

JOURNALOLOGICAL

I'M FREE

PokOmon Go

Gotta Catch
Them All!

Big Noise Torry

Music Project

Winter Playlist

Karis' favourite winter tunes

On air

with the YRP

Film, radio, music
and journalism...

Get involved!

HEY

COLOUR ME IN!

Want to direct a-movie,
hear your voice on radio or
see your name in print?

HELLO

Welcome to the third edition of Journalological

We have been working hard over the last term to bring you news about news and events from across Aberdeen city. In this edition you can find information about Seaton Segway Tours, Pokémon Go and an interview with Megan Reid from the Aberdeen Football Club Ladies Team.

Just in case you missed our last edition we'd like to tell you a bit about this magazine and where it came from.

Journalological is put together by young people for young people who are part of the youth media team at shmu. We started off writing articles to go with the community magazines which shmu produces already and we had such a great time writing these articles that we wanted to produce our own magazine. shmu applied for funding and now here we are with our very own magazine!

There will be three editions a year (spring, summer and winter) and this is our winter edition. We

will be focusing mainly on the regeneration areas of Aberdeen (Woodside, Seaton, Tillydrone, Middlefield, Northfield, Cummings Park and Torry) but we are always open to ideas about any topic that affects young people. If you live or attend school in one of those areas and would like to get involved Journalological then please get in touch. We're always looking for writers, photographers, proof readers and ideas people. Let us know what you think is important to you and we will try our best to cover it.

The team involved in this edition has included Abby, Fern, Yasmin, Glen Lukasz, Stacey, Karis, Meredith and Connor and we meet every second Tuesday between 4 and 6pm at shmu.

We have had a great time producing this magazine and we really hope you enjoy reading it. If you would like some more information, then get in touch with Laura at shmu. **You can email laura.young@shmu.org.uk or call 01224 515013.**

We hope you'll have as much fun reading the magazine as we did making it.

shmu offers an exciting and vibrant Youth Media programme to young people, prioritising those living in the regeneration areas of Aberdeen aged 12 -19, to actively participate and engage with our enhanced youth media platforms (radio, film, music and journalism); increasing confidence and self-esteem and encouraging communication with the wider world in a creative, balanced and informed way.

The programme offers the opportunity for our young participants to share their experiences with the wider world by digitally sharing all content produced through the SHMU website, social media pages, 57 North and our YouTube channel. If you have an interest in media and would like to find out more then contact our Youth Media Manager on denise@shmu.org.uk or call Denise on **01224 515013**

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PRESENTER PROFILES

Glen

I've been in shmu for 4 years now and I have been in the tech show for all of it. I'm a tech show veteran if you will. I'm also in the Friday show and on the Saturday show. In the tech show we talk about techy, geeky, nerdy sort of stuff but usually new tech and video games. The team consists of me, Connor, Callum and Marek. It's about 50% actual tech talk and 50% just utter nonsense but we love it!



Abby

I help present the Saturday show. We discuss certain topics on air with the other people on the show. I am interested in this show because we cover such a wide variety of topics.



Connor

I have been a member of Shmu for 2 years now. I present the Tech Show (with memes, dreams and technological machines) every Thursday from 4-5pm where we basically talk about Technology and Video Games. I decided to do the Tech Show because I'm very interested in technology, and I spend a lot of time playing video games. My favourite part of the Tech Show is getting to have fun with the other presenters, who I get along with well. I'm also a part of the Saturday Show and the 16+ Show.

ON AIR WITH THE YOUTH MEDIA PROJECT

The Youth Media Project at shmu has a whole range of weekday shows which broadcast live between 4 and 5pm.

Monday is What's on the Web, where we cover what's trending, game of the week and lots more. **Tuesday** is Music Madness, where we cover a different musical theme each week. Wednesday is now a quiz show so for any of you masterminds out there, tune in and find out if you can beat our team. **Thursday** is The Tech Show, and is a chance for our tech team to discuss the latest news in technology, video games and other fun stuff. **Friday** is the show that concludes the week and anything goes! It's always a blast on TGIF.

