

# JOURNALOLOGICAL

extreme  
makeover

Aberdeen Art  
Gallery undergoing  
major transformation

I'M FREE

Middlefield  
on the move

games  
reviews

Lukasz gives us  
the lowdown

Horsing  
Around

Yasmin talks you  
through all thing  
equestrian

Film, radio, music  
and journalism...

Get involved!

Want to direct a movie,  
hear your voice on radio or  
see your name in print?



# HELLO

## Welcome to the first edition of Journalological

We have been working on this magazine to bring you news about events that have been happening recently, including the closing of the Art Gallery for a makeover, an interview with Best Girl Athlete, a visit to Hayfield Equestrian Centre to film the horses' routine in the morning and much more.

This magazine has been put together for young people, by young people. If you fancy yourself a journalist, enjoy proof reading, like taking photos or just want to see what kind of thing the team get up to then get in touch.

This team involved in this edition has included Abby, Fern, Yasmin, Molly, Lukasz, Stacey, Karis, Meredith, Klaudia and Connor.

From start to finish we have had loads of fun making this magazine!

**Yasmin:** "I had fun writing the article and working together as a team to make the magazine."

**Stacey:** "I enjoy being part of the magazine team because it's enjoyable and it's a good opportunity being involved in something like this."

**Fern:** "I never thought I would get to make a magazine in my life and I have."

**Lukasz:** "It was fun being part of the team and going out and interviewing people."

**Karis:** "It's awesome to be involved in creating a magazine! My favourite part was actually coming up with the name"

**Meredith:** "It is an amazing privilege to be part of the magazine. It's not something I ever thought I would be a part of so I am seriously grateful to be part of something like this."

**Lori, Youth Support Worker:** "It has been really great being involved in facilitating the youth media group to make this magazine. I am so proud of them for all the skills they have developed."

We hope you'll have as much fun reading the magazine as we did making it.

**shmu** offers an exciting and vibrant Youth Media programme to young people, prioritising those living in the regeneration areas of Aberdeen aged 12 -19, to actively participate and engage with our enhanced youth media platforms (radio, film, music and journalism); increasing confidence and self-esteem and encouraging communication with the wider world in a creative, balanced and informed way.

The programme offers the opportunity for our young participants to share their experiences with the wider world by digitally sharing all content produced through the SHMU website, social media pages, 57 North and our YouTube channel. If you have an interest in media and would like to find out more then contact our Youth Media Manager on [denise@shmu.org.uk](mailto:denise@shmu.org.uk) or call Denise on 01224 515013

## In this magazine...

- 3 Gaming & Book Review
- 4&5 Extreme Makeover
- 6&7 Middlefield on the Move
- 8 What's Your Hobby?
- 9 Gray's Degree Show 15
- 10 & 11 Youth Media Profiles  
A Year of Fashion  
shmuTRAIN
- 12 Best Girl Athlete

## shmu youth media profiles

### Abby

Hi, I'm Abby and I'm from Torry, Aberdeen. I'm in first year at school. My hobbies are snowboarding and singing. I like to write stories and I like reading. I also do radio, music and film at SHMU. I also go to Girls' Brigade. My favourite subject is geography because I like to find out things about the world and the conditions in other parts of the world.





## What game

By Lukazs

### INVISIBLE.INC

INVISIBLE.INC is a game that involves all the essential spy moves that you need in a spy game. The full version of the game was released in May 2015 after being announced in July 2013.

The publishers and the developers are Klie Entertainment, a little company founded in Canada in July 2005. They also produced a game called Mark of the Ninja. Now onto the game, I would recommend it to a gamer and here's why - it is a good strategy game and it really makes you think. One wrong move and you're done for! Luckily for you Klie Entertainment have included a rewind button which takes you back one turn. However, the use is limited and you can only use it five times. Now we are on to the plot. The game is set in 2074 and all corporations have overthrown the government and are controlling the world. A little company called Invisible.Inc are infiltrating corporations. One day Invisible.inc are attacked while two agents are out in the field.

There is a computer that is helping them but it has to be downloaded on to a mobile device. They have 72 hours to prepare to attack the big enemy and get power back to their computer software. Whether or not you succeed determines who wins the games.



