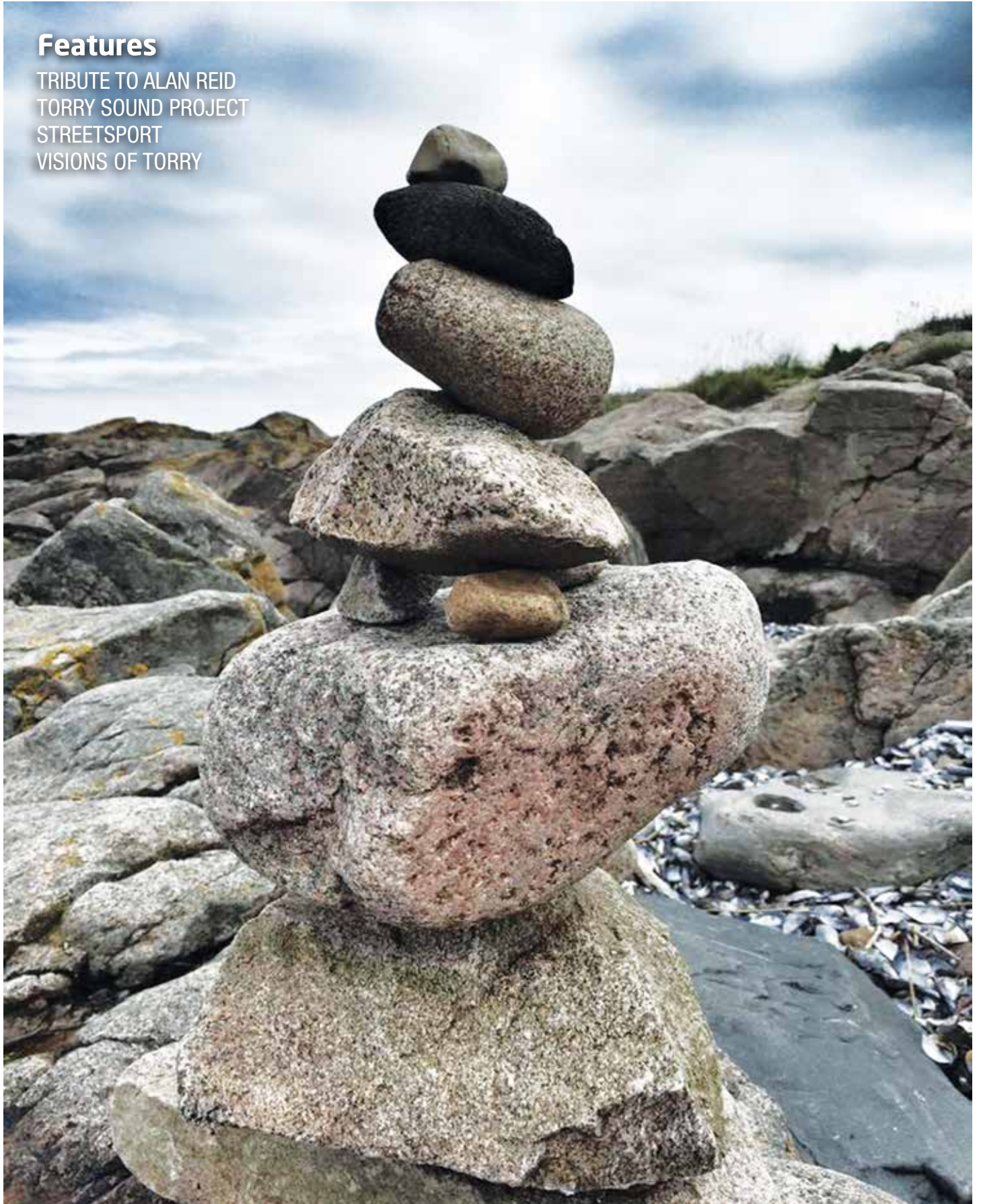


# torry's vision

Autumn 2015

## Features

TRIBUTE TO ALAN REID  
TORRY SOUND PROJECT  
STREETSPORT  
VISIONS OF TORRY



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Balancing Rocks, Lisa Skinner. See Page 13



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## Editorial

Welcome to the Autumn edition of Torry's Vision community magazine. Sadly during this edition the community of Torry has had to say goodbye to Alan Reid, a well known Torry Loon. We would like to wish all the best to Alan's family. Read on for the usual updates from Torry Against the Stench and Professor Rob Jackson, Torry Community Council and Mandy the Quine fae Torry's experience as a volunteer during the Big Noise Torry Summer School.

If you would like to get involved and join the editorial team or if you have ideas for the community publication, you can easily get in touch with us. The staff at SHMU are able to support and train anyone living in the area who is interested in developing their ideas and skills in either writing, photography or proof reading. So please don't be shy, this is your magazine written, edited and designed by the good folk of Torry.

If you live in Torry and would like to come along to the editorial meetings or submit an article then get in touch with Laura at SHMU on 01224 515013 or you can email her on [laura.young@shmu.org.uk](mailto:laura.young@shmu.org.uk).

You can also view this magazine alongside previous editions on the SHMU website [www.shmu.org.uk](http://www.shmu.org.uk) then click the 'PRESS' option.

Do you care about Torry? The Community Council elections are being held this year so have your voice heard and sign up.

Sport Aberdeen is looking to hold an open day at Torry Outdoor Sports Centre on Monday the 26th of October between 10am and 2pm.