On **Saturdays** the Youth Radio Project are live on air from 10am until 1pm. That's three hours of news, views and issues from the perspectives of young people. We take a different topic each week and discuss it from as many different angles as possible. Some of the topics we have covered in the past have ranged from mental health to education and career paths.

The latest addition to the Youth Media schedule is the 16+ show. This is a version of YRP for members of the group who want to look at the same topics as the Saturday morning team but from a more mature point of view. Some of these topics include sexual health and relationships. Regular members of the 16+ group are Stacey, Karis, Connor and Meredith. We pre-record the show and it is broadcast at 1pm on Saturday.

You can tune into any of these shows on shmu 99.8FM or listen online at www.shmu.org.uk/fm.



SOUTH CATCHERS YOUTH CAFE

by fern

During the summer holidays, the South Catchers, a youth forum based in Kincorth, held a youth cafe in Altens Community Centre.

It was free for under 18's and all the food was made by members of South Catchers. They had: soup, sandwiches, fruit salads, hot chocolate and mint water. My favourite item from the menu would have probably been the soup and mint water, as they were so delicious. There were also quizzes and games for the visitors. All the members were really prepared and very welcoming.

Erin said: "We were thinking of ways to improve the community for young people and then asked for some funding from some groups to buy all the food/supplies and a place to rent to have the cafe."

Ryan said: "We came up with the idea with one of the youth workers, Kirsty. We picked some recipes and worked with them from there."

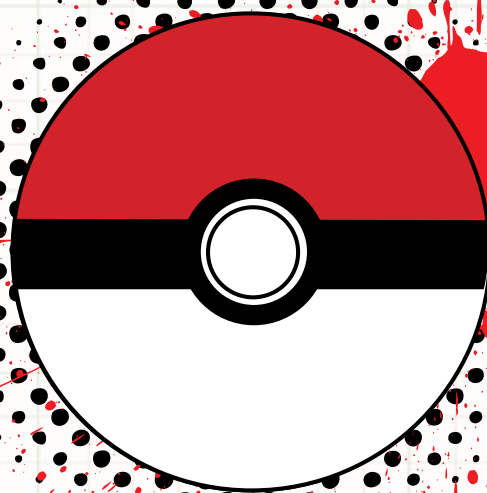
I would really like to see it being run again, as it was super fun. To get involved with the South Catchers you can join if you are in the Kincorth community and are free on Thursdays from 3:15-5pm.

Want to become a South Catcher? Pop Nikki an email on NMayers@aberdeencity.gov.uk or search for "Nikki Mayers clyw" on Facebook

Pokemon Go!

Gotta catch
them all!

BY LUKASZ



Pokémon Go - Is it great or is it really cringey? Let Lukasz take you through his pros and cons review of the game which has taken the nation by storm over the last few months. Pokémon go is an augmented reality game where you walk around the real world and catch Pokémon. It was developed by Niantic, Inc and published by Nintendo this summer.

The pros:

It's exercise:

In Pokémon Go you will (obviously) have to walk around to catch the Pokémon, particularly if you want to catch a rare Pokémon. There has been lots of talk of a Mr Mime hanging around in the south of the city! Once you get past a certain level of the game the main point becomes hatching eggs, so you either have to walk 2, 5 or 10km to do this. Players will probably lose some weight or gain leg muscles. You will also get to see more of the place you live in and visit sites you haven't been to before.

Gym system:

The gym system works by a person leaving one of their Pokémon to protect the gym. Other people have to battle those Pokémon and if they beat it, they gain control of the gym, and they can leave one of their Pokémon to defend that gym until someone comes and defeats it.

Helping people experience the wider world:

Some people with disabilities, or that have trouble with social situations use this game as a coping mechanism so they go outside and get more confident. A school in Australia which specifically works with children who have autism used

Pokémon Go as part of their weekly homework. The school received feedback from parents that the game was encouraging their children to go outside and explore, so teachers asked pupils to explore their city as part of their homework and use Pokémon Go screenshots as evidence.