## My favourite book

By Connor

### HARRY POTTER AND THE PHILOSOPHER'S STONE

Young Harry is fed up of living with his ill-tempered Aunt and Uncle, and his pig of a cousin. But things start going uphill when he is visited on his 11th birthday by a giant of a man named Hagrid. Harry is told that he has been admitted to magical school that trains witches and wizards. There, he meets up with best friend Ronald Weasley, bossy-boots Hermione Granger and school bully Draco Malfoy. Harry's experiences at Hogwarts will keep you hooked throughout the story, whether he's learning magical spells, playing Quidditch (a wizarding sport), sneaking around school at night or running into a mad poltergeist. These adventures, combined with a plot to steal a hidden magical artefact by a wizard from Harry's past, make for an incredibly entertaining story, perfect for all young kids and adults alike.

As someone who enjoys literature, I love reading Harry Potter. I especially like learning all sorts of facts about the world of magic, including spells, potions, magical foods (especially the Every-Flavour Beans), Hogwarts and even how wizards live their lives. I also enjoy reading about wizards reactions to devices like TVs and parking meters that we Muggles (people who aren't magical) use. This is why I'll be certain to give this story to my kids when they're able to read.



Klaudia

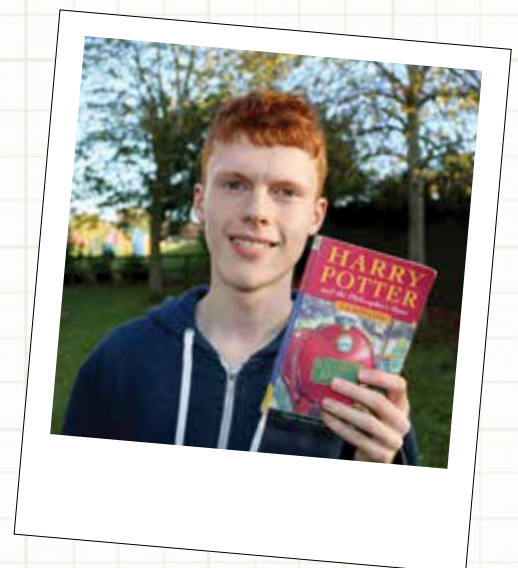
I'm Klaudia and I am awesome. My hobbies are...well everything and anything that you could call creative. I'm good with a lot of things but terribly bad at sports. I'm an absolute geek/nerd, I love reading comics and playing video games. I love reading Deadpool because he is my favourite anti-hero. I also enjoy playing Fallout Series and Elder Scrolls.

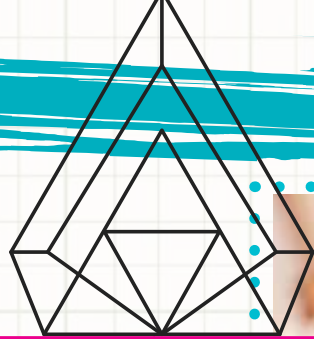


Stacey

Hello, my name is Stacey. I like to listen to music in my spare time.

I don't usually watch a lot of TV but when I do I like to watch Waterloo Road and The Apprentice. I got involved with SHMU back in March 2014. I got involved through my stepdad. Since joining SHMU I feel like I have gained a lot of confidence which I never had before. I have made so many new friends during my time at SHMU. I am part of different groups within SHMU, including the journalism, radio, film and music groups.





# EXTREME

# MAKE

# OVER



The Aberdeen Art Gallery beside His Majesty's Theatre is going through an extreme makeover which means it will be closed for two years. Intrigued by this refurbishment, a small group from shmu's Youth Media Team (YMT) visited the Art Gallery to find out more.

We spoke to Anna Shortland, a Learning Officer at Aberdeen Art Gallery and one of the art gallery's Youth Forum members, Jodie.

The refurbishment is expected to cost at least £30 million and the art gallery should be re-opened to the public by Winter 2017. The collections will be locked in an airtight warehouse while this is happening, and some of the art will be displayed at the Maritime Museum, Marischal College, various shopping centres and Drum Castle. When we asked why the art gallery is being refurbished, Anna told us: "There are a lot of reasons", which is true. The art gallery is really old, having been made in the Victorian era. It's also starting to leak, which can be very damaging to the artwork, there are no lifts, which can be problematic for wheelchair users or people with buggies, and the gallery itself is pretty small. With extra space, the gallery can hold bigger exhibitions and store more artwork.