Supported by



# A Fond Farewell to an adopted Torry Loon!

**Torry has had to bid a fond farewell to a well-known figure and true character. Alan Reid, who was diagnosed with cancer earlier this year passed away in early August, leaving his beloved wife Margaret and a much-loved daughter Angela.**

He was a well kent face around Torry for many years for those of us of us who were pupils of Tullos Primary School as he maneuvered his scaffy trolley around the Balnagask area. Julie McDonald, Linda Smith, Graham Russell and Grace Angus remember he was always smiling and chatting away when the kids were on their way home from school as he went about making the streets clean and safe for the residents. Since retiring, he became one of founding members of the Torry Heritage Group. At the time it was a small group but now has over 2170 people on their Facebook page.

Alan had a passion for the history of Torry, with a keen mind that could put any "mastermind" to shame with facts and figures that astonished many within the group.

With his wit and cutting remarks, Alan made each meeting of the Torry Heritage Group not only an interesting one, but a pleasurable gathering. And who could forget the tireless correspondence that Alan had with the local and national media voicing his option on all matters affecting Torry and its surrounding area.

Alan was a member of the Torry's Vision editorial team after joining in 2010. He appeared on shmuFM's Around with a Ranger. Over the past few years the Torry editorial team has changed their meeting venue to different centres, the local library and more recently to the Old Torry Community Centre. It was here that Alan discovered he could access other activities he was interested in such as painting and computing classes. Alan was a keen writer and would always wow us with his knowledge of

local history, not just of Torry but of Aberdeen as a whole. Alan loved his articles being published within Torry's Vision over the years and we loved reading them.

Alan was an absolute sweetheart, always took new comers under his wing and made everyone feel welcome. He has been sorely missed from our meetings these past few months and will be missed by the editorial team now and in the future.

**We would like to include some memories of Torry residents who knew Alan throughout his life in and around Torry:**

Heather McDougall remembers Alan as one of her old neighbours from Balnagask Circle;

Graham Russell remembers Alan as a pleasure to bump into over the years and said they always had a good chinwag;

Fiona-Jane Brown remembers Alan as a richt good tonic and full of great stories;

Bryan Smith remembers Alan as a well-known face around Torry who always had time for you;

Jenna Cranna only knew Alan for a couple of years said he was a true legend and was the highlight of the Torry's Got Talent competition;

Norman Innes remembers Alan as a one-off guy;

Margaret Whibley remembers Alan as being a huge part of her childhood and of others who went to Balnagask Nursery and Tullos Primary School and said they will remember him fondly;

Morag Ross remembered Alan as always being very friendly and easy to talk to while he was at

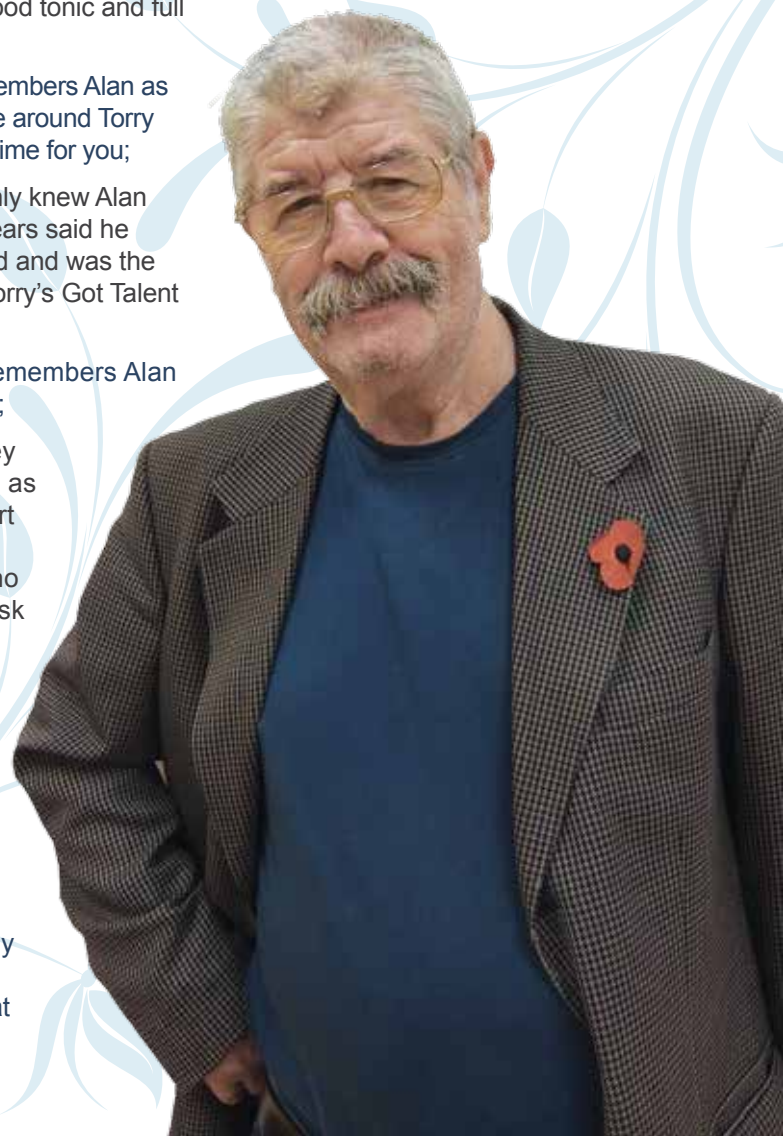
Walker Road Youth Club;

Stewart Robertson met Alan in 1950 at Torry Youth Club where he found an honest and hardworking guy who would be sadly missed;

**and finally...**

Frances Gordon spoke to Mandy the Quine fae Torry about her memories of Alan and one particular life changing event. She visited the Torry Heritage Group for the first time after the death of her partner of 30 years and it had dawned on her that although Frances had lived in Torry all of her life she hadn't many friends. When she mentioned this to Alan, he put his hand on to her hand and said "Right, am your first friend!" She said that she had lost a very good friend...