The cons:

Too many people:

While Pokémon Go is getting people to go and visit towns and cities which is great, in certain places people who have pokéstops near their houses don't like the fact that a lot more people have been visiting. There are concerns that lots of people may result in overcrowding and anti-social behaviour.

Extreme cases:

In extreme cases, there have been a situation where someone has died or has been robbed. This happens when robbers or murderers hang about near pokéstops and wait for their victims. This is a very extreme circumstance and the chances of it happening to you are very slim. You should always be careful when you are out and about playing the game - make sure someone knows where you are at all times, keep to well-lit areas and always look up from your screen when crossing the road!



KEEPING SAFE DURING HALLOWE'EN AND WINTER

By Abby

Hallowe'en and winter can be so much fun when you go out in spooky costumes and go trick or treating, or building snowmen and chilling by the fire with a mug of hot chocolate. But there can be dangers around this time of year, so just follow these safe tips to have the best holiday ever:

- * **When Hallowe'en comes around you might want to make sure your costume isn't too dark as cars might not be able to see you and you may get injured if you are not safe.**
- * **If you are wearing a mask or something that is covering your face, then make sure the eye holes are big enough so you can see out of the mask.**
- * **Also parents usually say don't take candy from a stranger but on Hallowe'en that rule is sometimes stretched by letting you take the candy from the strangers but always make sure your parents know what you were given to make sure it is safe to eat.**
- * **When temperatures drop it's very important to wear thick layers because you can get frostbite on fingers, ears, nose and toes, or even hypothermia. Commons signs of this are shivering, slurred speech and unusual clumsiness.**
- * **Another way to stay safe in winter is to keep yourself hydrated because in drier winter air you can lose more water through your breath.**
- * **Also again wear bright clothes to be seen in the dark.**

Winter Playlist

By Karis

Wintercearig: A playlist to emphasise the strength of your sadness (which is as strong and never-ending as the bitter cold of mid winter)

Placebo:

Where Is My Mind (MTV Unplugged)

Nine Inch Nails:

Dead Souls (Joy Division)

Nirvana:

Pennyroyal Tea (MTV Unplugged)

The Smashing Pumpkins: Today

Radiohead: Talk Show Host

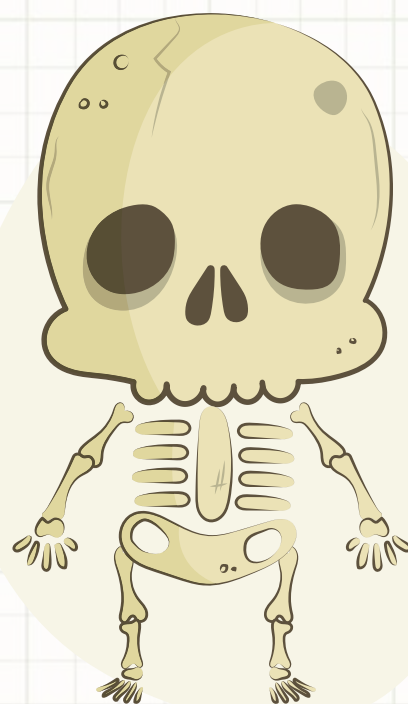
Linkin Park: My December

Daughter: Youth

Death Cab for Cutie:

I Will Follow You in to The Dark

Keaton Henson: Maps





Meredith looks at some of the issues surrounding Hallowe'en costumes for girls.

Hallowe'en is a time where people can embrace the madness and go full spooky scary skeleton. However, finding the perfect Hallowe'en costume is a tough part of the day and this is especially true for teenage girls. If you take the time to scroll down the Hallowe'en costumes that are for teenage girls you will see very little following the scary theme and more of the short skirts and tight shirts. Where are the in-between costumes that are more age appropriate for those at the younger end of the teen age scale? If I want to be a completely accurate Harley Quinn for Halloween I won't stop searching until I get the full jesters outfit she wears in the series. Yet why are these styles of outfits last on the google search list?