This refurbishment will also bring in a chance to loan new exhibitions. The staff are aiming to make Aberdeen Art Gallery a world-class venue and put it on the map as a tourist attraction. The gallery also put on an event called "After Hours" which allowed people to visit during the evening when the gallery would usually be closed to the public.

At the After Hours event there were different types of artistic activities in each room which were all unique and fun. Some of the activities included a temporary tattoo parlour, a grand ball in the style of the Victorian era and a free space where you could write on the gallery walls.

The Youth Media Team were given exclusive access to the art gallery before the event kicked off and when we left there was a queue of people eager to have a look around the gallery.

As part of the renovations to Aberdeen Art Gallery, a new purpose built Collections Centre is being built in the Northfield area of Aberdeen to house Aberdeen's collection of historical objects and artworks while they are not on public display. This centre will cost £5.85 million and should be open by the end of the year.

The facility will include space for the community to use and a volunteer programme will be developed. Schools and community groups will be able to visit the centre and find out more about the collections that Aberdeen has access to.

**"It was really weird going into the art gallery when it was empty, it felt so much bigger with no art pieces."** Yasmin





## Photobooth Frolics



Framed: Yasmin and Klaudia strike a pose



## shmu youth media profiles

### Yasmin

Hi! My name is Yasmin and I'm 13 years old. My favourite subjects at school are music, RMPS, modern studies and home economics. I don't have a favourite strand at shmu because I like all the strands that I participate in! My favourite colour is pink and I love food! I also really like reading Say Her Name which is a book I really enjoy and I also like creative writing.



### Connor

Hello, my name is Connor Robertson. I am 16 years old and I am from Aberdeen, Scotland. My hobbies are running, reading, drawing, story writing, playing video games, singing in my school choir and volunteering at shmuFM. I am also involved in my school athletics club. When I leave school I want to become an author. My idols are J.K Rowling and Roald Dahl.



# MIDDLEFIELD

# ON THE MOVE

Stacey, Fern, Yasmin, Karis, Lukasz, and Molly caught up with the young people at the Middlefield Youth Flat

There will be lots of changes happening in the Middlefield area over the next few years. A new link road is being built through the area to tackle the traffic congestion issues at the Haudagain Roundabout.

This means that around 100 houses will have to be knocked down and the residents rehomed, potentially to other areas in the city. As well as the houses there are several community facilities which are affected by the location of the new road.

The current site at the Henry Rae Community Centre is being expanded to create a new community hub. This site will accommodate the facilities which are affected by the road. There has been £1.63 million of funding secured for the new building which will serve Middlefield, Heathryfold and the wider community.

Middlefield Community Project is one of the major organisations in the Middlefield area which provides services for all age groups, including nursery services and adult learning. Currently the Project takes up a block of four flats in Logie Place but it will have to close its doors in December 2016 and move to the new building on Manor Avenue.

Another important organisation in the community is the Middlefield Youth Flat. Although the Youth Flat is not physically connected to the Middlefield Community Project, it belongs to the same organisation. This means that when Middlefield Community Project moves to the new premises the Youth Flat will have to move as well.

The Youth Flat is currently located on 28 Manor Avenue which will not be affected by the location of the new link road. It is located within a block of residential flats. SHMU's Youth Media Team headed down to have a chat with some of the young people who attend the Youth Flat.

Yasmin, one of our Youth Media Team members, spoke to some of the younger members who attend the Flat straight after school. Some of the members had only been coming to the Flat for a couple of months but they all agreed it was a great place they enjoyed attending.

***She noted that "the flat gave a homely vibe to the kids."***

Middlefield Youth Flat is one of the only facilities of its kind in Aberdeen. Each room has a different activity for the young people to take part in. It provides 37 hours of youth work for young people in the area up to the

age of 25. Initially the Youth Flat was only meant to be open for a year but the service proved so popular it has been open since 2003.

