

TillyTattle

Spring 2019



In this issue:

.....
TILLYDRONE COMMUNITY
CAMPUS

TILLY-WOOD PROJECT

MAINLY MUSIC

www.shmu.org.uk/press

contents

3	Elsie Rennie
4	Cuppa with a Purpose
5	Bookbug
6	Wallace Tower
7	Tillydrone Community Campus
8	Tilly-Wood
10	Third Don Crossing
11	Tilly Flat
12	Mainly Music
13	Best Start Grant
14	shmu
15	Community Update

Welcome to your autumn edition of the Tilly Tattle.

In this issue we have articles covering the Tillydrone Community Campus, Tillydrone Community Council and much more.

If you would like to get involved and join the editorial team or if you have ideas for the community publication, you can easily get in touch with us. The staff at SHMU are able to support and train anyone living in the area who are interested in developing their ideas and skills in either writing, photography or proof reading. So please don't be shy, this is your magazine written, edited and designed by the good folk of Tillydrone.

If you live in the Tillydrone area and would like to come along to the editorial meetings or submit an article then get in touch with **Laura at SHMU** on **01224 515013** or you can email her on **laura.young@shmu.org.uk**.

You can also view this magazine alongside previous editions on the SHMU website **www.shmu.org.uk** then click the 'PRESS' option.

Our dates for the summer edition have not been set yet but keep an eye out on the Tilly Tattle Facebook page for more information coming very soon!



Supported by



A close-up portrait of an elderly woman with short, wavy grey hair. She is wearing black-rimmed glasses with a decorative pattern on the temples. She has a gentle smile and is wearing a purple V-neck top under a dark purple cardigan. A thin gold chain necklace is visible around her neck. The background is slightly blurred, showing what appears to be a bookshelf.

Honouring Elsie Rennie

I met Elsie about 40 years ago, with her three daughters – Sarah, Anne and Lynne, when they moved to Aberdeen. We were both members of the same church.

She worked at the hospital as a midwife, a job she loved.

After retiring from nursing she got involved with shmu

on the local radio programme and the local magazine. She was a wonderful person and would help anyone, she always looked for the good in people.

Elsie persuaded me to write articles for the Tilly Tattle. Which started by telling people the name of the streets and who they were named after.

Elsie used to enter poems.

She tricked me into becoming a member of the editorial team!

Elsie was always smiling, well respected in the community and brought many people to look on the brighter side of life.

Margaret

Cuppa With A Purpose

Fancy a blether with someone who has walked your path but made some changes to find a different direction? Want to find out what they did and where and how they found the help that made the difference? Want a platform to voice your ideas and thoughts? Have you or your family been affected by the addiction and behaviours of a loved one? Would you like to speak to someone who knows your sorrows? Join us for a "Cuppa With A Purpose" at these local venues.

MONDAY

10.30 AM - 12 NOON

AiR Community Rooms

@ Elim Church

Access via Theatre Lane

(off Regent Quay)

AB11 5AW

WEDNESDAY

1 PM - 2.30 PM

AiR Community Rooms

@ Elim Church

Access via Theatre Lane

(off Regent Quay)

AB11 5AW

FRIDAY

11 AM - 1 PM

Tillydrone

Community Flat

3b Alexander Terrace

Tillydrone

AB24 2QT



Christmas Lights

Tillydrone Community Council are currently fundraising to pay for Christmas lights for the community for next Christmas. We have approached local businesses, including Nisa and McColl's who donated their carrier bag community tax to us.

We want to bring some festive cheer to our community streets for Christmas 2019 as we unfortunately missed the deadline for the application for last year.

We're really looking forward to raising yet more monies this year, so that we can make Tillydrone look really festive for Christmas

2019. We would also like to say a huge thank you to McColl's for their very generous donation of £250 which is amazing amount to receive. We have to identify which lamp posts can be used for erecting the lights & we also have to purchase the lights, but we are most definitely looking forward to seeing them up in time for Christmas next year.

If there are any local businesses that would like to donate towards our Christmas funds they can get in touch with us via our email address: secretary.tillydrone@hotmail.com.

Tillydrone Gala

The 2019 Tillydrone Gala will take place on Saturday the 29th of June. The committee are in the early stages of planning at the moment but there will be lots of

great activities on offer throughout the day. The gala takes place between Aberdeen Lads Club and Riverbank Primary School. See you there!