...but haven't we all?



# Torry Community Council Reports Back - August 2015

**Torry Community Council is a statutory consultee on matters to do with planning and key issues affecting Torry that involve the City Council, the NHS, Scottish Water and a wide range of organisations who have a remit or desire to work in Torry. We talk to and work with all organisations and groups that can bring benefits for Torry, and enjoy good relationships with the local Police and all the city councillors for Torry.**

This year, the tri-annual elections for the Community Council takes place. In 2012, Torry was one of the few communities where an election took place as 24 folk contested the 20 places available. This year, will you put yourself forward?

Here is a summary of the key dates in the timetable and watch out for more details closer to these dates:

## **Nomination Forms available**

Thursday 3rd September

## **Close of Nominations**

Thursday 1st October

## **Notice of Poll**

Monday 12th October

## **Polling Day**

Thursday 29th October

2015 has been a very busy year for the Community Council, and here is a brief summary of issues we have been dealing with:

### **Torry Academy**

The planning application arrived after the start of the school holidays and we immediately protested that the short consultation period during the main holiday period was totally un-reasonable for parents and the School Parent Councils to put forward their views on this. After many e-mails and phone calls we got an extension to the end of August and hope that everyone made their views known on this important issue for Torry. We never did get on-the-record replies on the many issues, including pupil transport that were first raised some 18 months ago so these were part of the response the Community Council made.

### **Overcrowding in our local schools**

This remains a crucial issues for Tullos and Walker Road, and no reply to this has been forthcoming. We will be taking this further after the August meeting of the Community Council.

### **Odours in Torry**

Following a strong representation by the Community Council, a small delegation visited the plant before the school holidays to see for ourselves as to what was happening, and certainly we can report plenty of rebuilding and repairs in all parts of the site. What remains to be seen is that lasting improvements to the operation of the plant do happen, and that Torry (and further afield) becomes odour free.

*continued on next page...*

Photo courtesy  
of Rob Duff



**Odours in Torry (continued)** We continue to have regular report backs from Professor Rob Jackson who has agreed to write up a monthly report for us which we can share widely. There are now quarterly meetings of all the relevant organisations and we will continue to ensure that issues are raised until all problems are sorted. We are clear that Professor Jackson must stay involved for at least two summers to prove that new measures do work before we will say "job done".

#### Proposed Incinerator

We are still more than concerned about a proposed Energy from Waste Plant (aka an incinerator) being put into East Tullos. We will report on any proposal at the next Community Council meeting but also need to know your views on this.

#### Harbour Developments

We await the next consultation events being organised by the Harbour Board and strongly encourage everyone to go and view them, ask questions and ask that you record your comments. We are very aware that the environmental and social impact will be greatest on Torry and that there are many views on any proposals to develop the Bay of Nigg. We will scrutinise any proposals very carefully, and we will consult with Torry residents before making any formal comments.

#### Roads in Torry

We await a further meeting with the Council's Roads Director to discuss infrastructure and development proposals as they will affect all the roads south of the Dee which are currently heavily congested, which leads to rat-running, congestion and air pollution.

High on that list is to make our concerns known about speeding cars through Torry, heavy lorries on our residential streets and bad parking outside schools.

#### Victoria Road School

A planning application by Barratt Homes for 62 units to be built on a completely cleared site was submitted in early August and we hope that folk looked at the proposals and sent in their comments. The Community Council will have made its comments before the deadline was reached.

#### Former prison site at Craiginches

The planning application has recently been submitted by Sanctuary Housing Association for key worker housing provision and this has responded to the concerns expressed by local residents and the Community Council. We will keep a watching brief on this as it follows the planning process.

#### Keeping in touch

We have a website ([www.torrycommunitycouncil.org.uk](http://www.torrycommunitycouncil.org.uk)) and this is now linked to Facebook and Twitter. Follow us on Twitter and like us on Facebook to build up these new and vital means of keeping in touch with us at what will be a busy period over the coming year. Please sign on and keep in touch, and share updates etc.

**Want to know more? Then come along to our meetings on the third Thursday of each month, all held at 7pm in the Library of Torry Academy, or Contact the Secretary, David Fryer at [secretarytorrycommunitycouncil@gmail.com](mailto:secretarytorrycommunitycouncil@gmail.com)**

*David Fryer, Secretary, Torry Community Council*

## NESCU

### What is a Credit Union?

Credit Unions are Non Profit Making financial co-operatives, offering their members an easy and convenient place to save and have access to low cost loans when required. We offer a valuable service to everyone living or working in Grampian. We encourage members to make regular deposits into savings accounts that create a central pool of funds. This is used to provide loans to the membership at very favourable rates. The interest generated from the loans is used to cover administration costs, with any surplus returned to the members as a dividend.

### How do I join?

Ask a volunteer or staff member for an application form. Return with 2 proof of identification and a minimum of £3 initial deposit. We will then send your Membership number by post or email and you can start saving by standing order, at a collection point or by Payroll deduction. There is a £2 annual administration fee.