There is a lot of stigma that surrounds female Hallowe'en

costumes. It is the idea that teenage girls can't wear proper costumes without being classed as "sad", "weird" or even "pathetic". However, on the other hand if a teenage girl wears a slightly more "revealing" costume on Hallowe'en they can be classed as "slutty", "desperate" or "attention seeking". Could this be affecting the attitudes of teenagers? Or could the companies that make Hallowe'en costumes for female teens be affecting the youth? It seems the question that is not asked is: why are there are no costumes that fit in between the two extremes. It could be said that this is due to the fact that attention is drawn to those who are confident and show their confidence through their costume and that may very well mean that they choose to wear the more revealing costumes. Yet do we even want young female teenagers wearing the kind of Halloween costume that could be classed as revealing?

Although some people may feel shocked at younger teenagers wearing them, others at the top end of the teenage scale may see these more revealing costumes as a way to let loose and feel a bit sexy for the evening. There is nothing wrong with feeling comfortable in your body and showing that on Hallowe'en with a more revealing costume. The only advice I would give if you do chose to go for these kinds of costumes is to bring something that will keep you warm, since it is October and in Scotland, the chances of it snowing at some point are all too common. Another bit of advice is to ensure your costume is age appropriate. It's okay to still embrace being a kid so don't worry about trying to grow up and feel super extra mature with a revealing costume. You'll get there eventually so have a little fun with your costumes. Be scary with your costumes! Enjoy sending frights to people on Hallowe'en! Hallowe'en is a time for everyone, the main thing is to embrace it and have fun.



Girls on The Ball

Megan Reid is pretty famous around the Torry area and she's about to get even bigger after signing for the Aberdeen FC Ladies' First Team.

Interview by Yasmin, Connor, Stacey & Karis. Transcribed by Stacey.

How did you get involved in football?

When I was younger, as soon as I could walk it just naturally came to be honest. I saw people at my school playing. I wanted to play and I didn't just want to sit about with my friends at a corner. My dad used to help me a lot. I used to watch it a lot, and I just became a really good player. I played at the yellow pitch in Torry for a good while, and then I started playing at my old primary school until after Primary 7.

What is your greatest achievement?

Getting into the first team was definitely my greatest achievement. I never believed I could do it until it happened.

When and how did you get signed to Aberdeen?

I got accepted into the team on the 13th September this year, and it was purely from hard work and believing in myself. I played for Aberdeen reserves before and before, that it was the East End Club.

Where about does the team play matches?

Our home games are at Sunnybank

Football Club in Northfield, but we play all over Scotland, and have to travel depending on what team we are playing.

Why is football important to you?

Football is all I've ever known to be honest. It became such a big part of my life. I didn't really try in school. Every day after school I would go out and play football. I didn't have my supper because I would be out playing football! Being able to play in the first team is a big part of that. I just want to achieve as much as I can. I've made my parents proud as well. I wouldn't be here without them, my dad especially.

Was there ever a point where you gave up, or thought about giving up, because of the pressures of being a girl playing football?

Not because of the pressure, but there was definitely a point I felt like giving up because I became a little menace. I just wanted to go out on the weekend and party and then I met the Stefan, the coach for this team and it changed it all for me. I got introduced to the 20's and I loved the

training. Sometimes you just need a change, you know, different training style. So yeah, I'm here now in the first team and I'm glad I never gave up.

Why is more of a big deal made of men's football than women's football?

Money. Some boys say that girls can't play. I used to play with boys and there was nothing better than playing with boys I was better than. When I played at Tullos Primary School I was one of the best players in the team and the boys kind of changed their views on it. The Scotland women's team have just qualified for the 2017 Euros, so I think that is a very good thing for women's football as well.

Did the women's world cup a few years ago inspire you or change anything for you?

I never really watched the women's world cup. I only really watched the men's but I was watching the Olympics this year. I thought the Brazilian women's team were just amazing. I just couldn't believe it. They all played freely and that's the way I play.

Do you feel there's a difference between men and women's football. If so, why is that?

Men are stronger and faster. Technically I'm better than half the boys I play with and I love playing the boys. I have a good relationship with boys because of football, and that's why I'm the person I am. They're stronger, but technically I'm better than them and I'll prove it.

Who's your favourite player or inspiration?

