after a certain time. The police were given new powers to stop people if they were out after dark. My mum said she still went to work and as the men who had been working in the fish houses had gone to war, more women came into the workforce. People also had to do their duty by volunteering in other areas which needed help.

When the bombing of cities started it changed everything. People became

terrified when they heard the noise of a plane overhead because they knew for the next few hours no one was safe from the bombs which fell on the houses. Aberdeen was badly affected and in April 1941 during such an attack many people were killed when large areas of the city were targeted. My mum was 16 and still managed to meet up with friends. She was coming back from such a meeting one night when a bomber struck. He was looking for the barracks where the soldiers were and came in on a straight line heading for there. Unfortunately, he came past the Castlehill barracks where my mum lived just as she was approaching them too. The aircraft opened fire and although he couldn't see my mum she was in the direct line of fire. She told me she stood still against the high wall of the barracks as the bullets hit the buildings all around her. She says she stopped breathing for what seemed like forever and felt she couldn't move. It was only someone shouting at her to get inside which jolted her back and she ran like the wind.

I have no idea how absolutely terrified she must have been that night or indeed how terrified everyone must have felt but the next day she went to work! The war lasted for about six years and while life was never the same for anyone, but they picked up the pieces of life and carried on. The people caught up in that war made sure life would continue and would be better for us all and we could learn an awful lot from that.

We are going through our own 'war' just now, but we will get through it. My mum did, and she went on to marry and have four children. She never lost her love of dancing or singing and if all else fails we can sing and we can dance, even if it's in the privacy of our own bedrooms!

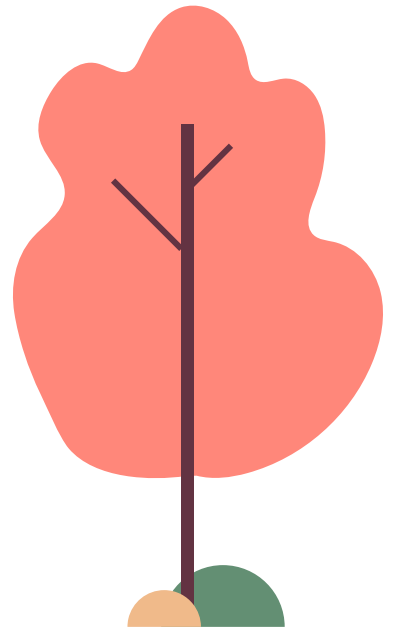


# LET'S GO FOR A WALK!

Covid and lockdown restrictions have meant a lot of us have been exploring our local areas more. Angela from Farrans has been out walking in the community and has done a walk review of the Auchmill Nature Trail.

## Info:

<b>Walk name:</b>	<b>Auchmill Nature Walk</b>
<b>Start Point:</b>	<b>Manor Drive</b>
<b>Walk Type:</b>	<b>Linear</b>
<b>Distance:</b>	<b>Just short of a mile, or 2 miles return</b>
<b>Public Transport:</b>	<b>Bus stop at Cairnfield Place</b>
<b>Difficulty:</b>	<b>Suitable for beginners with no steep sections</b>
<b>Accessibility:</b>	<b>Stairs at the Auchmill Road entrance</b>



## Review:

This walk is suitable for beginners of all ages, the almost flat terrain makes it easy going for a short lunchtime or evening stroll. You will be pleasantly surprised what you can encounter going such a short distance. I began at Manor Drive, and at the bottom turned left at the footpath and walked to Manor Terrace where I crossed over at the pedestrian crossing and walked back down towards the Haudagain roundabout and down the stairs to begin the walk.

I was welcomed by birdsong coming from the now bare trees, and noted some lovely heart shaped greenery as I walked along the narrow path. A train whooshed past; I think they must be every half hour (I didn't manage to get my camera out in time to take a snap). There are some lovely views as you walk along the route, the path looks down onto Persley Walled Garden at some parts and at others there are perfect viewing points for train enthusiasts. The path then widens out through as you walk through the trees. I then came across some

green stones – I imagined a green cow laying down in the grass...what can you see? You can trace your route back the way you came, or parallel to the walk, there is a shared cycle/pedestrian route. I'm looking forward to doing this walk again in the summer, to see the landscape in full bloom, and the wildlife thriving!