For Junior savers you must provide a birth certificate. No annual fee.

### Where do I go?

For further information please contact:

**North East Scotland Credit Union Head Office, 7 Finnan Place, Aberdeen AB11 8RG  
Tel 01224 899688/870696. Email [info@nescu.co.uk](mailto:info@nescu.co.uk) [www.nescu.co.uk](http://www.nescu.co.uk)**

School collection at Walker Road School. Please ask school for details.  
Collection opening in Torry Academy Summer 2015.

# Away Days

Family Learning  
hosted Walker  
Road and Tullos  
Primary Schools'  
Away Days in June  
at Hazlehead Park



The Away Days are part of the induction for nursery children who will be attending primary 1 after the summer. It gives the children an opportunity to meet their new classmates, teachers and Pupil Support Assistants (PSAs) and it gives parents an opportunity to meet other parents, their children's friends,

teachers and PSAs and find out about services in their area including Family Learning.

It gives teachers and PSAs an opportunity to meet children who may be in their class and meet parents.

A great day was had by all, and the weather wasn't too bad either!

In the morning we had a nature trail and a bear hunt in the park then we decorated t-shirts and cakes in the new café.

The café has been renovated recently and I think all those that attended would agree it looks fantastic.



In the afternoon the children went to the pets corner with the staff from the schools, this gave the staff and children an opportunity to get to know one another, while the parents had to listen to the Family Learning Team explain all about our service (only a couple of bored

faces!) the Libraries and Adult Learning staff then explained what they had to offer too.

The children then came back and we took a group photo.

If you want to know more about Family Learning Courses then get in touch with Family Learning.

Our contact details are:

**Tel: 01224 764700 / 02**

**Mob: 07801 129494**

**or 07919 394142**

Email: [Familylearning@aberdeencity.gov.uk](mailto:Familylearning@aberdeencity.gov.uk)

Facebook: [facebook.com/familylearningaberdeen](https://www.facebook.com/familylearningaberdeen)

# Torry Odours... ...On the Road to Recovery

by Professor Rob Jackson

Of the 34 recommendations made in Professor Robert Jackson's report issued on 24th April 2015, 64% have been actioned, including stopping the import of 3rd party industrial wastes, stopping seawater ingress at Girdleness, and monitoring the treatment works for chloride ingress. 9% of his recommendations are in progress, 24% are in-hand or in the early stages of delivery or at the data collection phase; this includes work associated with the siphon under the harbour which will commence mid-September

at the end of the bathing season. The remaining 3% relate to source controls and behavioural changes in customers.

To openly engage with the community, a site visit to the Nigg Bay Wastewater Treatment

Works was held on 16th July 2015 for the Torry Odour Stakeholder Group. The visit was hosted by Kelda Water Services (Grampian) and Scottish Water and was attended by Torry residents together with Maureen Watt MSP and Aberdeen City Councillors Jim Kiddie and Alan Donnelly. Kelda and Scottish Water staff were on hand to answer any questions regarding the technical aspects of the treatment facilities and the visit allowed all to see the ongoing refurbishment works.

The tour included inspections of the areas of: preliminary treatment, comprising the removal of gross solids, rags and grit; primary sedimentation for the settlement of finer solids; secondary treatment comprising a biological aerated flooded filter (BAFF) plant; sludge import facilities; sewage sludge de-watering; and sludge digestion through thermal hydrolysis within the CAMBI plant.

Visitors were impressed with the scale and complexity of the extensive refurbishment works being undertaken by Kelda which is a mammoth and expensive task. The end result will offer a 'near new' treatment facility which is due for completion by March 2016.

Meanwhile, all odours identified in Torry should be reported to the SEPA helpline on 0800 807060 which is now free from all mobiles and landlines regardless of the service provider.

Kelda and Scottish Water are to be commended for their ongoing efforts and their commitment to rid Torry of sewage odours that have troubled residents for many years. All those attending the visit were encouraged to see that the work in hand is well on the way to minimising future sewage odours within the local community.

Grace Angus, who attended the site visit said: *"It was like visiting a completely different plant from this time last year. I would like to thank Kelda Water and Scottish Water for arranging the tour. They started with a power point to explain how the plant operates and explain what work they had already undertaken and what work they intend to do between now and March 2016 to help improve the odours being emitted from the plant. Professor Rob Jackson explained to me that by next March we will basically have a nearly new plant."*

*"We very much appreciate all the work they are doing to the plant and here's hoping by next March we will see/smell a vast improvement to the pollution levels of the air in Torry. We also appreciate all the work Professor Rob Jackson has done."*

There is an imperative to ensure that offensive odours from sources other than those associated with the sewerage network or treatment works are also identified and dealt with. In addition to the invaluable work being done by the jointly-funded Torry Odour Response Officer, Caitlin Baxter, this will require the ongoing support and input from the Environmental Health Department of Aberdeen City Council to consider the issuing of statutory enforcement notices to industrial premises producing offensive odours. It will also require the assistance of Aberdeen Harbour Board to police and control any of its industrial tenants that may be contributing to odour nuisance.

**Don't  
moan, phone  
SEPA on  
0800 807060  
if you smell  
any odours**





## Community Opposes Planning Application for New Academy

Torry Academy is due to shut its doors in 2017. The school, along with Kincorth Academy, will close to pupils as part of a plan to amalgamate the two schools and build a new 'super school' on the site of Bobby Calder Park in Cove.