My favourite player is Ronaldinho or Ronaldo just now, just because they've got amazing skill. Ronaldinho's got a brilliant touch. I think they're just great with the community, the crowd, the kids and what they do. They're magnificent players and I'd love to be able to play like them and meet them.

What are your aspirations for the future?

My aspirations are to be the best that I can possibly be. I want to play football for as long as I possibly can.

What goals do the team have for the season?

To become top of the league next season we should win the league. We're in a relegation battle just now so just to stay in it and next season we want to win it.

How can people find out more about the team and get involved?

Follow our Twitter page and we have Instagram as well. If you follow that everything will be up there like photos and interviews.

Have you got any advice for young women who want to play football?

Don't give up, have patience, you will improve. I was about to give up at one point but I wouldn't be the person I am today if I had. So just try and keep training and playing and you will become a good player and hopefully get in the first team too! You can follow the team on Twitter here: twitter.com/aberdeenfcl or search for them on Facebook.



Owning It, Literally

By Yasmin

Yasmin chats to a local business owner about her experiences

For some it may be coming up to the last days of their school years and whether you're continuing onto further education or going on to work you still have options. Young people don't normally take the daring leap and start their own business but then again some people do! My mum, Amanda, runs her own business so I decided to ask her some questions about how it all worked.

Amanda has been running her cleaning business for three years and it's a great success.

In your opinion what are the best things about running your own business?

A: Flexible hours are great, it means you can finish early if you want and you're in control of making your own money.

What are the difficulties of running your own business?

A: Looking after your own financial books and doing your own taxes.

And finally for our last question, do you have any advice for any young people that are leaving school that want to start their own business?

A: Be willing to work as hard as you can as it will always pay off.

Do you have a brilliant idea that you think you could make a business of?

Check out Business Gateway for more information. They can do anything from helping you to develop your idea, to growing an already established business to its fullest potential

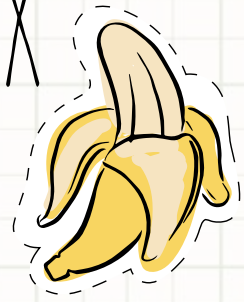


www.bgateway.com



01224 946351

MEGAN FOX
WAS A BANANA
MASCOT



Kanye West -
Gap Sales Assistant
Not only did Kanye make his money working at the Gap before he was famous, not so long ago he headed back to the big brand store to complete an internship and learn more about the fashion industry. Who would have thought it?



VIN DIESEL - BOUNCER
VIN WORKED AS A BOUNCER
FOR NINE YEARS BEFORE
HITTING THE SILVER SCREEN.



Barack Obama
Ice-cream Seller
Barack might be the most powerful man in the world now, but he once spent his days working in Baskin-Robbins as an ice-cream seller.



CALVIN HARRIS USED TO WORK IN A FISH FACTORY IN ORDER TO HELP FUND HIS DJING ON THE SIDE. HE GUTTED SALMON AND USED THE CASH TO PURCHASE THE DECKS AND MUSIC EQUIPMENT THAT WOULD EVENTUALLY LEAD TO HIS NEW LIFE!



SEATON SEGWAY TOURS

AFTER NUMEROUS REQUESTS FROM THE LOCAL PEOPLE, SEGWAY ABERDEEN HAS FINALLY COME TO THE WONDERFUL, SCENIC SEATON PARK.

Regular tours with Segway Aberdeen last from March 1st up until October 31st. With each tour lasting about an hour for a whopping cost of only £30 per person including training. As you begin with Segway Aberdeen you will get to glide past the St Machar Cathedral, River Don, Formal Gardens and head up to the Brig o Don.

Segway Aberdeen also usually have winter sessions from November up to March all depending on the weather.

Also on special occasions, such as birthdays, you can hire a party for only £12.50 per person for an afternoon of fun. Or on other occasions, like a school leaving year, you can hire Segway Aberdeen to celebrate your last year in primary, secondary or even university.

By Miku

"It was brilliant.... much better than I ever imagined."

Kirsti Cook

"Loved it but quite peeved that I was "age barred" from the fast run."