## THE BENEFITS

- **Walking improves your circulation, wards off heart disease and lowers blood pressure.**
- **Your body will release natural painkilling endorphins through exercise. Research done by California State University showed that the more steps people took during the day the better their mood was.**
- **Walking will tone your legs and abdominal muscles. It also increases your range of motion, shifting the pressure from your joints to your muscles. This also improves your balance.**
- **It can also relieve insomnia and improve sleep, walking more can also increase your energy levels.**
- **Walking helps clear your mind and is a great way to unwind if you are feeling stressed or overwhelmed.**



## Doric Show

A team of FM and PRESS volunteers are working on a series of Doric Shows. The group will start recording in the summer, meeting monthly to pre plan and script. Each show will have a set "theme" covering a particular aspect of the Doric, such as its history, its literature, its use on stage and tv. And they'll also be launching a competition to get schools and listeners sending in their original work in Doric.

Stay tuned to find out more about this series of shows.

## Natalie's SQA



In the month of March Natalie received her Journalism SQA certificate. This is a Level 6 NPA course and Natalie worked hard in order to complete the course after we went into lockdown and we're really happy for her that she managed to make it over the finish line!

## Volunteer Spotlight

We are excited to welcome Sochima Iroh and George Adam to our FM volunteers this month. Sochima's AfroBeats show has aired and George has recorded some scripts for Tell Us while he works on his own show.

We welcomed Kerry back with her music show. Tim, Alan Clark and Steven and Stephen Baxter helped us celebrate all things Valentines. Stephen Baxter also produced a new country themed show. Dave Whites third weekly show "Music Man" is now a regular feature on Monday evenings.



Sochima Iroh



George Adam

## Youth Media

The Youth Media team are continuing online calls twice weekly at the moment, and we are seeing good engagement from a core group of young people with others joining us when they can.

This month we have been able to post out science kits to our youth team for a session facilitated by Helen, our Curiosity Fund science mentor. Helen guided us through how to swab household items and grow microbes on petri dishes of agar jelly, and a week later we identified the microbes with Helen's help. It was really fun to have something practical for the group to do as they have been saying this is what they are lacking from school at the

moment, and we are looking at more things we can do at home as part of the Curiosity Project with lots of plans in the pipeline.

We have produced two Saturday shows this month, one about future opportunities where we interviewed Yvette about how to get a job, and one about history, for which Megan hosted a history quiz for the team. We are aiming to keep all of our sessions as active and engaging as possible while we are still at home and will be running additional workshops and tasters during the April holidays.



# Woolworths Opens In Aberdeen

Alan Johnstone

These are difficult days for Aberdeen's retail sector so let's look back to a happier time on Saturday 18th October 1919, when Woolworths opened their first store in the city on St Nicholas Street. The Aberdeen Daily Journal told readers what they could expect from this new shopping experience.

"Since the month of February extensive alterations have been in progress at the premises of 50 and 52 St Nicholas Street, Aberdeen, and they have now been transformed into a capacious department store, replete with every commodity essential to the household life of the community. The store is run by Messrs F. W. Woolworth and Co., an American firm, and the feature of the establishment is that none of the goods costs more than 6d. The lowest price of any article is 1d, and the most popular prices are 3d and 6d, the premises being termed the "3d and 6d Stores." All the goods exhibited on the premises are of purely British manufacture, and as the proprietors deal direct with the factories there is no "middleman's"

profit, and they are thus enabled to supply at an extremely moderate price articles which are at present costing the public in Aberdeen and elsewhere twice and even three times the figure which Messrs Woolworth are to charge. The firm has an extensive circle of shops in America, there being over 1100 branches in existence in that country, while they have also 80 branches in the United Kingdom."

The same newspaper then went on to report that a visiting day for the public, followed by the opening day, had been huge attractions for Aberdonians.

The new 3d and 6d department stores at 50-52 St Nicholas Street, owned by Messrs J. W. Woolworth and Co., were opened for business on Saturday morning at 9 o'clock. On Friday afternoon the public had an opportunity of inspecting the commodious interior of the premises and the extensive variety of articles displayed on the various counters, over 35,000 people visiting the premises.

From the time of opening on Saturday till the closing hour at 9 p.m. the building was invaded by a clamorous throng of purchasers and curious sightseers. So great was the crush at some periods that it was impossible to supply many of the customers, who were forced to move on by the jostling stream of humanity behind and around them. The rush was at its height in the evening, and policemen had to be employed to regulate the traffic to and from the building, the pavement and street presenting a congested and animated appearance, crowds flocking from all over the city the lookout for bargains. The greatest demand was on the crockery department, it being found impossible to supply customers from the one counter, a number of the articles having, in consequence, to be distributed to and sold from several of the other stalls. The toilet, fancy goods, stationery, confectionery, and hardware counters also did a roaring trade, the establishment being the shopping centre of the city for the day."