BOOKBUG AT TILLYDRONE

Bring your wee one to a Bookbug Session at Tillydrone Library!

Did you know that Tillydrone Library holds monthly Bookbug sessions for 0 - 5 year olds and their parents/carers? Bookbug sessions are free, fun and friendly sessions of songs, rhymes and stories. Each relaxed session lasts around 30 minutes and is a great opportunity to meet other families, learn new things and have fun.

Louise usually leads the sessions at Tillydrone Library, and she says

‘Bookbug Sessions are a great way of introducing your child to the library. The children love doing all the actions to the songs and rhymes we use in the sessions. I particularly enjoy reading the story and making use of all the musical instruments and puppets we have at our disposal! It is always rewarding to see the children grow and develop a real enjoyment for reading and books.’

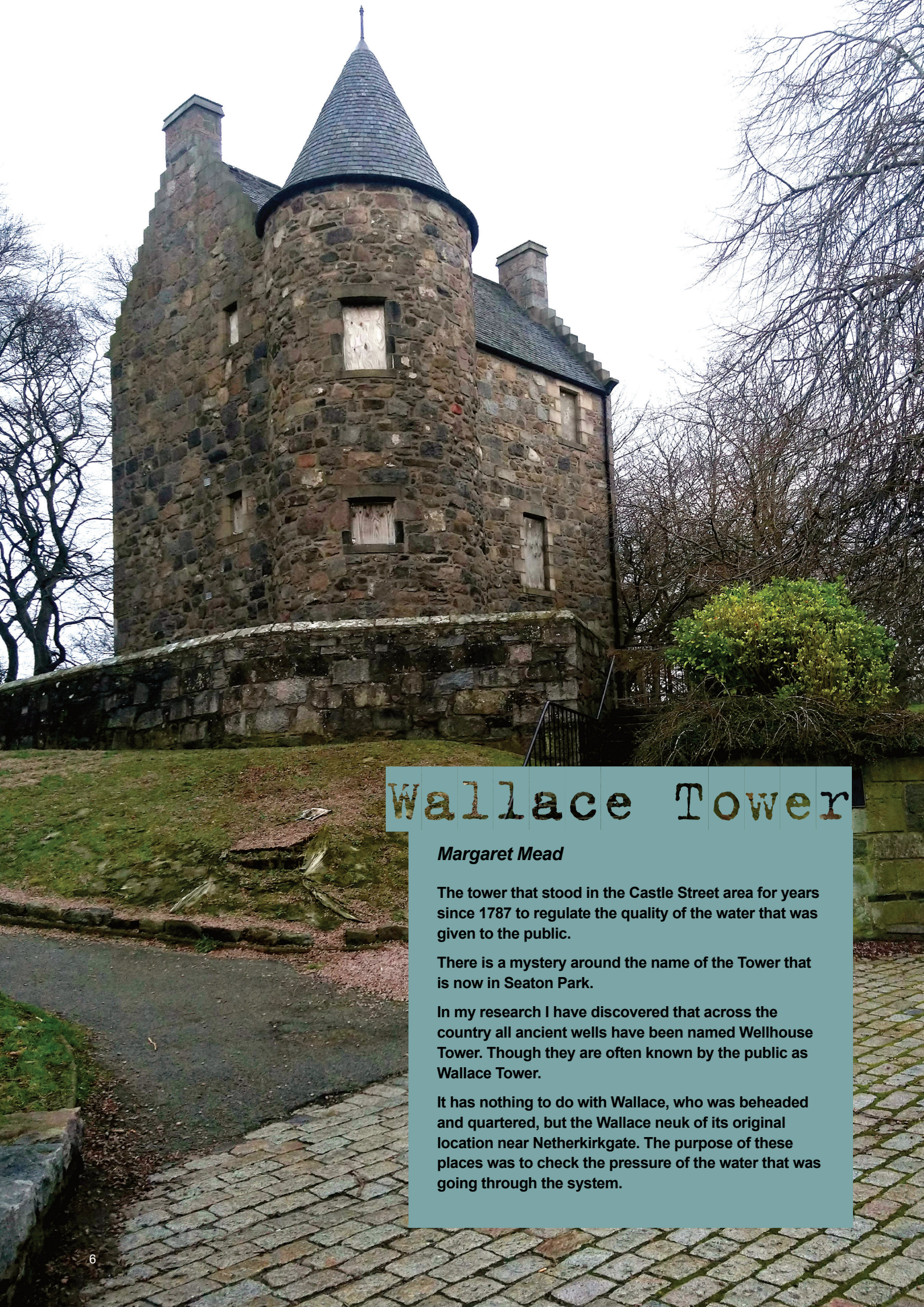
After a fun Bookbug session, one parent has said ‘bringing my little one is a great experience. I strongly believe that it helps in her