Ciaran told us that he came to the Youth Flat because "I play pool and go on the computers. I've been away to Hopscotch and we go away for 5 days with the club and do activities. It's near Fort William."

The young people who were in the first group took us on a tour and showed us the different activities. Overall the favourite seemed to be the computer room where Leah, Tegan and Kerry explained the different games that the group played.

Sharon, one of the Youth Workers at the Youth Flat explained that there is a 20 minute time limit on all of the

***" This means that around 100 houses will have to be knocked down and the residents rehomed"***





activities to ensure that everyone got a turn.

As well as fun activities, such as computers and pool, the group take part in practical sessions like cooking classes.

**Leah said: “We bake fairy cakes, banana bread, pancakes and lots of different pasta recipes.”**

**Grace said: “The Youth Flat is good because I get to see all of my friends”**

During our visit we also spoke to some of the older members about their experiences, both of the Youth Flat and with the changes happening in the Middlefield area.

Chloe and Connor, two of the older members of the group, told us how they had the opportunity to work towards their Duke of Edinburgh Award through some of the activities they do at the Flat. They have also had the chance to take part in some kayaking sessions thanks to volunteers from Middlefield Community Project and Aberdeen Kayak Club.

Earlier on this year, there was a student from Belgium on university placement at Middlefield Youth Flat

The young people really enjoyed having him there and they have decided to fundraise so they can organise a trip to Belgium to visit him. They have also been doing all the research for the activities they would like to do while they are over there.

While we were at the Youth Flat we spoke to some of the young people about what would be happening in the area over the next few years and how it would affect them.

Chloe told us that although the Youth Flat was not being knocked down for the road that the group would have to move when the Community Project moved into the new building on the site of the current Henry Rae Centre. The young people told us they had been to an open day where there was



information about these changes but they had not found it very helpful.

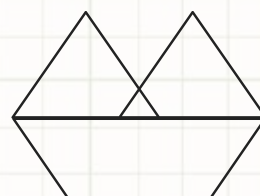
Declan said he found it “annoying” that “all these buildings [in Middlefield] are getting knocked down.”

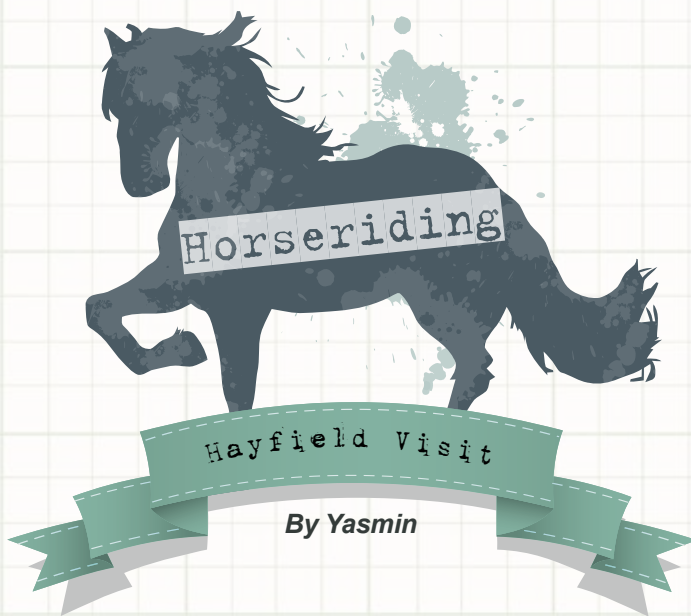
He continued: “They said we were going to get knocked down two years ago but nothing has happened yet.”

Sharon, a Youth Worker at the Flat said: “We’ve lost quite a few young people who would usually attend the Flat but they’ve had to move because of the housing situation. It’s probably the not knowing that is the worst feeling for the young people.”

The group told us that they want to stay in the building they are in as it suits their needs already.

**Shmu’s Youth Media Team would like to thank the Middlefield Youth Flat for allowing us to come down and chat to them and wish them all the best for the future.**





I find horse riding the best thing to do to cool off. It is an amazing hobby that I find relaxing and super fun.

