

Torry's **Vision**

Winter 2016

In this issue:

OUR PLACES,
OUR PRIORITIES
TULLOS BACKIES
REGEN PROJECT
TORRY LANGUAGE CAFE

www.shmu.org.uk/press



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Editorial

Welcome to the winter edition of Torry's Vision community magazine. Read on for the usual updates from Torry Community Council, Balnagask Community Centre and Old Torry Community Centre. We also have news from the Our Places, Our Priorities event and the work taking place in the Tullos Place backies.

If you would like to get involved and join the editorial team or if you have ideas for the community publication, you can easily get in touch with us. The staff at SHMU are able to support and train anyone living in the area who is interested in developing their ideas and skills in either writing, photography or proof reading. So please don't be shy, this is your magazine written, edited and designed by the good folk of Torry.

If you live in Torry and would like to come along to the editorial meetings or submit an article then get in touch with Laura at SHMU on 01224 515013 or you can email her on laura.young@shmu.org.uk.

You can also view this magazine alongside previous editions on the SHMU website www.shmu.org.uk then click the 'PRESS' option.

Front cover and page 3 image by Mark Taylor



Supported by





Last Orders

By Mandy the Quine fae Torry

As the sunset over the Torry townscape last month, it was a very sad moment in time when one of the oldest historical pubs pulled their last pint and closed its doors! Campbell's Bar was a Torry institution for local loons and quines as well as the people who visited from other parts of Aberdeen over the years. Formerly known as the Nineteenth Hole, this well-loved watering hole dated back to the days of Queen Victoria. The building overlooks the entrance to the main harbour - oh what tales it could tell of the various sailing crafts that will have passed its doors over the years! Situated high up on Sinclair Road, with a bird's eye view of the fishing industries of the past to the oil and gas industry of the present.

The establishment is one of many businesses within the north east that has felt the impact of the oil and gas downturn and as result, has had to cease business. This is a loss, not only to the Torry community but to the wider Aberdeen city. The fears that the land, which is owned by Aberdeen City Council, will be left either to deteriorate like other well-known and well-loved granite buildings within the area such as Victoria Road School or be sold to developers who could develop the building (with or within the granite structure) into flats. However, some of the Torry Community Councillors who attended the event on its last night are contemplating a way to keep this most loved institution within the community and to be used by the community. Watch this space!

Stacey Jacobson - "I would have to say the boss, staff and regulars were what made Campbell's such a great place to work. It was a proper community pub and I loved working in it."

Mark Reid - "I have good memories of the 19th hole and watching my dad's boat coming in and going down to see him. I sailed past it on my first trip to sea as well."



images by joanna kemp



images by stacey jacobson



Torry Community Council

Reporting back – September 2016

We are 20 men and women who share a passion and commitment to work for the community in Torry. We meet once a month and make representations on a wide range of matters affecting Torry

Former prison site at Craiginches

Building work has started! We have a good dialogue with Sanctuary Housing Association who promise to work with us on community benefits for Torry. We will report back to you as this develops in the coming months

Local Schools

The new Academy at the back of MAKRO has started on site however there are still many outstanding issues that remain un-answered by the City Council that involve pupil safety and transport. That's now nearly three years since we asked! Severe overcrowding also remains a crucial issue for Tullos and Walker Road, and is a concern for many parents.

SISTEMA

We receive regular reports at our monthly meetings from the local Sistema team and are encouraged by the enjoyment that this is bringing to young folk and their families. We say "keep up the good work guys."

Harbour Developments

We await the further news on a commitment to build from the Harbour Board on this proposal. We are very aware that the environmental and social impact will be greatest on Torry and that there are many views on any proposals to develop the Bay of Nigg.

Odours in Torry

Major works over the last 12 months have seen some £12 million pounds' worth of work however there are still problems, so we are not out of the woods yet! The intervention of Professor Rob Jackson as an independent expert has made a difference and his involvement concluded at the end of September. We acknowledge that without his involvement over the last 18 months, then air quality in Torry would have been intolerable!