**F. W. WOOLWORTH  
AND CO., LTD.,  
50-52 ST NICHOLAS ST.**

Are Opening Their

**New 3d & 6d**

**DEPARTMENT STORE**

**TODAY (FRIDAY), at 2:30 p.m.**

**FOR INSPECTION ONLY.**

80 BRANCHES IN GREAT BRITAIN.

**OPEN FOR BUSINESS SATURDAY, OCT. 18th, 9 a.m.**

**DEPARTMENTS.**

SWEETS, CHOCOLATES, TOILET GOODS,  
JEWELLERY, HABERDASHERY, STATIONERY,  
PAINTS, POLISHES, HARDWARE, TIN HOUSE-  
HOLD GOODS, BRUSHES, HANDKERCHIEFS,  
DRAPERY, CROCKERY, TOYS, MUSIC.

**NOTHING IN THESE STORES OVER 6d.**

# Community Contacts

**Aberdeen City Council Helpline** - 0800 0304 713

## **ALCOHOL**

**Alcoholics Anonymous** - 0800 9177 650

**Drinkline** - 0300 123 1110

## **CRIME**

**Crimestoppers** - 0800 555 111

## **DRUGS**

**Alcohol and Drugs Action Helpline**

01224 594700 or 07927192706

**Narcotics Anonymous**

0300 999 1212

## **DENTIST**

**Emergency - G-Dens** - 111

## **DOCTORS**

**NHS 24 Emergency** - 111

## **POLICE**

**Non-Emergency** - 101

## **ELECTRICITY**

**If you have a power-cut** - 105

## **GAS**

**Gas Emergency** - 0800 111 999

## **WATER**

**Scottish Water Emergency** - 0800 0778 778

## **HOUSING**

**Emergency Repairs** - 03000 200 292

**Family Planning** - 0345 337 9900

**Mental Health Aberdeen** - 01224 573892

**Breathing Space** - 0800 838 587

**Samaritans - Need to talk**

01224 574 488 or 116 123

## **SOCIAL WORK**

**Adult Protection** - 0800 731 5520

**Joint Child Protection Team**

01224 306877 or 0800 731 5520

**Aberdeen City Carers Service**- 01224 914036

**Age Scotland** - 0800 1244 222

**CFINE** 01224 596156

**Financial Advice at CFINE** 01224 531386

**Pathways** 01224 682 939

**Citizens Advice** 01224 586255

**St Machar Credit Union** 01224 276994

**Northfield Medical Practice** 01224 662911

**Woodside Medical Group** 01224 492828

**Councillor Ciaran McRae** 01224 346630

[cimcrae@aberdeencity.gov.uk](mailto:cimcrae@aberdeencity.gov.uk)

**Councillor Gordon Graham** 01224 523594

[ggraham@aberdeencity.gov.uk](mailto:ggraham@aberdeencity.gov.uk)

**Councillor Jackie Dunbar** 01224 522522

[jdunbar@aberdeencity.gov.uk](mailto:jdunbar@aberdeencity.gov.uk)

## **Area MSP**

**Mark McDonald**

– MSP for Aberdeen Donside

**Aberdeen office:** 01224 789 457

[Mark.McDonald.msp@parliament.scot](mailto:Mark.McDonald.msp@parliament.scot)

## **Area MP**

**Kirsty Blackman**

– MP for Aberdeen North

**Aberdeen office:** 01224 633285

[kirsty.blackman.mp@parliament.](mailto:kirsty.blackman.mp@parliament.)

## **DOMESTIC ABUSE SUPPORT**

Domestic Abuse is not acceptable. It is not your fault and you are not alone. Domestic Abuse is when you are hurt, bullied or frightened by:

Your husband or wife. Your boyfriend or girlfriend

Your current or ex-partner

Their behaviour can be; controlling, physical, sexual, financial or emotional.

### **Help and support**

There are services available to support you, and they are still open. You do not have to wait for an emergency to get help. Tell someone you trust or contact:

### **Police Scotland**

If you are in danger and it is an emergency, call 999. For non-emergencies call 101

**National Domestic Abuse Helpline Free** and confidential advice. Open to all. 24 hours a day. Telephone: 0800 027 1234. Website: [sdafmh.org.uk](http://sdafmh.org.uk)

### **Grampian Women's Aid**

Telephone: 01224 593381. Website: [grampian-womens-aid.com](http://grampian-womens-aid.com)

**Rape Crisis Grampian** Telephone: 01224 590932. Website: [rapecrisisgrampian.co.uk](http://rapecrisisgrampian.co.uk)