Ann K Allan

"I have to say segways was the most fun I've had on two wheels, loved it!"

Ann Milne

"Absolutely loved the speed run and the obstacle course race was great fun will definitely do this again!!"

Barbara Marshall



The Big Noise project in Torry is a music group which works primary ones and twos from Walker Road and Tullos primary schools.

Their aim is to help children become more confident by teaching them an instrument such as: violins, violas, double bass and cellos.

Big Noise impacts the social, emotional and physical education of a child's life. The kids have been progressing well throughout their time at Big Noise. Since July 2015 they've performed in multiple concerts in their local area. In the future, Big Noise

Torry is planning to provide classes for babies and adults, we can't wait to see what's coming!

We think that Big Noise is a great idea that lets children learn some basic life skills throughout their life. We wish when we were younger we could have been part of Big Noise, but it's okay because there are still classes on for us teenagers too.

The project also helps adults in the area as they have lots of local people volunteering to work with the children in their after school club.

You can keep up to date with Big Noise Torry by checking out their Facebook page.

"INCREASED CONFIDENCE,
self esteem, A SENSE
OF ACHIEVEMENT AND pride,
IMPROVED SOCIAL SKILLS,
TEAM WORKING SKILLS
AND EXPANDED SOCIAL NETWORKS"



What game

Connor's guide to the biggest games of next year.

Each year is a big year for gaming, and 2017 will not be an exception. There are probably way too many games confirmed to be put on just one page. However, it's safe to say that these four will do for just now.

Sonic Mania

Sonic Mania is Sega's next big upcoming Sonic Game, and will hopefully not be a glitchy, bugged-out disaster. The game will be developed by Sega (not Big Red Button) and Sonic will be returning to his familiar 2D roots. The game also seems to have the same 16-bit graphics that we have seen in the original Sonic the Hedgehog game. The first level appears to be incredibly similar to Green Hill Zone (and by that, I mean it's pretty much the same, with maybe a slightly different layout), while the second level takes place in a neon city, which suggests that this isn't just a recreation of Sonic 1.

Zelda: Breath of the Wild

The upcoming Zelda game will be released on Nintendo's brand new NX console, and looks to make a big impact regarding the future of this new console. The game will be a lot more open-world than previous Zelda games, and players can explore the world at their own pace (sort of like Elder Scrolls).

Injustice 2

NetherRealm Studios have begun work on what will be the sequel to Injustice: God's Among Us. In this story, the Alternative Universe heroes are attempting to restore society to order. However, remaining warriors who worked with the Alternative Universe Superman are attempting to bring him back into power, while a new threat looms over the Earth.

Dragon Quest XI

This will be the eleventh main series Dragon Quest game published by Square Enix, and will be released on the brand new Nintendo NX. Not much is known about the game, however it will follow the same style of gameplay featured in previous Dragon Quest games.

album review

Twenty One Pilots Blurry Face

by Yasmin and Fern

Since we both love Twenty One Pilots we decided to review some songs from their 2015 album, Blurry Faces.

'Heavydirtysoul' - We thought this song was pretty catchy and has a good beat to it.

'Ride' - We love this song! It's upbeat and fun to dance to!

'Stressed Out' - This is the first song we both heard from Twenty One Pilots and we think it's a great song - it really tells a story!

'Polarize' - Yasmin just heard it and liked it but feels like it's not as upbeat as the others. However, it's definitely Fern's favourite and she loves it.

'Tear in my Heart' - We like the intro as it's pretty interesting. We felt that people could relate to the words.

Blurryface is a pretty good album we would give it a 8 out of 10.

film review

Miss Peregrine's Home for Peculiar Children

by Karis

Not long ago, I went with a friend to see the new Tim Burton film 'Miss Peregrine's Home for Peculiar Children.' As someone who in the past has found joy in anything that has been created by Tim Burton, I was excited to see if my feelings would remain the same.

The film focuses on Jake, and his mission to save a home with peculiar children from gruesome creatures named Hollow's, who eat their eyes. Jake's grandfather had a personal connection to Miss Peregrine and her children's home. The reason for the home is keep children with 'gifts' - for example, one girl named Emma, who has to wear shoes made of led to keep her aground. This is because she is lighter than air, as well as having the gift to manipulate air. Jake is sent back to the 1940s to save the children and the home from being destroyed by Hollow's.