Proposed Energy from Waste Plant

We are still very concerned about the proposed energy from waste plan (aka incinerator) being put a mere breath away from Torry, a mere 250 yards from Tullos School. Our stated position is that IF, and that's a big IF, this plant is really needed then it should only be built well away from any residential community given major air pollution and environmental problems that go hand in hand with incinerators. We took our case to the public hearing in August and have support from the Community Council in Cove, Nigg and Kincorth plus many other folk across Aberdeen

We will continue to oppose this development at every stage we can for the future health and wellbeing of everyone in Torry and Aberdeen.

Roads in Torry, and south of the Dee

We continue to make the case for improvements to roads and infrastructure around Torry and the south of Aberdeen given all that all our major roads are currently congested which leads to

rat-running, speeding and air pollution. High on that list is to present evidence about cars speeding through local streets in Torry, the heavy lorries on our local streets and bad parking outside schools which affects everyone's children!

Victoria Road School

A new planning application by Barratt's for 56 units to be built on a completely cleared site was submitted earlier this year has attracted a record 560 written objections which is the highest number for a long long time. There will be a new public hearing given the high level of objections. The Community Council remains strongly committed to saving these iconic buildings of our granite heritage and argues that they should be restored to meet local needs. Watch this space.

Community Platform

We keep time open every month so that anyone can come along and bring any matter of interest or concern to our attention, so do come along and tell us something we need to know!

Keeping in touch

Want to know more? Then come along to our meetings on the third Thursday of each month, which start at 7pm and are usually in the Library, Torry Academy during term time, or contact the Secretary, David Fryer at

secretarytorrycommunitycouncil@gmail.com or by phone or 07759 276769.

David Fryer – Secretary, Torry Community Council



Old Torry Community Centre Reopens

Works to rebuild the floor structure and the addition of a new floating floor have now been completed at the Old Torry Community Centre. The Management Committee appointed a project architect to oversee the works and some two months passed as the works to eradicate rot led on to insertion new steel and timber structures, and then finally the laying of the new surface which includes most welcome underfloor insulation for those winter months! A budget for the cost of the works was identified. The centre used some of its reserves and gratefully received donations from Aberdeen City Council, Balmoral Group and other donations from individuals to meet the costs.

Over the period of closure, some groups met elsewhere, and we greatly appreciated help from our friends at Balnagask Community Centre, as well as Nigg Bay Golf Club, North East Scotland Credit Union, Tullos Learning Centre and the sports centre at Oscar Road, whilst others took a break over the two-month period of closure. Groups have now returned home and discussions are now underway to develop new groups and activities. Find out more details from our website oldtorry.org.uk or visit our Facebook page"

Balnagask Community Centre

Balnagask Community Centre are running their kids club on a Monday, Tuesday, Thursday and Friday from 6 until 7:15pm. This is open to all primary school age children and children under the age of 5. There is also an active parent and toddler group which runs on a Thursday morning from 9:30am and is open to new members.

On a Friday morning there is a group for vulnerable and elderly adults living in the Torry area. It's a great chance to meet new people and take part in fun activities. Hazel and Christine from the centre dress up in daft outfits and start a sing-a-long

for all the people who attend the group. Transport can be arranged for people who need a lift. If you would like to find out more than call the centre on 01224 871206.

Balnagask Community Centre have recently painted their building and would like to thank the two anonymous local people who donated some money to help them pay for the paints as well as some Christmas treats for the children who come along to their clubs.

The centre would also like to welcome their new committee members and helpers who have signed up to join their team.





NEW LANGUAGE CAFE

An exciting, free Language Café project has recently been set up in Torry.

The idea of a Language Café is that it is a friendly, relaxed space open to anyone who has English as an additional language. It isn't teaching or a class but there will be activities organised each session to help you interact, practice and improve your English. It is also a great way to meet other people in your community, get out and about, make connections, increase your confidence and have fun!

The sessions are open to anyone whose first language is not English. It doesn't matter what your language level or ability is; our friendly and flexible team of volunteers will be on hand to help out.