I got into horse riding through Active Schools. I was given an Active School leaflet at school with lots of activities. I saw horse riding and wanted to start doing it regularly as I had ridden a pony in England before and I loved it. I was lucky enough to go to a six week taster course. I really liked it so I got my mum to put me on the waiting list for a lesson and weeks after waiting I was lucky enough to join a permanent lesson. I was over the moon!

Grooming a horse can be quite calming and relaxing too but only if they aren't playing up. Also if you are just starting horse riding I wouldn't recommend grooming a horse by yourself. I would get a helper or instructor to help you in case the horse kicks or does anything dangerous that you might not be able to handle.

Anyway, I recommend you to try out horse riding and horse care if you get the chance as it is fun, relaxing and very exciting.

Recently the Youth Media Team at shmu took a visit to Hayfield Equestrian Centre to film the horses and other cool things! We were there super early to film the horses' morning routine. The horses sleep in the big school at night and every morning the staff open the doors to let them out. This sounds like it should be chaos but the horses know exactly what stable they belong in. This was a very impressive show!

We interviewed John Crawford, the Director of Hayfield, and Klaudia even made a best friend... Millie the Shetland pony!

We all had a great experience which was a first for some. We even got a chance to groom the horses!



## Spotlight on cheerleading

by Fern

I started cheerleading about a year and a half ago and it has made my life active and fun. Cheerleading has improved so many things in my life. It is a great way to meet friends and learn new skills. It has made me more sociable by speaking to new people when I'm at practice. Being social is a big part of life and it is important to meet friends which cheer has helped me to do. Cheer has also helped me be active too by doing it once a week and walking there and back.

My favourite thing about cheer is being able to express myself and showing people I am active and like to dance. Exams are also one of my favourite things as well even though it can be nerve wracking. Exams can be fun because when you pass you move up a level and the dances get a bit harder which makes me proud. Oh, and you get a medal or a plaque of course.

Cheer is a fun, happy place to be and let out your energy. Your coach will help and support you with new dances or tricky dances or routines. Cheer may not be your thing but there are also plenty of other things to be active in too and you should give new activities a try.

**Blue Dynamite, meet weekly on a Thursday between 4:30 and 5pm at the Salvation Army.**







"I loved all the art work and I think all the artists are truly amazing at their work"

Yasmin

# Gray's School of Art Degree Show 2015

At the end of June, a group of shmu's Youth Media Project members made their way down to Gray's School of Art to take a look at some of the students' artwork. We went there to cover the event, write an article about it and it seemed really interesting. Some of the different sections we looked at were Commercial Photography, Communication and Design, Contemporary Art, Fashion and Textile Design, Painting and Three-Dimensional Design. The fourth year students work on their art pieces throughout the year to display at the Gray's School of Art in the summer. There were so many different ideas among all the projects and they were all very creative.

Gray's School of Art host their degree show every year and it is a chance to display the work of their graduating students. This year the art school celebrated their 130th anniversary.

Robert Gordon University (RGU) are part of the Access to Creative Education scheme which aims to encourage S5 and S6 pupils make informed choices about degree level study in art, design and architecture. The programme provides young people with the chance to work on their creative ideas and get support from course lecturers.

If you attend Northfield, St Machar, Torry, Kincorth, Hazlehead, Fraserburgh or Peterhead Academies, live in a regeneration area, receive EMA or have spent time as a looked after child then you would be eligible to join the programme.

**For more information about the Access To please contact Rhona McComiskie on 01224 263 095, [r.mccomiskie@rgu.ac.uk](mailto:r.mccomiskie@rgu.ac.uk).**



# shmu youth media profiles

My name is Karis Stephen. My name, Karis, is a Greek proverb for 'grace'; and as you get to know me, you realise I am anything but graceful.

I am a serious anime nerd – completely obsessed! My favourite anime is probably Death Note. I love the idea of one man trying to get rid of all the world's evil, but his obsession for control, power and being the 'God' of the new world makes him a psychopathic serial killer. And all down to a notebook and a god of death!

Video games are my favourite pass time. Final Fantasy especially. It is probably my favourite video game series. The best thing is that you



**Karis**

don't have to play them in order (and currently there are 14 games) cause they all have different stories and amazing character. It is also a series which has got me through tough times.