learning and making new friends.’ So, why not see for yourself? Whether you have never tried a Bookbug session before, haven’t been for a while, or you are a regular attendee, if you have or care for a child aged 0-5 years old we would love to see you there!

**Sessions are held in
Tillydrone Library every
fourth Tuesday at 10.30 am.
The next sessions is:**

Tuesday 02 April 10:30-11am





Wallace Tower

Margaret Mead

The tower that stood in the Castle Street area for years since 1787 to regulate the quality of the water that was given to the public.

There is a mystery around the name of the Tower that is now in Seaton Park.

In my research I have discovered that across the country all ancient wells have been named Wellhouse Tower. Though they are often known by the public as Wallace Tower.

It has nothing to do with Wallace, who was beheaded and quartered, but the Wallace neuk of its original location near Netherkirkgate. The purpose of these places was to check the pressure of the water that was going through the system.



Name for the new centre in Tillydrone revealed

The new name for a new multi-service facility in Tillydrone was today revealed after it was chosen by residents – Tillydrone Community Campus.

Names have also been chosen for three rooms inside the £6million new facility which are Donbank, Wallace, and Riverbank.

The new Community Campus will bring together a range of services including existing community organisations, council services for housing tenants and priority families outreach.

In addition to providing vital services to those most in need, the centre will also include a library, crèche, cafe, business start-up unit and activity halls for fitness and recreation.

Work on the facility is almost complete and it is expected the facility will be open to the public in early 2019.

Aberdeen City Council regeneration spokesman Councillor Ross Grant said: "The Tillydrone Community Campus will perform an important role in the area by providing support and improve the quality of life for many residents, and it will also be a centre for fun and learning.

"The new community hub is one of several transformational events for Tillydrone which are designed to help regenerate the area to show it is a great place to

live and work, including a new school and additional affordable housing.

"It is a very exciting chapter for the project and the local residents now that the name has been chosen and the work is almost finished."



Update from Tilly-Wood Street Design Project

Local community in Tillydrone and Woodside invited to upcoming events and activities

What is the Street Design Project?

The project is run in partnership by Aberdeen City Council and Sustrans Scotland and funded by the Scottish Government funding through Sustrans' Street Design Programme.

It builds on the street audit undertaken by Living Streets in 2017 with residents which identified potential solutions to address road safety along Hayton Road.

The project team now want to develop a concept design with the community that aims to strengthen the connection between Tillydrone and Woodside.

What have we been up to so far? Since September 2018 we have engaged with over 1,500 people through events and activities, comments through the project website and household surveys to understand how to redesign the space.

Our last event was held at St George's Church in Tillydrone last November where the public had the opportunity to turn their ideas into designs using maps and a 3D

model kit. We also invited pupils from Riverbank Primary School to get involved. We had ideas which included parks for dogs, more places to play, plants, rental bike schemes and even benches with inbuilt Wifi. You can see some of their ideas in the photos.

A special thanks to the guys from Adventure Aberdeen who delivered the Dr Bike Session and offered free bike advice and mini repairs for everyone's bikes.

What's coming up next?

Next Public Session 3: Design Consultation Stage

Following the engagement, we've received so far we've gathered your comments and suggestions into three main themes to ensure the designs aim to:

- Make it easier for walking, cycling and wheeling
- Improve public space with more greenery, artwork and places to sit and play and
- Create a stronger community and business identity

These designs will be in draft and require your comments and

suggestions to ensure they meet the needs and aspirations of the local community. We will soon be launching a website for you to comment on the designs and will also be holding events and talks in the local area to give you the opportunity to leave your feedback.

Tilly-Wood Litter Pickup

A frequent theme from your comments and feedback so far was the concern of litter on the street and how it affects walking and cycling in the area. We're teaming up with local groups in the area to run an anti-littering campaign. In the next few months we'll be running events with local schools and will invite businesses to pledge for a tidier Tilly-Wood.