The decision was made in 2013 as the City Council argued that the current schools were not fit for purpose and we needed a new, modern building to house the pupils from these areas. The new school is set to accommodate 1450 pupils, cost £30 million and will include start of the art facilities including a swimming pool, facilities for vocational subjects and high quality classrooms.

However, there are concerns from parents and pupils regarding transport to the school and pupil safety.

A report by Fairhurst, commissioned by Aberdeen City Council has deemed it "unreasonable" to expect pupils from Torry to walk the distance to the new school building which could take over an hour each way.

It states that pupils from Torry will benefit from a bus service to the school, albeit one which they will have to pay for.

Aberdeen City Council have set aside a sum of around £120,000 to try and cover the cost of bus travel for families in Torry but Finance Convener, Willie Young said that "negotiations with First Bus are ongoing."

Councillor Jim Kiddie said: "There are exceptional circumstances applying to Torry. "It is a regeneration area with financial challenges faced by all sorts of families and it can also

be difficult to motivate some of the pupils to go to school.

"My position is that it must be free transport."

The planning permission for the new school has been submitted and images of the plans for the school have been released to the public.

Torry Community Council has formally objected to the planning application which has been submitted by Aberdeen City Council.

Aberdeen City Youth Council have also raised their concerns about how the consultation over the new building was carried out and have said they would "like the "South Academy" project to be suspended until a full and proper consultation has taken place amongst local young people and safe routes to school are drawn up."





## Your views

**Anonymous:** *Further to recent Evening Express article and that the fact that Tullos Primary School had lost their library for a classroom due to the lack of classroom space, Aberdeen City Council should relieve the overcrowding consequence experienced by Walker Road and Tullos Primary Schools since the closure of Victoria Road School a few years ago. The solution to said concern would be for the Primaries 6 and 7 from both schools to transfer to Torry Academy thus integrating them to secondary education earlier and as a result alleviating the issue of overcrowding for both primaries and restating lost facilities such as their libraries.*

**Anonymous:** *I don't have a problem with the actual building of a new school – I think each area equally needs and deserves a better equipped and updated academy. I do, however, feel that the outskirts of an industrial estate is not the best area to place a school and have serious concerns about the safety of pupils who will be travelling to school from all areas. Another point is that obviously such a large school will have an extremely high number of pupils in attendance. I worry that some pupils will get lost in the system and not be able to receive the levels of support they would in a smaller school setting.*

**Anonymous:** *Building a new school is fine but the place that it is in right now is terrible because children are supposed to walk up a road right next to the industrial estate where lorries come in and out of. Also children who are just starting academy will have to walk up a hill and they don't know where they are going. There should at least be buses provided for the children because of how busy it is. Also there is going to be tons of pupils there and lots of new faces. Cove, Kincorth and Torry should get their own schools but with different things around the school, for example make them look better than they already do.*

**Lesley Lockie:** *I'm an former pupil of Torry Academy...class of '77 and now live abroad. Was devastated to see the state of lower Victoria Road when back this year; the essence of Torry is no more. With the closure of both the Academy and Victoria Rd. Primary, it would appear Aberdeen council is on a path to rob the once proud Borough of Torry of it's uniqueness and "independence" and merge it into cookie-cutter neighbourhood status. So sad.*



Image courtesy of the artists and Torry Sound Project

**Artists Gemma Connell and Angela Main will capture and realise the sounds of Torry as a performance piece Torry 24.**

Torry Sound Project is a fresh venture hosted by sonADA, a new sonic art festival in Aberdeen. As part of the artistic programme at Seventeen, Aberdeen’s creative hub, this project offers an opportunity for an emerging sound artist based in North East Scotland to engage and communicate with the local area and people of Torry and create a site-specific new work.

Torry is an area rich in history, with a distinctive geography. Connected to Aberdeen city centre via three bridges, Torry has had an equally strong relationship with the sea. For centuries people in Torry have engaged in many kinds of navigation. Focusing on a theme of ‘Navigations’ Torry Sound Project aims to re-discover and re-illuminate the unique characteristics of the area by working with the selected artist and people in Torry.

The commissioned artists Gemma Connell and Angela Main will explore a question ‘What are the rhythms that Torry reveals? How do they sound?’ in their project Torry 24. In Torry 24, they will immerse themselves in all aspects of Torry -staying in the community, recording sounds, finding objects, listening to stories from residents and collecting photographs and film. Using the collected sound material as the heartbeat of the project, they will then produce a 24 hour physical performance of

movement and spoken word representing their hourly experiences in Torry.

Gemma Connell commented: *“I am incredibly excited to be working on this project. I revel in telling stories and there’s so much history around Torry that I can’t wait to unearth. We want to collect the sounds and stories of the people who know this area so well, and share them with the rest of the world.”*

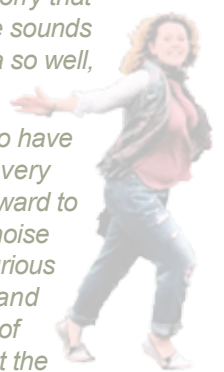
Angela Main commented: *“I am honoured to have been given the opportunity to work on this very exciting project alongside Gemma. I look forward to the discovery and undiscovery of Torry, the noise and quiet, the sparks and the ashes. I am curious and listening to what Torry has to tell me and willing to learn the language it speaks. Most of all, I look forward to our journey. Seeing what the performances will consist of and the challenges and laughter we are bound to have along the way.”*

**Project Schedule**

6 - 17 October: Showcase at Seventeen  
 10 October: 24 hour performance at Seventeen (10am to 10am on 11th)

**Contact**

[torrysoundproject@gmail.com](mailto:torrysoundproject@gmail.com)  
[www.sonada.org/torrysoundproject](http://www.sonada.org/torrysoundproject)  
 Also follow us on Facebook and Twitter (@TSP\_Navigations) not to miss any updates!