The sessions run on the 2nd and 4th Monday of every month (for example 24th October and 14th November), from 7pm until 8pm, at Torry Youth and Leisure Centre on Oscar Road. There is no need to book and no cost involved, just come along.

This project has been running since August 2016, coordinated by Grampian Regional Equality Council and funded by Aberdeen City Council. In addition to the Torry Language Café, there are also cafes in Sopranos on Guild Street on the 2nd and 4th Thursday of every month, from 10am until 11am.

For more information please contact Louise Nind at lnind@grec.co.uk

NOWA KAFEJKA JEZYKOWA

Nowy ekscytujący projekt darmowej Kafejki Jezykowej dla dzielnicy Torry

Kafejka powstała z myśla o stworzeniu przyjaznego, bezstresowego miejsca dla osób dla których język angielski jest językiem dodatkowym. Kafejka nie jest szkoła ale miejscem gdzie będą organizowane zajęcia praktyczne na których będzie można podnosić swoje umiejętności językowe. Będzie to również miejsce gdzie można się spotkać, nawiązać nowe znajomości i pocwiczyć konwersacje w miłej i zrelaksowanej atmosferze!

Zajęcia są dostępne dla osób dla których angielski jest językiem dodatkowym. Nie ma znaczenia na jakim poziomie jest Twój angielski; nasi wolontariusze dostosują poziom do wymagań uczestników oraz zapewnią pomoc!

Zajęcia odbywają się w każdy DRUGI I CZWARTY poniedziałek miesiąca (czyli np 24 październik i 14 listopad) w godzinach od 19tej do 20tej, w Torry Youth and Leisure Centre na Oscar Road. Zajęcia są darmowe i nie trzeba zamawiać miejsc, po prostu przyjsz!

Projekt Kafejka Jezykowa rozpoczął się w sierpniu 2016 i jest prowadzony przez Grampian Regional Equality Council z funduszy Aberdeen City Council. Dodatkowo istnieją podobne kafejki w Sopranos na Guild Street gdzie zajęcia odbywają się w każdy drugi i czwarty wtorek miesiąca w godzinach 10-11 rano.

Po więcej informacji prosimy kontaktować się z Luise Nind lnind@grec.co.uk

Well good folks of Torry here we go heading for winter wondering where summer was. Anyway I hope you all had a good summer and the kids enjoyed some of the events that went on.

It's good to see Old Torry Community Centre up and running again after the repair work has been completed. This means the groups can get back in and settled before the winter months.

Due the closure of Kincorth Swimming Pool by Sport Aberdeen there will be a change of programme at Tullos Pool. This will be in place probably until the new academy is built and the Kincorth community get access to the new pool.

The lack of affordable housing in the city is still a big issue. The council is committed to trying to help the situations and build new houses. We are also working with and encouraging housing association to build wherever possible.

The project to tidy up the backies at Tullos Place is going ahead with the support of the local tenants. Also the improvement plans for the top end of Victoria road is progressing again in consultation with the tenants. It has been recognised that something needs to be done with regards to primary education and a new primary school for Torry is planned.

I welcome the contact I have from you through surgeries, email, phone calls and word of mouth. So if you have any issues that I can help with (big or small) please get in touch and I will certainly do what I can to help.

Well that's all for now and I hope the winter is not too severe.

Yvonne Allan (Councillor)

TEA BREAK READING - 30 SECOND TIP BITS . . .

Written by Mandy

"the quine fae torry"

A wee read whilst you take your Tea Break:

- * A cool sleepover tip bit for the wee ones (especially for those that may be scared of the dark)! Why not cut open glow stick and shake the contents into a jar and add diamond glitter, seal the top with a lid and then shake;
- * For those who are job hunting – if you go to PMInterview.com, the link will let you practice a mock job interview ahead of time;
- * Looking to buy new headphones/speakers? Test them with Bohemian Rhapsody as it had the complete set of highs and lows in instruments and vocals;
- * Ran out of bathroom cleaner and unable to get to the shops? Mix 1 cup of warm white vinegar with 2 cups of washing up liquid into a spray bottle, give the bottle a wee shake and then spray the bath with the liquid. Let it set for 10 to 20 minutes before rinsing – now you have a clean bath!
- * Looking for a natural sore throat/cold remedy – Add 2 tablespoons of honey, vinegar, lemon juice and a dash of cinnamon to a mug of hot water. Remember to mix well and drink, you should feel better within hours;
- * Forgot to put something in a sealed envelope? Why not place the sealed envelope in the fridge for an hour and by doing so you will unseal it!
- * Wanting a quick hot chocolate this winter? Warm up some milk and add a tablespoon of Nutella!
- * Did you know when filling your car with petrol/diesel, hold the trigger half way thus you will get more fuel and less air in the tank which will mean more for your money!



Photos Courtesy of Aberdeen City Council

Our Place, Our Priorities

The Our Place, Our Priorities event was held at Torry Academy on the 17th September as the first step to achieve a shared vision and ten year plan for Torry.

The creation of a ten year plan for Torry, follows on from the agreement of the citywide Local Outcome Improvement Plan (LOIP) which sets a vision for the city where all people can prosper. The plan looks at how public services will work together with communities to make improvements to the city.

Over 60 Torry residents met with Councillors, local workers and community planning partners such as Scottish Fire and Rescue, Police Scotland and the Aberdeen Health and Social Care Partnership to take the themes

of the LOIP - People, Place, Technology and Economy - and identified key priorities and actions for Torry.

“Innovative ideas to make Torry a better place to live and work.”

Residents joined in animated group discussions around the ten year vision for Torry and a wide range of aspects of Torry life, the sessions identified a number

of priorities, innovative ideas and actions to be taken forward collectively to make Torry a better place to live and work.

The plan will be developed over the next few months by partners, Community Planning Aberdeen and community representatives with a draft plan in place at the end of 2016.

At the same time a Locality Partnership will be established and at least half the membership will be from the local community.

More immediately, the Council announced that at least £50,000

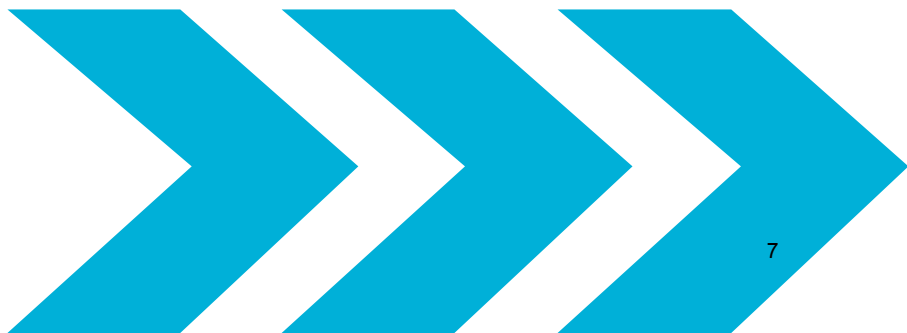


is being allocated to Participatory Budgeting “U Decide” in Torry. The process will be supported by a participatory budgeting (PB) steering group made up of local residents and workers, with the ultimate vote on how the money will be allocated taken by local residents at an event next March.

The event was very well attended and feedback was positive. A key message was everyone wants to see “action”. Everyone wants to keep up the momentum so please get involved as the plan develops and PB is put into action.

If you would like to get involved in the Locality Partnership Groups, Participatory Budgeting or could not attend the event and want to feedback your views, please contact Anne-Marie Steehouder-Ross

Email: asteehouder@aberdeencity.gov.uk or
07917305827





Tullos Backies Regeneration Project

Works to remove the old wash houses and cellars in the back courts at Tullos Place in Torry has begun.

Wash houses had once been a requirement for many households for many years, where the process of washing clothes lasted for most of the day. It was hard physical work washing clothes, wringing them out and trying to catch the best of the day to try and dry them, in some cases there was a week (sometimes more) worth of washing.