I enjoyed the film for what it was. The humour especially kept me entertained, and as always a Tim Burton film would not be complete without elements of dark and creepy special effects, his unusual style and characters that are strange, but still manage to stay with us.

This film is for anyone that loves the darkness of Burton.



Woodside 125

The Woodside 125 project shows what can be achieved when a community comes together.

The school children have been very enthusiastic in researching the project and have made a tremendous contribution. They have also been able to discover the rich history of Woodside and how the area has changed over the years. My thanks to the Mrs Cook and Mrs Clark, the Head teachers at Woodside and Kittybrewster for agreeing to take part.

The older people have provided some photographs and pictures, had memories re-visited and it has stimulated many

conversations. Their contribution to the project has been greatly valued.

All this would not have been possible without the help of the Aberdeen City Council Library Service who have done Woodside proud. They have also decided to extend the exhibit for the whole of October to allow as many people as possible to see it.

Finally, a big thank you to everyone who has taken part and made this landmark occasion such a success.

Karis: "I found it interesting. It was nice to learn about the history of Woodside. I did not know that Woodside used to not be a part of Aberdeen. It was also cool to learn about the people that lived in Woodside during the time that it became a part of Aberdeen. The pictures provided a clearer insight into what Woodside used to be like."

Lukasz: "It was interesting learning about the industry and the history of the area live in. It was interesting learning that Woodside was not always officially a part of Aberdeen city."

Yasmin: "I enjoyed learning about what Woodside used to be like. I also loved seeing the pictures from long ago. This interests me because I enjoy history, particularly the history of Aberdeen."

Quotes from the Youth Media Team



What's on your Christmas list?

- By Glen -

I have a question for you - have you started your Christmas shopping yet? Do you plan to this month? Do you know what you want for Christmas? If this answer is no to all of those questions then you are with the rest of the population. I mean who starts their Christmas shopping this early right? Sensible people. That's who. So here's some information to give you a head start or some ideas on what kind of techs goods you might consider for Christmas.

Right let's start with what I know best... video games! From what we currently know we are not getting any big console releases this Christmas but we are getting

Playstation VR which is a virtual reality headset that many people will be interested in. It was released in October and will be on many Playstation owners' Christmas lists. Obviously there are some big game releases such as Call of Duty: Infinite Warfare and Battlefield One. The recent release of Pokémon Go will definitely boost sales of the upcoming Pokémon Sun and Moon games as well as 3DS sales. This will also affect the sales of all kinds of Pokémon merchandise. For all you retro gamers Nintendo are bringing out a mini NES with 30 classic Nintendo games. Although it's new it's still way cheaper than

getting an actual NES and all the games.

Now what about the big tech! With a recent surge of people wanting a drone it's clear to see that this will be a popular one for the list. Obviously the newest phone will definitely be on many lists with the iPhone 7 being released earlier this year. I feel like more and more people want to make home videos so some cameras and GoPros will be very popular.

So that's a few techs idea for Christmas time which will hopefully help you out with your Christmas list and inspire some gift ideas!



DESIGN COMPETITION

So now you've coloured in the front cover, how about designing your very own for our next issue?!

Are you a keen illustrator or artist? Want to see your designs in print and distributed throughout the city? We are looking for young people with a creative flare to submit cover designs for our next issue.

Please submit your A4 artwork by email to laura.young@shmu.org.uk before the January 31st. The lucky winner will see their design on front pages of the next magazine.

IMPORTANT CONTACTS



- * ACIS Youth Counselling
01224 573 892
or iTEXT: 07758 360 095
- * Childline - 0800 1111
- * NHS 24 - 111
- * Police - 101
- * Aberdeen City Youth Council
www.facebook.com/aberdeencityyouthcouncil
- * Sexual Health Services
0345 337 9900
- * Aberdeen Guarantees
www.aberdeenguarantees.com

THANK YOU FOR READING



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