# Big Noise Torry Summer School

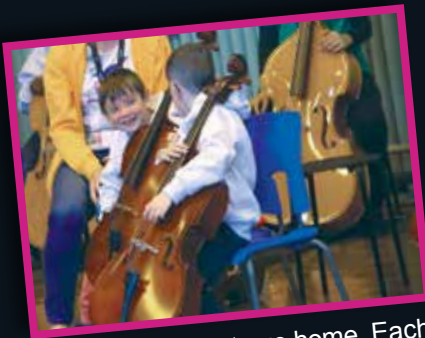
## A Volunteer's Perspective

Written by Mandy "The Quine fae Torry"

In July 2015, Sistema Scotland launched its first ever Big Noise Torry Summer School (BNTSS) based at Torry Academy. BNTSS was open to pupils from Torry who were entering Primary 3 after the summer holidays. With Laura (Team Leader) and Sarah (Operations Manager) at the helm, supported by outstanding music teachers, Coralie (violins), Shelagh and Frances (violins), Irini and Tobia (basses) and Aongus (cellos) assisted by Heather, Angela and Kim the extraordinary Pupil Support Assistants (PSAs) who are normally based at either Walker Road and Tullos Primary Schools and not forgetting the tireless group of volunteers such as Elaine, Mandy the Quine fae Torry, Sarah, Cecily, Annie, Melanie, Michael and Hugh.



Each day started at 9am with a Big Noise Torry Office huddle where the morning events were discussed and once concluded, we all set about setting up for the children's arrival in the school's dining hall. As we busied ourselves, we could see that the children were arriving all full of life and raring to go! At 9.30am, the doors would be opened and the first of the eager beavers would enter to register with Sarah before hopping, skipping and sometimes running through the doors to get to the dining hall, greeted on their way by a smiley face of a volunteer such as Michael or Mandy! Upon entry to the dining hall, another smiley volunteer welcomed them, listening to their enthusiastic chatter whilst trying to grab their coats before they headed off to their breakfast! Once breakfast was finished, it was time to colour or visit the toilets where another new game ensued with Mandy who was on hallway duty to get the children to strut instead of running back and forth fae the toilets, which amused the children and the adults alike!



Breakfast completed, it was onto music class where children, music teachers, PSAs and volunteers were split up in to their various strings sections. The fun began with games around songs, rhythms and scales followed by sectionals class where the children along with PSAs and volunteers got the opportunity to handle the instruments. Before we all knew it, it was snack time and back to the dining hall, where everyone met up to discuss the morning efforts with great gusto. Snack time completed and then it was off to the main hall for orchestra class, led by one of the music teachers where everyone came together within their sections to go over what had been learnt in the sectionals. Soon after, instruments were placed back into their cases and games ensued once more before it was time to go home. Each child lined up to the hall door before walking back to the dining hall where they were met by their guardians and other siblings readily chatting away about the exploits that morning and eagerly showing off their drawings leaving with the same energy, if not more, than they had come in with!

The final day of the Summer School was different as the children were preparing for a concert later that morning in front of their families. The start of the day was the same as normal but instead of drawing after breakfast, some of the children, unknown to the volunteers, were designing a special thank you card! Coralie and Aongus led the orchestra class that morning. Snack time over and it was time for the concert! The children were lined up at the door of the dining hall while their parents, grandparents and siblings were sitting patiently within the main hall awaiting the arrival of their children. As the children entered into the main hall, all of the room turned to see them enter as Laura introduced the concert. The concert proceeded with songs with actions, playing of instruments, plucking of strings followed on with more songs, audience participation and finally with the performance by the music teachers. Laura closed the concert by thanking everyone who had attended. Then it was time for the children to leave for home together with their families full of stimulating chatter of the day's events. As the children left for the very last time, all the musicians, PSAs and volunteers made their way back to Big Noise Office to celebrated over a fine rowie with hot beverage and an opportunity to open up the envelopes that had been received during the concert and marvel over the wee creations. Overall, the whole month was filled with fantastic highlights for both children and adults. Summer School was over but it had been the start of an exciting musical journey of the children can take with Big Noise Torry right through to when they are adults. Big Noise continues with an After-School Club in the new term.



Hi Folks,

Well that's the kids back to school and unfortunately they have not had a great time weather wise. I hope they took advantage of all the summer clubs that were on the go and I thank all the volunteers who were there working hard over the summer. Thankfully the swimming pool was re-opened in time for the summer and the community was able to get the use of that.

For a while now I have been working with a constituent to improve the "Motte" site known locally as the "Moundie". The present position is that a topography study will take place. This will allow the council to put a proposal to Historic Scotland to carry out works on the wall. This all takes time due to the Motte being an ancient monument.

I would like to say well done to the group of residents from Walker Road who made their voices heard and managed to get the developer to listen and change their plans with regard to the development at the old prison site. I supported them with this issue and will continue to until the development is complete.