As times changed and technology advanced, washing machines became cheaper to buy and run, reducing the long hours of manually washing our clothes in the cold stone wash houses to now filling up the machine switching it on sitting back with a cuppa tea in the warm comfort of our home and letting the machine do all the hard work.

The wash houses soon became redundant and would be in some cases used as storage units and then many eventually would become abandoned. Now in a poor unsightly state it became clear that major repair works would be required to bring the old, tired buildings up to an acceptable standard.

As the original purpose of these buildings was no longer a requirement, the decision was

made to remove the wash houses and create a bigger, brighter, friendlier space within the back courts for residents.

The removal of the wash houses from 6- 18 Tullos place and 10 Tullos Circle began in October 2016.

Environmental improvements will be carried out by Aberdeen City Council from early 2017 and will include:

- **The removal and replacement of the fencing**
- **Replacement where require of old and tired clothes poles**
- **The existing paving, rear steps and handrails to be made good.**

Planting is to be provided at the end of the works to enhance the amenity of the neighbourhood for residents and wildlife.

By carrying out these works, we hope to reduce anti-social activity and create a welcoming environment for residents to enjoy the benefits of their back court.

Participatory Budgeting for Tullos Backies

Participatory budgeting is an exciting new way to allocate money within local communities.

Aberdeen City Council is working in partnership with local tenants and residents and have allocated £30,000 to upgrade and improve unused green space behind Tullos Place, Crescent and Mansefield Place. This will compliment ongoing back garden improvements in Tullos Place adjacent to the green space.

A small steering group of local tenants has been formed to take the project forward in conjunction with city council staff and support from others.

Local tenants and residents will be involved in the process of gathering ideas on ways the money can be spent to improve the green space and develop it for community use.

Ideas gathered will then be prioritised and costed before a local voting exercise takes place in October, asking local residents and tenants which are their preferred ideas.

The most popular idea will then be taken forward in conjunction with the local community.

We are all looking forward to finding out the ideas going forward and seeing an amazing green space being developed for the local community.

Recycle

Remember to recycle your food and garden waste this summer!

Liina Roostoja, Waste and Recycling Team, Aberdeen City Council

Aberdeen City Council began a food recycling service for properties with communal waste collections in June 2013. Food recycling bins are now in place at flats, tenements, student accommodation and multi-storey properties. Depending on where you live, the food recycling bin is located either on the street nearby or in the communal courtyard or bin store. Households are also provided with free kitchen caddies and bio-liners. Individual houses are provided with a brown wheelie bin for garden waste and food leftovers.

The Waste and Recycling Team has received feedback about the service through door-knocking campaigns and by meeting residents at events. Here are the main issues raised by the residents who do not currently use the food recycling service and our responses:

Your brown wheelie bin is for both food and garden waste. We have received the feedback that some residents are not aware that a brown garden waste bin is for food leftovers too. Yes – both garden and food are organic and can be processed into compost. If you

do not have much garden waste, please still use the bin for food leftovers or use a communal food bin nearby.

You can use any container if you don't have a green kitchen caddy from the Council. Some people have said that because they don't have a caddy, they cannot recycle food leftovers. In fact, you can use either the Council's green caddy or any basket or pot you have at home. As long as the food leftovers end up in the brown bin or in the communal food bin, we don't mind which basket you are using.

If you think that you don't consume much or you have nothing to recycle because you don't waste food – that's brilliant! But remember, 'leftover' does not mean only wasted food but also peelings, egg shells, teabags, coffee grounds, bones etc and it's all great for compost. It all counts, even the small amounts!

By getting into the habit of recycling food waste, you'll notice what types of food are regularly leftover or go off before you can eat them. This will help you to plan meals and shop smarter to avoid food waste.

If you eat fruit outside, please use the nearest communal food bin to recycle peelings or cores.

Once collected, your food and garden waste is sent to a recycling facility in Aberdeenshire and made into compost, a valuable resource for horticulture and landscaping.

Free replacement liners are available to pick up at all local libraries, Learning Centres and the Council's Customer Access Points at Marischal College, Kincorth, Mastrick and Woodside. You can also order liners online.