If you've done something similar, would like to help organise a litter-pick or have any questions please email Kasia, kasia.koziel@sustrans.org.uk.

To keep up to date with the project and to find out more please visit our website: <https://tillywood.commonplace.is/news>.





Third Don Crossing – we want your views

It has been nearly three years since the Diamond Bridge, more well known as the Third Don Crossing opened up transport links into Tillydrone from other areas of the city.

Before the bridge opened there were concerns from residents of the area that bridge opening would lead to issues with road safety, increased traffic and pollution in the community.

The £22.3m Diamond Bridge was aimed at easing congestion in Aberdeen

We want to know how you think the bridge has affected the community, for better or for worse.

Let us know, we'd love to print your views.

Email laura.young@shmu.org.uk, call 01224 515013 or look up Tilly Tattle on Facebook.



TILLY FLAT UPDATE

It's been a hectic few months and Christmas seems in the distant past... Once again we had a phenomenal response to our appeal for food bank donations and we are utterly overwhelmed with the generosity of friends, strangers, businesses, churches, schools and charities from every corner of the city. Sarah, myself and our Management Committee would like to express our most sincere gratitude to everyone who supported us over the festive period. There is so much kindness in the world and it is good to be reminded of this. Special thanks are due to St George's Church who bring us a donation every week after their Sunday Service. This is very much appreciated.

As expected, the roll out of Universal Credit has been affecting many of our service users who may have to wait for several weeks before receiving their first payment. We will do all we can to help anyone struggling with the new system.

Our Arts and Craft group continues to thrive with Kara and the girls making beautiful Christmas table

centrepieces and experimenting with new methods of crafting.

Our Computing group under the leadership of Susan produced calendars, Christmas cards and Donald has learned to use Skype!

The Tilly Flat crèche is a busy, happy place and the children's garden, transformed last year by Straightways is very well used in all weathers. The children continue to thrive under the gentle care and guidance of Carole and Ruzina.

The past few months have seen some very sad losses and we would like to take the time to remember Derek Russell, Dorothy Irvine, Dod Lumsden and Elsie Rennie. All much loved and hugely missed members of our community.

Last year we secured a grant from the Health Improvement Fund to employ a professional counsellor for a period of three months to run a pilot scheme in the Flat. Those who were fortunate enough to participate in the service have given very positive feedback and we will endeavour to secure further funding to run this again in the future. We also received £2000 from the

STV Children's Appeal which was unexpected but most welcome!

Once again we are delighted to host a Social Work student on placement from RGU. Abbie Cowie joined us in January and is proving to be a great asset and a massive help to Sarah and I!

One of the most important but often undervalued aspects of the Tilly Flat is that it provides a friendly, inclusive and warm place for folk to meet and have a chat and a cuppa. In an era where many suffer from social isolation due to a multitude of factors, having somewhere to go where you will always find a friend (or make a new one), whether to get assistance with social security, housing or financial issues or to join a new group and learn new skills is integral to the heart of the community. We are delighted that our service access figures continue to rise year on year and look forward to welcoming friends – old and new- in the future.

Fiona Young
Community Development
Worker

Funding Success for Donside



Nathan was involved in a school project, where the pupils had to choose a charity to profile. Nathan picked Donside Village Community SCIO, as he has been an active member of the community and has participated in many events. The project involves children in groups who promote charities in their local area as part of the Youth Philanthropy Initiative. They had to gather information about their charity and why they were passionate about it and then deliver their presentation in front of a board.

Nathan's team won and he was awarded £3000 for our community. We are currently deciding, with Nathan's input, what to spend this fantastic grant on. Huge congratulations to Nathan and a great big 'thank you from Donside Village.

MAINLY MUSIC

Mainly Music is an exciting group run by Catalyst Vineyard Church Aberdeen North (Formerly City Church St Machar) designed for babies and preschool children, parents and carers.

We meet every Wednesday during term time from 9:45am at Woodside Community Centre.

The music session runs from 10 am for 45minutes teaching children the fun of music, rhythm, rhyme and so much more.