People may have noticed works going on at Walker Road School. This has involved flooring over the void space allowing free flow across the corridors and scope for "break out" or activity space. An additional classroom will also be created. Later in the year it is hoped that an all-weather play surface will be installed for football and sports activities.

There is still the ongoing house modernisation going on in Balnagask and I thank the residents for their patients while all this has been happening.

Well that all for now folks.

Yvonne Allan (Cllr)

## TEA BREAK READING - 30 SECOND TIP BITS

### A wee read whilst you take yur Tea Break

Written by Mandy "The Quine fae Torry"

- Did you know? That the heavier the bottle of wine is, the better the quality!
- **Got a scratch on your wooden furniture? Then why not rub an opened walnut around the scratch several times to let the nut's natural oils seep in then polish the scratch with a soft cloth.**
- For those Loons and Quines who love yur bacon – are you aware that by running your bacon under cold water before cooking, it will reduce shrinkage by up to 50%! What to do with the aftermath of that bacon sandwich when it comes to that bacon grease at the bottom of the pan? Pour the grease into a bowl lined with aluminum foil and once the grease has hardened throw it away. Or why not use the excess grease, to make bird feeders for the winter months?
- **Students, a wee handy hint - When you take a break from writing a paper, leave off from the first sentence of a new paragraph, rather than the last sentence of one that you have been working on!**
- When heating leftovers in the microwave, space out a circle in the middle as this will heat up the food much more evenly.
- **Been coughing all night? Apply Vapo-rub on your feet, then put socks on and your cough should subside.**
- Wondering if your batteries on your remote control are done? One wee trick is to bounce batteries to see if there are good or bad, by dropping them onto a table from about 6 inches. If the batteries give, one small bounce and fall right over, they are good but if the batteries bound around anymore than that, they are dead or on the way out.
- **For those who are job hunting – when attending job interviews and are asked if you have any questions, what about try the following question, "Is there anything about my application that concerns you?"**
- If your butter is too hard to spread then why not grate it directly onto said bread as this will soften it faster.
- **While making homemade soup, you often notice a surface of fat around the pan. To skim that fat off, run an ice cube across the surface - the fat will stick to the ice, making it easy to remove and dispose of!**

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**CFINE in Torry** One of the really positive roles CFINE plays is running Community Food Outlets (CFOs) across the city, selling fruit and veg at low prices to promote health and wellbeing in the community. See below for details about when and where you can access a CFO in your area. Our dedicated team of volunteers do a great job, and we are always on the lookout for folk who might be interested in helping out too.  
Community Food Outlets (CFOs)

| Location                   | Day/Time                         |
|----------------------------|----------------------------------|
| NESCU                      | Wednesday 10am to 3pm            |
| Provost Hogg Court         | Tuesday 11am to 11.30            |
| St Fitticks Parish Church  | Thursday 9.30am to 2pm           |
| Balnagask Community Centre | Every 2nd Tues 9.30am to 11.30am |

If you would like more information the work that CFINE does, or to get involved with CFINE please contact *Diane* or *Christine* on 01224 596156, or email [info@cfine.org](mailto:info@cfine.org)

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**Tullos Swimming Pool** reopened to the public in July. The pool was given a £1 million upgrade but was closed again in May 2014, 6 months after the work was carried out. The Aberdeen pool was shut for tiling to be fixed in May, which meant it was partially drained but has remained for several months later. Further repairs were carried out from December 2014, 7 months after the pool was initially closed.

Throughout the school holidays Tullos Pool held free swim sessions for local young people. Between 15.7.15 and 15.8.15, 5601 people used Tullos Swimming Pool. You can look up the pool timetable on the Sport Aberdeen website.

# Visions of Torry

Torry has plenty of beautiful spots which not a lot of people know about. Throughout the summer our Facebook newsfeed has been flooded with photos of Torry so we asked people if they would let us use some of their photos which have been taken in Torry over the last few months.

Main picture: Nigg Bay, Dave Nicol.

Inserts L-R: Balancing Rocks, Lisa Skinner;  
Girdleness Lighthouse, Johnny Craig; Dog and Bay of Nigg,  
Renee Slater; Girdleness Panorama, Johnny Craig.  
Dolphin picture on inside front cover by Lisa Marie Duncan.



## SHMU Annual BBQ

SHMU held its annual BBQ on Saturday the 8th of August and everyone had a great time.

The sun shone for one of the few days of the summer that Scotland seems to be allocated.

Jacqui, who presents Cumming North on a Monday morning did a fantastic job manning the BBQ stand and making sure everyone was well fed so well done her.

The BBQ is held every year to say thank you to our volunteers for all the fantastic work they do throughout the year, whether they are involved in the radio aspect, community magazines, youth media or any of our music projects.



If you would live in a regeneration area and would like to get involved in volunteering at SHMU you can contact Denise on 01224 515013 to chat about the various possibilities.

Danielle said: "Nice afternoon with the sun shining and was great to see everyone all together"

Michaela said: "Great fun, lots of laughter and a great group of people there to have fun with"

Dave said: "Great day and thanks to Jacqui Innes and Simon Gall who kept everyone fed... ..thanks to all who organised it"

Station House Media Unit (shmu) is situated just off Great Northern Road in the old Station House Community Centre, Woodside. We offer free access to, and training in video and radio production, and magazine and online publications to residents of all ages living in Seaton, Woodside, Middlefield, Tillydrone, Torry, Northfield and Cummings Park.