**Fern**

Hi! I am Fern and I am 12 years old and I have been in the Youth Media Team for nearly a year. I go to the radio, film and journalism groups. I love all the activities I do at SHMU equally because they are all so different.

Some of my hobbies outside of SHMU are art, cheerleading, dancing and reading. I'm a quiet

person but I have my moments where I can be really loud. I have a cat called Monty and I have a dog called Milly. I like design and technology in school and also English. When I'm older I think I would quite like to have a job that required a hands on approach.

I'm so excited to be doing a magazine with my friends and writing about things I have done with the team and enjoyed.



## Klaudia reviews the highs and lows of 2015

This year's fashion was quite tricky to keep up with, from spring pastels to the rainbows of summer. Many great styles were trending this year and we are going to follow up all the hot trends from each season in 2015.

### Spring

Spring is usually when everything turns to shades of green. Since it is transitioning from winter you can take out many highlights from winters fashion into spring and create something new. A fresh spring style for this year was more of a hipster or hippy look which then transferred over to summer also. A little flower crown looked cool this year, and combining earrings of different designs. Mustard blazers were also hot trending this year when paired with bold makeup.

### Summer

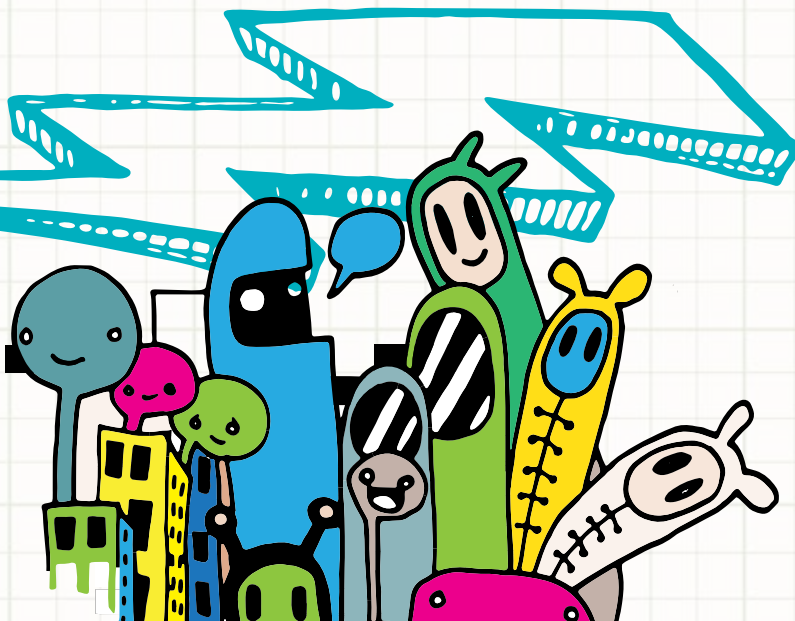
Hippy and hipster styles are still in fashion but in the summer the focus was more on vibrant colours. That is where neon comes in; neon clothes were hot trending not only for the whole of 2015 but during summer this year also. Everything which was glow in the dark was very popular this year; from glow in the dark bracelets we have glow in the dark make up and face paints.

### Autumn

That is where everything goes mellow, similarly to spring. Mustard and brown blazers are trending for this year's autumn, paired with boots and large belts. The makeup is more golden and brownish.

### Winter

Winter is very powerful this year. The main colours are black, white, blue and red. Winter shows power this year with black or white fur jackets, edgy make up with red accessories.



# shmu youth media profiles



**Meredith**

Hello, my name is Meredith and I am 18 years old. I am an extremely keen writer and my dream is to hopefully pursue this as a living. Currently I am two thirds of my way through my first novel. Previously I was a part of the SHMU Positive Transitions course where I have learned all about different media styles such as film, music and radio as well as learning about employability. Thanks to this course I am now studying social sciences at college.



**Lukasz**

Hello, my name Lukasz, I am 12 and I go to school in Aberdeen. My favourite group at SHMU is film. In film we made a couple of funny films such as Marek in a Hoodie, Snowed In, Lloyd Grossman and the Classic Sequel to Lloyd Grossman. I got involved with the project when they came to my primary school and I got chosen to take part in a broadcast. I also take part in the journalism group after doing taster sessions in the school holidays and I got to know just how fun it was. We sometimes go on trips and write about them. My favourite thing to do outside of SHMU is tennis.