Visit www.aberdeencity.gov.uk/wasteandrecycling or contact the Recycling Team on wasteandrecycling@aberdeencity.gov.uk or 03000 200 292 for more information.

Follow us on Facebook www.facebook.com/recycleforaberdeen

Read our latest blog 'Spring Garden: Get Your Green Fingers Ready!' about creative gardening by using recycling materials www.recycleforaberdeen.wordpress.com



Family Learning

The Family Learning Worker for Torry is Lorraine Young.

We provide opportunities for mum/dads/carers to become more involved in their children's learning.

Look out for these next term

- **Maths & Language for Parents (help for homework)**
- **Confidence and Assertiveness**

For more information please contact Lorraine on 01224 764700, -07801 129494 or lyoung@aberdeencity.gov.uk

more tip bits

A wee read whilst you take yur Tea Break:

Looking for a healthy snack for you and the kids? When strawberries come into season, why not take a handful or two (remember to remove the stem from strawberries, by putting a straw through the middle of strawberry), and dry them in the oven for 3 hours at 210 degrees. Not only they taste like candy but also they are much better than Twizzlers!

When moving dorm, flat or house, why not pack those heavy items, like books, in a rolling suitcase as boxes are hard to carry and tend to tear when they are too heavy.

Ladies, looking for that new look? Why not put water into a bowl and then drop random colours of nail polish into it. Then stir it with a toothpick and put petroleum jelly on your fingers so the nail polish only gets on your nails. Now stick your fingers into the bowl and see what happens . . .

Pathways in Torry

Pathways has been assisting people across Aberdeen City for over 16 years to find suitable employment, consistently helping over 250 people into work every year!

Pathways follow a process to help you find the work you are most suited for and work with you on a weekly basis to create a CV, open email and Universal Jobmatch accounts and assist with job search and completing application forms, along with

coaching for interviews. The service is free, private and completely impartial.

The Pathways Keyworker based in your area is Stan Smith who meets people at Old Torry Community Centre on Thursday mornings from 10am.

Please phone 01224 643 697 to arrange an appointment or to find out more about how Pathways can help you!

Are you a carer?

I'm here to help!



Hi my name is Judith and I work as a Carers Advisor for VSA Carers Resource Service in the South of Aberdeen City.

An unpaid carer is generally defined as a person of any age who provides unpaid help and support to a relative, friend or neighbour who cannot manage to live independently without the carer's help.

You may provide help with personal things like getting washed and dressed and taking medication. You may also help with things like shopping, laundry, cleaning or cooking.

Is this you? VSA Carers Resource Service offers advice, information and support on all aspects of caring. We can also provide access to charitable grants and signposting to other organisations.

For more information, please contact me:

Judith Watt, Carers Advisor
VSA Carers Resource Service
38 Castle Street, Aberdeen
AB11 5YU
01224 358639

Judith.Watt@vsa.org.uk



we love
torry' health
and wellbeing
family fun

On the 14th of May the Torry Learning Partnership held an interactive and informative family fun day. Around 200 local people came along to enjoy a range of health and sporting activities. Participants were able to find out about a range of activities and services available in their local area. Some of the activities on offer were Street Sports' inflatable pitch, information stalls, music workshops by shmu, face painting, story corner, a visit from the Home Start bear and much more!

Our own Torry Squad youth group and various local organisations took part on the day.

Children all had a chance to play outside and have a seat on the fire engine before heading home with a colourful balloon.

There was a tasty buffet lunch accompanied by music from 'Big Noise Torry' for all to enjoy.

There was lots of positive feedback which included:

great family event that brings
the community together

Lovely music and good information

great community spirit

Lots going on - very positive

great atmosphere

fab day out- thank you





The BIG shmu Celebration

The first ever Big shmu Celebration Event was held on Tuesday the 13th of September at the Northern Hotel. This was an opportunity for us to showcase the brilliant work that all our staff and volunteers do and say thank you to the volunteers for all the time they put into making shmu the success it is.