# STREETSPORT



**Denis Law Legacy Trust's Streetsport programme in partnership with Aberdeen Asset Management are preparing to launch a new employability programme dedicated just to the young people of Torry.**

Any 16 – 19 year olds living in Torry will have the opportunity to join the programme. Best of all this opportunity will be free to all successful participants. Streetsport prides itself in breaking down barriers for young people becoming successful and by working with Aberdeen Asset Management are able to provide this opportunity for people to turn their life around and be what they can be.

Everyone's "Positive Destination" is different. For some it's college or university, for others its full time employment. The first steps are always the hardest and the Denis Law Streetsport programme and Aberdeen Asset Management have stepped in to help you with them.



Photo: Graeme MacDonald

Via Streetsport you will be offered a guided 2 year programme tailored to meet the criteria of your desired career path or further education, offering relevant courses and qualifications for the area you want to work in.

The application window is now open. Successful participants will then work closely with a mentor guiding them along their chosen "Positive Destinations" pathway over the course of the year.

Here is an example of what you would be involved in:

Expenses will be paid for those who have to travel outwith Torry to attend courses and references will be available for those who complete the course.

In exchange participants will commit to a number of volunteer hours with The Denis Law Legacy Trust's Streetsport programme. To find out more about



Streetsport please visit: [www.streetsport.org](http://www.streetsport.org) or follow us on [twitter@streetsportRGU](https://twitter.com/streetsportRGU)

Martyn said: "StreetSport is really great, it keeps me busy and I look forward to the days when I help out. StreetSport has helped me learn new skills that will help make me more employable. I want to go to college but long term I really hope one day that I can get a full time job with StreetSport, the experience is amazing and I think it's great what they are doing in communities all over Aberdeen."

## How to apply?

Please contact Hannah by email:

[h.c.lews2@rgu.ac.uk](mailto:h.c.lews2@rgu.ac.uk)

or phone **07866 791922** for more details.



Pathways has been actively working in Torry helping people to find work for a number of years now and our Employability Keyworker, Stan Smith, meets with people looking for help at Old Torry Community Centre on Thursdays from 10.00am till 4.00pm.

Stan has helped many people from the area to find work across a number of industries. One of Stan's clients came to see him for assistance having been paid off. Stan helped him to construct a new CV, set up an email account, create a Universal Jobmatch Account and apply for £200 towards training through an Individual Learning Account (ILA). From there they worked together on job applications and Stan coached him through the process for interviews. All this led to the client successfully gaining full time work as a Yard Operative.

Pathways help people from the age of 16 upwards and from all backgrounds and help to identify the job or training that is right for you. We also you to develop a plan to reach your job goal, provide support with applying for jobs.

If you would like help to find work you can contact **Stan Smith** by phone on **01224 682 939** or by email at [s.smith@pathways-online.org](mailto:s.smith@pathways-online.org) or via his Facebook page at [www.facebook.com/stan.smith](https://www.facebook.com/stan.smith).

# COMMUNITY CONTACTS

## Alcohol

Alcoholics Anonymous **0845 769 7555**  
Drinkline **0800 917 8282**

## Benefits

Benefits Agency Advice Line **0800 587 9135**

## Crime

Crimestoppers **0800 555 111**

## Drugs

FRANK – National Helpline **0800 776 600**

## Dentist

Emergency - G-Dens **01224 558 140**

## Doctors

NHS 24 Emergency **08454 242 424**

## NHS Grampian Healthpoint

Free and confidential health advice **0500 20 20 30**

## NHS Grampian

Free smoking advice service **0500 600 332**

## Electricity

If you have a power-cut **0800 300 999**

## Family Planning

Health Village, Frederick Street **0845 337 9900**

## Gas

Gas Emergency **0800 111 999**  
Gas emergency with a meter **0845 606 6766**

## Housing

Emergency Repairs **01224 480 281**  
Call Centre Emergency **0845 608 0929**

## Police

Non-emergency **101**

## Samaritans

Need to talk **01224 574 488**

## Social Work

Social Work Duty Team **01224 765 220**  
Emergency Out-Of-Hours **01224 693 936**

## Young Carers

Support & Information Service **01224 625 009**

## Water

Scottish Water Emergency **0845 600 8855**

## Balnagask Community Centre

Balnagask Road, Aberdeen  
AB11 8HX, 01224 871206  
[www.facebook.com/Hazel.Balnagaskcommunitycentre](http://www.facebook.com/Hazel.Balnagaskcommunitycentre)

## Old Torry Community Centre

2 Abbey Place, Aberdeen AB11 9QH  
01224 894925  
[contactus@oldtorry.org.uk](mailto:contactus@oldtorry.org.uk)  
[www.oldtorry.org.uk](http://www.oldtorry.org.uk)  
[www.facebook.com/oldtorrycommunitycentre](http://www.facebook.com/oldtorrycommunitycentre)  
[www.twitter.com/oldtorry](http://www.twitter.com/oldtorry)

## Tullos Learning Centre

Girdleness Rd, Aberdeen 01224 291882  
[www.facebook.com/tullos.community](http://www.facebook.com/tullos.community)

## Torry Community Council

07759 276769 (David Fryer, secretary)  
[contactus@torrycommunitycouncil.org.uk](mailto:contactus@torrycommunitycouncil.org.uk)  
[www.torrycommunitycouncil.org.uk](http://www.torrycommunitycouncil.org.uk)  
[www.facebook.com/torrycommunitycouncil](http://www.facebook.com/torrycommunitycouncil)  
[www.twitter.com/torrycc](http://www.twitter.com/torrycc)