The sessions are designed to help the children learn about body parts, colours, numbers and co-ordination and there is always plenty of laughter and fun. Afterwards the children have a snack whilst the mums, dads, grannies, grandads and carers tuck into home bakes, tea and coffee. We really value community and so we make plenty of space for people to chat, connect and build friendships with other people at a similar stage of life.

There is then a session of free play after refreshments and we finish at around 11:30am.

Cost per session is £3 per family and includes the snack and refreshment along with each child receiving a gift on their

birthday, at Christmas and Easter. We love to celebrate our little ones and take every opportunity to let them know they are incredible little people!

Just before Christmas a wee group of our Mainly Music children took part in the Catalyst Vineyard Church Aberdeen North Nativity and brought the house down as many a proud parent and carer looked on!

We have been running now for 2 years and have shared the joy of seeing little ones grow in confidence and develop their characters. Lasting friendships have been made and even though some of the children have now grown and gone off to school we still love to keep in touch with the families.

Mainly music is an organisation that started in Australia, then spread to New Zealand and now has several groups based all over the UK. There are now about 10 in Aberdeen and Aberdeenshire.

Come along and give us a try? We would love to meet you. You will receive a warm welcome and your first session is FREE!

**For more information call
01224 646424.**





ATTENTION ALL EXPECTANT MUMS AND PARENTS/ CARERS

If you are on benefits or have a family income less than £16,190 per year you may be entitled to Healthy Start food vouchers and/or the new Best Start Grant.

Healthy Start Vouchers

Healthy Start is a UK wide scheme that enables low income families who receive certain benefits an opportunity to access vitamins* and vouchers that assist you to buy cow's milk, fresh or frozen fruit and vegetables, and first stage infant formula.

To qualify for Healthy Start you must be pregnant or have children under 4 years of age and be in receipt of the following benefits:

Income support OR Income-based Jobseeker's allowance OR Income related Employment and Support Allowance OR Child Tax Credit (with a family income of £16,190 or less per year)

Universal Credit (with a family take home pay of £408 or less per month)

If you are under 18 and pregnant, even if you do not receive the above benefits, you qualify for Healthy Start.

You can pick up your Healthy Start forms from your local GP surgery, the Department for Work and Pension, or you can download and print the form from

www.nhsgrampian.org/healthy-start and send to the freepost address advertised on the NHSG page. Your form must be countersigned by a midwife or health visitor or practice nurse prior to sending but you can take your form to your GP surgery and they will get someone to sign it and send it off without you having to make an appointment.

For more information and to check whether you qualify for Healthy Start please visit our local Healthy Start page at www.nhsgrampian.org/healthy-start

*every pregnant mum in Grampian is entitled to free vitamins throughout their pregnancy

Best Start Grant

Social Security Scotland have just launched the Best Start Grant – a package of 3 payments during the key early years of a child's life (i.e. birth, early years and school age).

There is no cap on the number of children per household who will be eligible to receive the grant and it does not affect any other benefits or tax credits. Applications can be made by phoning the Freephone number 0800 182 2222 or online at mygov.scot/pregnancy-and-baby-grant where you will also find translations of the form in over 100 languages.

IntoFilm Club at shmu

We recently launched our new shmu Youth TV Into Film Club which is running every Wednesday from 5-7pm for 11 to 19 year-olds, this opportunity is free to those who are living or attending the local schools in the regeneration areas across the city. The programme consists of watching a movie one week and on the following week the group review the film and learn about the different aspects of film making. To enhance the experience for the young people involved, shmu secured the use of a full cinema kit through a partnership with Cinema for All which has enabled the group to view the movies at a high standard, giving that real-life cinema experience. This has proved to be a great asset to the sessions and will hopefully help towards increasing the number of young people taking part in the sessions.

We're keen to get out into the communities and local schools to speak to as much people as possible about this new opportunity in the hope of attracting new people to the sessions.

We will be returning to our redeveloped shmu building just off Great Northern Road around the end of February, so we feel this is the best time to get out there and promote our youth opportunities to the young people who can benefit from taking part and access our new facilities.

For more information please get in touch with denise.reid@shmu.org.uk

shmu youthTV

Into Film Club

Live TV broadcasting

Aberdeen BFI Film Academy

Film making courses

Every Wednesday evening
5-7pm at shmu, 202
Ashgrove Road West

For more information
contact lori.wilson@shmu.org.uk

These opportunities are for young people aged 11-19 years and living in the following areas - Northfield, Cummings Park, Middlefield, Woodside, Tillydrone, Seaton and Torry

shmu

Pathways in Tillydrone

Since our last update Pathways celebrated their 20th birthday in November 2018, having helped over 3000 people into work, with 1500 attending community learning classes and over 900 people receiving help from our counselling service. All these activities have generated over £5 million of benefit savings with over £1 million of external funding pulled in.