The night was full of surprises, from musical chairs to comedy videos and the shmu staff team performing the evolution of dance. We had a variety of testimonies from volunteers of all ages which were very moving a lovely reminder of why we do what we do here at shmu.

We would like to thank the Northern Hotel for letting us use the venue free of charge and putting on all the catering. Thanks must also go to AVC media for lending us equipment to help the night run smoothly. The biggest thank you of all must go to our Board of Trustees and the volunteers who are here day in and day out – your commitment and hard work is truly inspiring.





About Jesus House Torry And Some Of The 2016 Events For The Community

The Redeemed Christian Church of God (RCCG), Jesus House Torry is a church located at 191 Victoria Road, Torry. The vision and driving principle of the charity is "Impacting Lives, Restoring Hope, Bringing Joy" to Torry Community. The church meets are as follows:

Sundays: 11am – 1pm

Tuesdays: 6.30pm – 8.00pm

The Church is always open to the need of the community members and also seek all possible ways to get the youth and children focused in the pursuit of their desired goals.

ONGOING PROJECTS AND UPCOMING EVENTS

FOOD BANK SERVICES

Food Bank services are available at Jesus House Torry. The services are open at the following times:

Sundays: 1pm to 2pm

Tuesdays: 10am – 12pm

Thursdays: 10am – 12pm

It is open to everyone in Torry community and beyond. Community members are encouraged to come in and pick up the items made available.

TORRY COMMUNITY CHRISTMAS FUN FAIR

Torry Children Christmas Fun Fair is organised by the RCCG Jesus House Torry. This event creates a platform of fun, love, entertainment. The major goals of the event are to put smiles on the faces of every child in the Torry community.

Every child receives a gift, free lunch and snacks and lots of fun. Also, accompanying adults go home with a gift basket for the

family. This the event will be held on:

Date: Saturday,

10th December 2016

Venue: St Fitticks Church Event Hall, Walker Road

CHRISTMAS CAROL

Jesus House Torry hosts a Christmas carol session and banquet every year to celebrate the great God's love every year. This year's edition is planned to hold as follows:

Date: Sunday,

11th December 2016

Venue: Jesus House Torry, 191 Victoria Road

COMMUNITY CONTACTS

Alcohol

Alcoholics Anonymous 0845 769 7555
Drinkline 0800 917 8282

Benefits

Benefits Agency Advice Line 0800 587 9135

Crime

Crimestoppers 0800 555 111

Drugs

FRANK – National Helpline 0800 776 600

Dentist

Emergency - G-Dens 01224 558 140

Doctors

NHS 24 Emergency 08454 242 424

NHS Grampian Healthpoint

Free and confidential health advice 0500 20 20 30

NHS Grampian

Free smoking advice service 0500 600 332

Electricity

If you have a power-cut 0800 300 999

Family Planning

Health Village, Frederick Street 0845 337 9900

Gas

Gas Emergency 0800 111 999

Gas emergency with a meter 0845 606 6766

Housing

Emergency Repairs 01224 480 281

Call Centre Emergency 0845 608 0929

Police

Non-emergency 101

Samaritans

Need to talk 01224 574 488

Social Work

Social Work Duty Team 01224 765 220

Emergency Out-Of-Hours 01224 693 936

Young Carers

Support & Information Service 01224 625 009

Water

Scottish Water Emergency 0845 600 8855

Balnagask Community Centre

Balnagask Road, Aberdeen
AB11 8HX, 01224 871206
www.facebook.com/Hazel.Balnagaskcommunitycentre

Old Torry Community Centre

2 Abbey Place, Aberdeen AB11 9QH
01224 894925
contactus@oldtorry.org.uk
www.oldtorry.org.uk
www.facebook.com/oldtorrycommunitycentre
www.twitter.com/oldtorry

Tullos Learning Centre

Girdleness Rd, Aberdeen 01224 291882
www.facebook.com/tullos.community

Torry Community Council

07759 276769 (David Fryer, secretary)
contactus@torrycommunitycouncil.org.uk
www.torrycommunitycouncil.org.uk
www.facebook.com/torrycommunitycouncil
www.twitter.com/torrycc