**Molly**

Hello, my name's Molly and I'm 14 years old. I really enjoy music and English, which is why I enjoy going to SHMU. When I'm older I would quite like to do something to do with psychology, but keep music as a hobby. I think I'd be good at psychology because I'm good at listening and I like helping people, but if I don't get a job in psychology, I would try and become a drummer.

When I'm at home I watch a lot of movies and read books. I watch movies like Harry Potter, Lord of The Rings and The Hobbit. I read loads of books, some of my favorites being I, Coriander by Sally Gardner and The School for Good and Evil by Soman Chainani. I don't play any video games so that makes me different from anybody else.

I was told about SHMU by a friend and I came along, I am glad I came because I have gained confidence by going to SHMU.

**ARE YOU 16-19?  
NOT IN EDUCATION,  
EMPLOYMENT OR  
TRAINING?**

Why not sign up for a **shmuTRAIN** Positive Transition course?

**The SHMU Positive Transitions Course is a 12 week course aimed at young people between 16 and 19 years of age who are unemployed or out of education. This course aims to help young people gain a place in further education, get a job or take part in training.**

As a young person who has just completed this course I cannot recommend it enough. The course divides into four parts: music, film, radio and employability.

By the end of the course the young person will gain a qualification in each of these modules. As somebody who hardly said a word at the start of this course I have become a lot more open

and confident as well as embracing who I am as a person. The employability side of the Positive Transitions course is about the young person learning how to put together a CV and prepare for getting a job. They also learn how to ace an interview as well as a lot of other important information about the workplace that they will need in the future.

The first time a young person experiences radio they have to plan a show to go live the same day. As frightening as it seems, it was some of the most fun I had on the course. With both music and film the young person is tasked with creating a song and a film which is played at the graduation ceremony at the end of the course. This course is an incredible experience that will greatly benefit young people who are looking for exciting new experiences and a way into a job or further education. If you want to find out more feel free to contact **Brian** on **01224 515013** or email **brian@shmu.org.uk**.

**- By Meredith**



# Best Girl Athlete

interview by Lukasz, Abby, Fern, Yasmin, Klaudia, and Connor.

**Katie Buchan aka Best Girl Athlete is a 15 year-old singer-songwriter from Aberdeen. Not content to simply sing her musician father Charley Buchan's songs, Katie has begun to establish herself in her own right.**

We caught up with Katie to find out what it's like being in the music industry at such a young age.

**Where did you get your name from?**

When I was 11 or 12 I won a prize at my primary school sports day, 'Best Girl Athlete'. A few years later when we were thinking for a name for me, Best Girl Athlete just seemed to click. The trophy is still on the table in our living room!

**What inspired you to start singing?**

I was so young when I first began to sing that I'd say it was less of someone/something inspiring me, and more of a method of being myself. I've loved singing for a very long time and am so honoured to be bringing out an album and getting so many lovely comments from people who have heard me on the radio or on soundcloud.

**Do you feel that studying interferes with your music career? (and vice-versa)**

At the moment I'm extremely busy, because I have exams to revise for and an album coming out, so keeping up with everything is really hard. At the moment I prioritise school, but only because of exams, otherwise I would definitely rather be focusing on music. If possible I'd love to pursue it as a career when I leave school.

**What sort of music do you listen to?**

My music taste is generally pretty varied, I love indie-pop, like Highasakite but I also really enjoy classical music, my favourite composer is Edvard Grieg. A new favourite is an Icelandic electronica trio called Samaris, I highly recommend them.

**Any advice for people our age who want to get into the music industry?**

The most important advice I'd give to anyone our age looking to get into the music industry is to not care



about what people have to say. There will always be jerks that will give you hassle for doing music, but you need to know that they don't matter and you're probably way cooler than them. They suck.

**Finally, do you consider yourself to be an athlete?**

Haha! Definitely not. I can't even walk up three stairs without becoming out of breath!

[bestgirlathlete.wordpress.com](http://bestgirlathlete.wordpress.com)  
[soundcloud.com/best-girl-athlete](http://soundcloud.com/best-girl-athlete)