On a more local note, our Keyworker for Tillydrone, Dave Cook, has already helped 14 people into employment for this financial year to date and is currently seeing up to 12 clients per week at the Tillydrone Community Flat. As well as delivering the Pathways core employability service we are also promoting the Progress Through Positive

Partnerships programme on behalf of Aberdeen City Council and the European Social Fund. This allows our keyworkers to offer additional training and sources of funding to help individuals back into courses and work placements as stepping stones to eventually get back into employment.

If you would like help to find work you can contact Dave Cook by phone on 01224 682 939 or by email at davidcook@pathways-online.org

Dave Cook, meets with people looking for help at the Tillydrone Community Flat, Alexander Terrace, Aberdeen on Thursdays from 10am till 12.30pm.

Pathways – Helping You To Find Work

Tillydrone Memories

Mrs Kathleen Morrison (previously Miss Pole) who used to teach at Tillydrone Primary School has provided us with some old photos that she wanted to share in the magazine. We love a trip down

memory lane. Have you got any old photos you would like to share with us? Email laura.young@shmu.org.uk, look up Tilly Tattle on Facebook or call **01224 515013**.



St Machar Credit Union

Will you be our 5,000th St Machar Credit Union member?

We are fast approaching our 5,000th customer who will open a credit union personal account. Start the new year with a new personal savings account

You can use your credit union account for savings or use your account for savings and a low-cost affordable loan.

To be eligible we need you to provide ID of who you are, where you live or work and your income - we cover Tillydrone, Woodside, Middlefield, Northfield, Cummings Park, Seaton.

For more information phone (01224) 276994, email f-credit@fersands.org or Facebook St Machar Credit Union.

ST MACHAR CREDIT UNION 433 Great Northern Road Woodside Aberdeen AB24 2EU

Community Contacts

Alcohol

Alcoholics Anonymous 0800 9177 650

Drinkline 0300 123 1110

Crime

Crimestoppers 0800 555 111

Drugs

Drugs Action Helpline 01224 594700

Dentist

Emergency - G-Dens 111

Doctors

NHS 24 Emergency 111

Electricity

If you have a power-cut 105

Family Planning

Aberdeen Community Health and Care Village 0345 337 9900

Gas

Gas Emergency 0800 111 999

Gas emergency with a meter 0845 606 6766

Housing

Emergency Repairs 01224 219 282

Call Centre Emergency 0845 608 0929 or 116 123

Police

Non-emergency 101

Samaritans

Need to talk 01224 574 488 or 116 123

Social Work

Social Work Duty Team 0800 7315520

Emergency Out-Of-Hours 01224 693936

Young Carers 01224 212021

Water

Scottish Water Emergency 0800 0778 778

CFINE 01224 596156

Home-Start 01224 693545

Pathways 01224 682 939

Cash in your Pocket 0800 953 4330

Citizens Advice 01224 569750

Tillydrone Community Flat 01224 486641

Riverbank Primary School 01224 483217

St Machar Academy 01224 492855

St Machar Parent Support Project 01224 487813

Aberdeen Lads Club 01224 492672

St Machar Credit Union 01224 276994

Community Information for Tillydrone

Tillydrone Community Council

Meetings are held on the third Wednesday of every month at Tillydrone Community Centre at 6:30pm

Contact: lynniecee@msn.com

Aberdeen Lads Club

9:45am – 8pm

Contact: 01224 492672

Tillydrone Community Centre

Contact: 01224 493388

Tillydrone Community Flat

9:30am – 3:30pm

Contact: 01224 486641

Tillydrone Library

10am – 5pm

Contact: 01224 276975

Councillors in Tillydrone

Ross Grant - 01224 346621 or 07738688458 or email rossgrant@aberdeencity.gov.uk

Alexander McLellan - 01224 346633 or email amclellan@aberdeencity.gov.uk

Jim Noble - 01224 522051 or 07748760557 or email jimnoble@aberdeencity.gov.uk